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عالج نفسك بالخضروات
صبحى سليمان

علاج

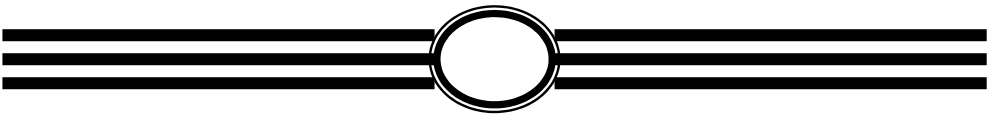
نفسك


بالخضروات

صبيحي سليمان

طبقا لقوانين الملكية الفكرية

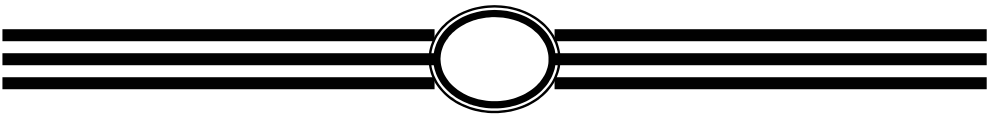
جميع حقوق النشر و التوزيع الالكتروني
لهذا المصنف محفوظة لكتب عربية. يحظر
نقل أو إعادة نسخ أو إعادة بيع أي جزء من
هذا المصنف و بثه الكترونيا (عبر الانترنت أو
للمكتبات الالكترونية أو الأقراص المدمجة أو أي
وسيلة أخرى) دون الحصول على إذن كتابي من
كتب عربية. حقوق الطبع الورقي محفوظة
للمؤلف أو ناشره طبقا للتعاقدات السارية.

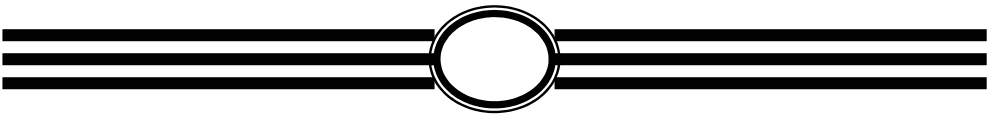


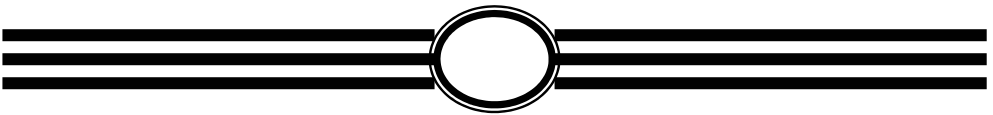


أهمية الفواكه والخضراوات
في الوقاية من الإصابة بأمراض السرطان. (١)



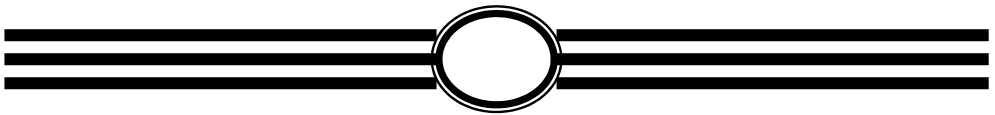






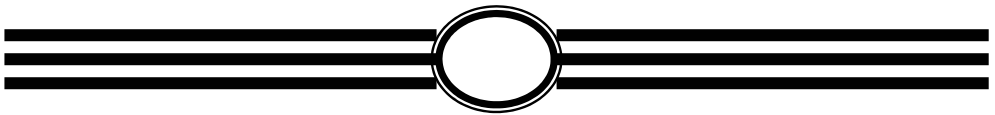


٢ - نباتات الفصيلة الزنبقية : -





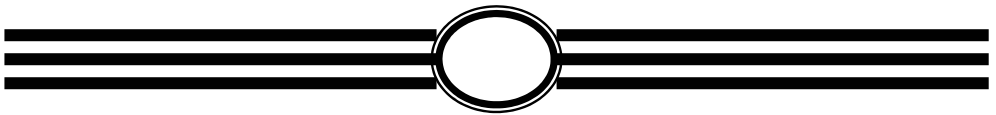
فوائد الفواكه الحمضية :-



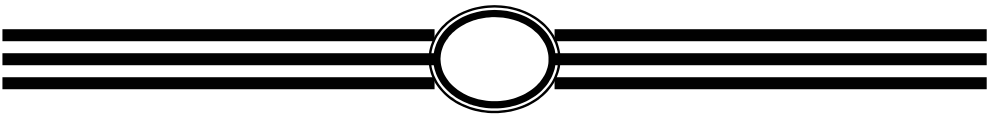


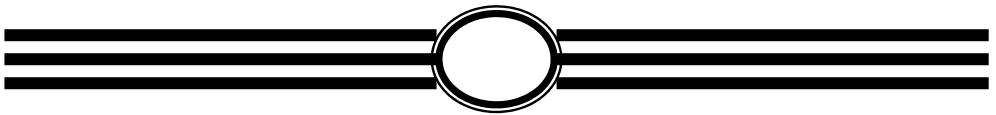
٥ - الخضروات والفواكه الصفراء :-

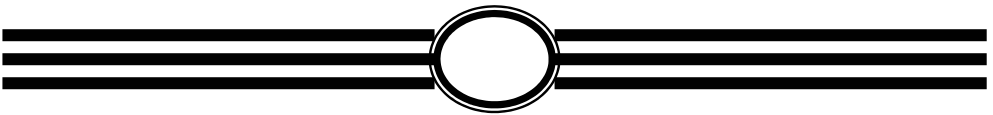


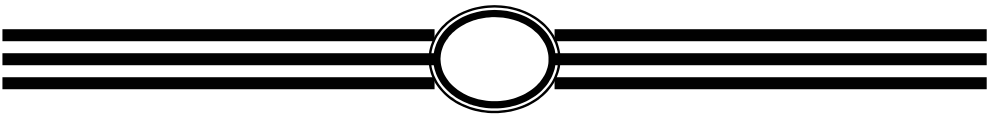


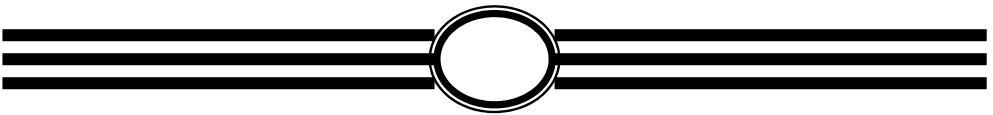


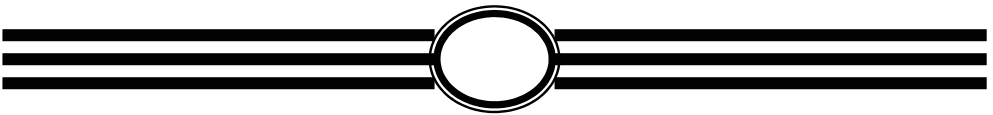






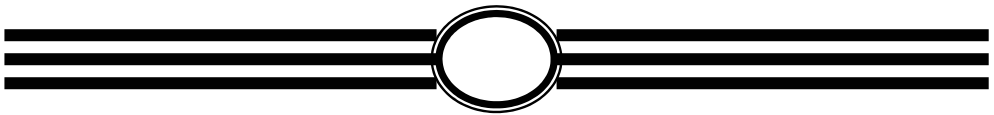




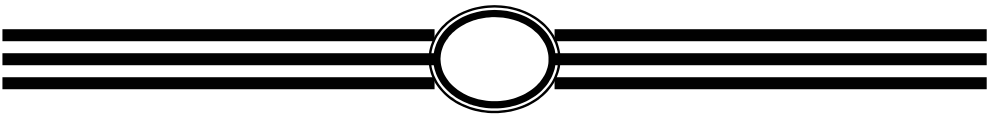


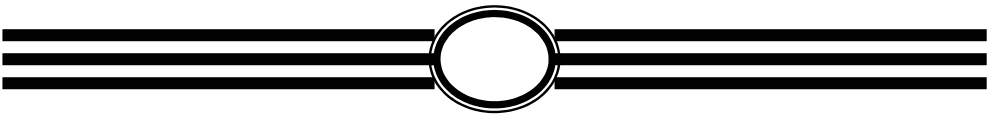


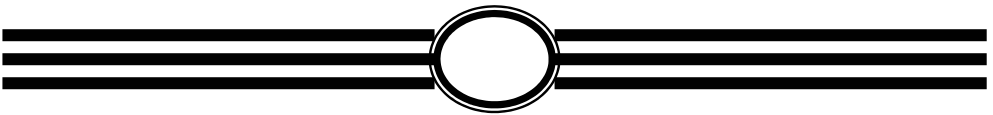
فوائد الشاي

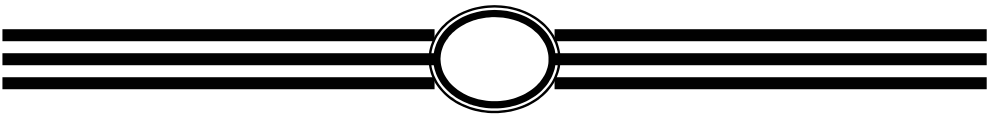


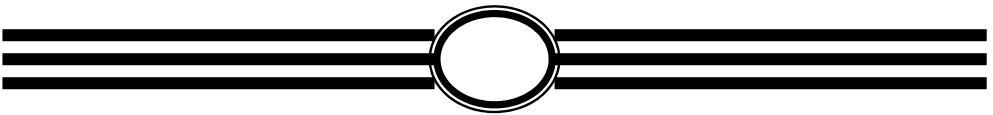


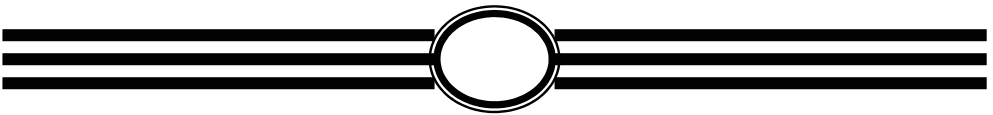




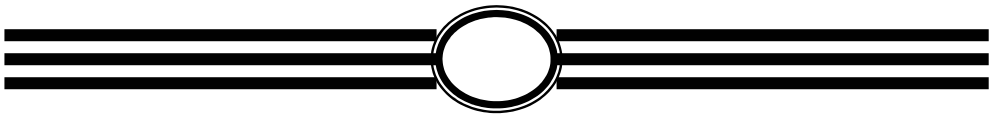




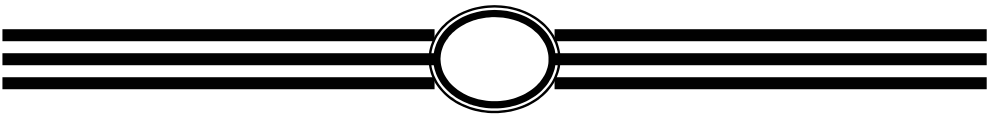


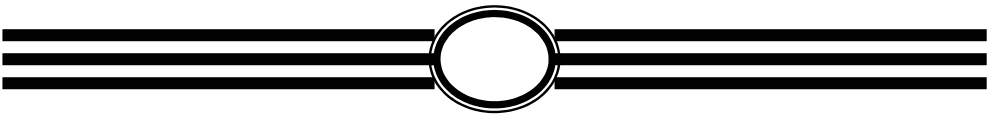


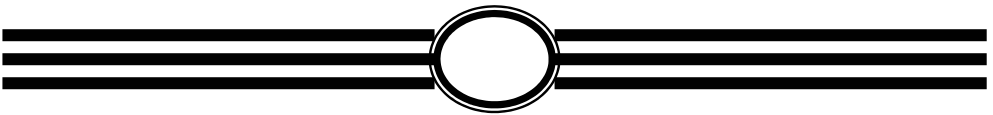
فوائد النعناع

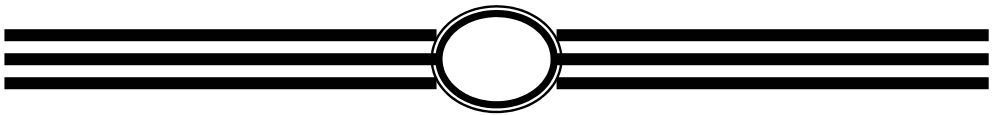


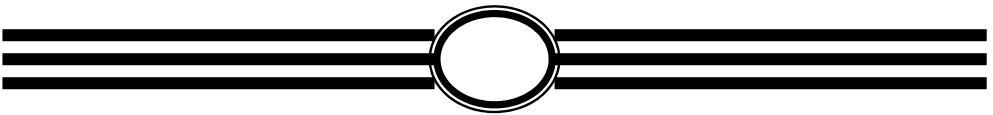


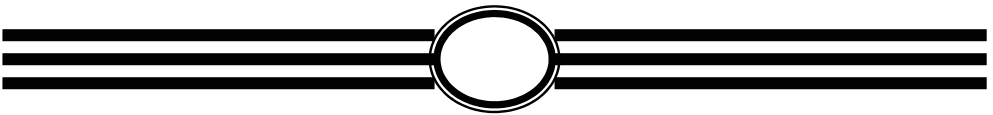


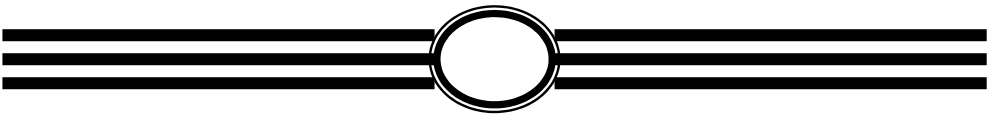




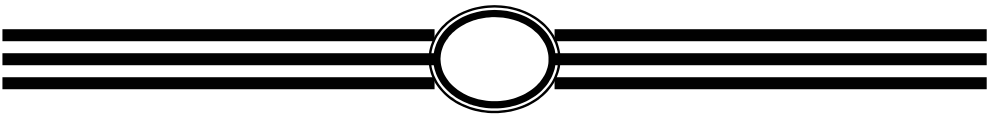


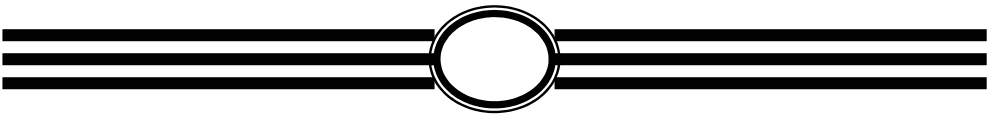


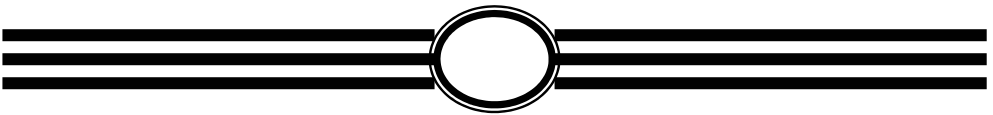


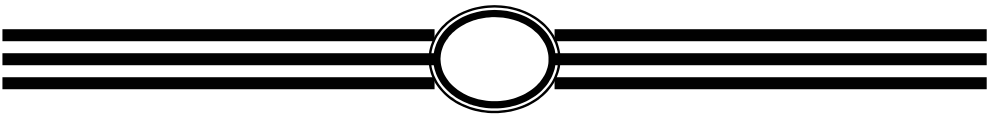


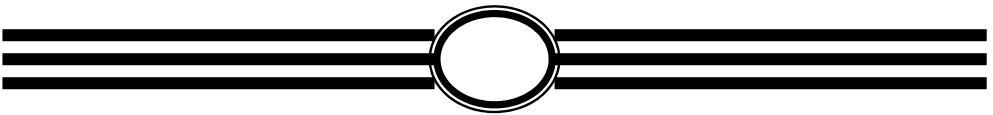


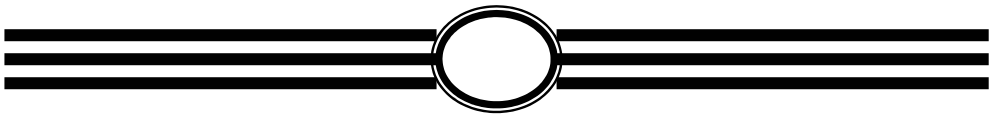


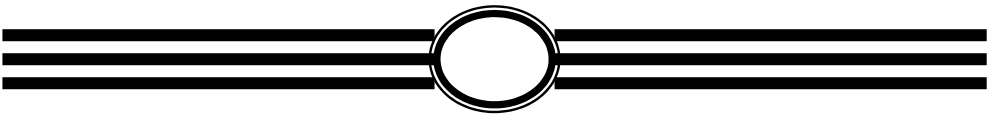




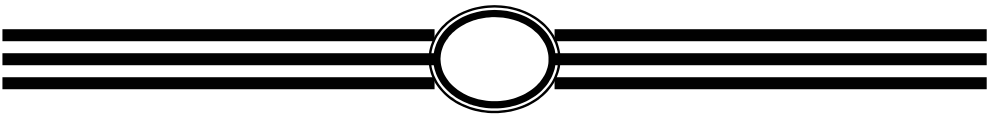


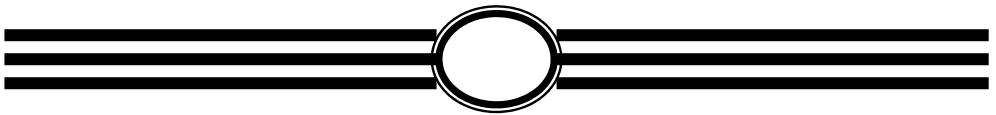


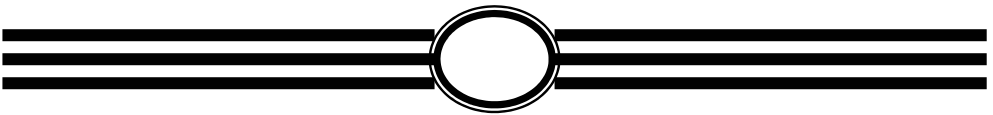


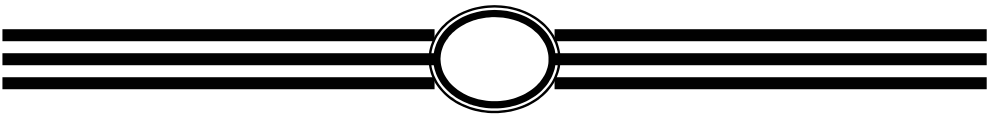


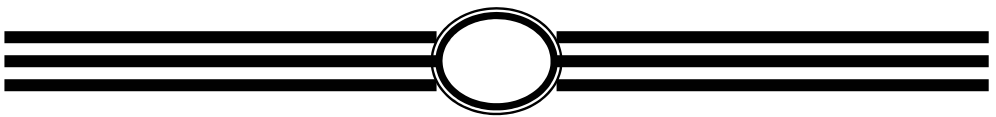


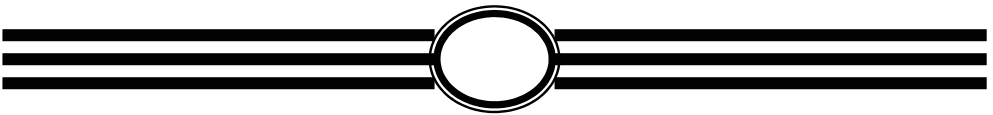


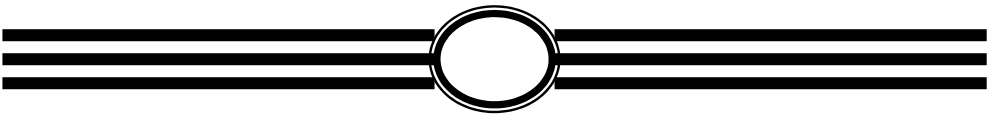


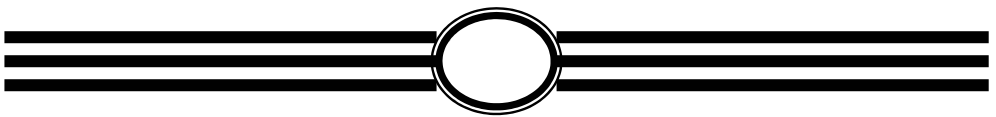


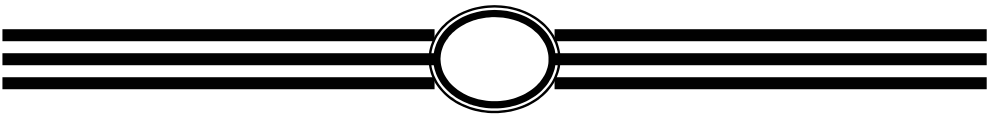


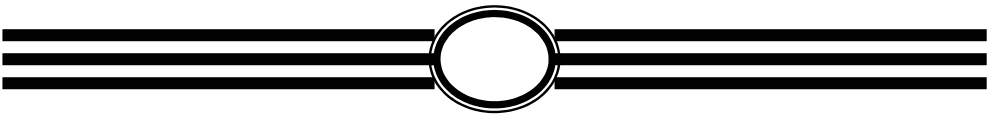






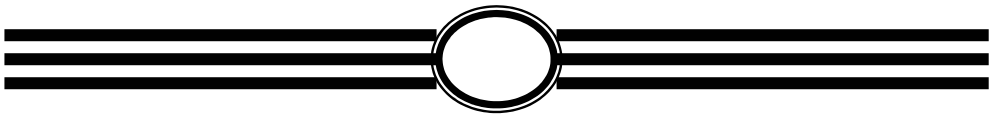






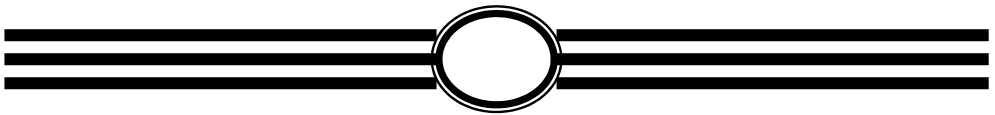


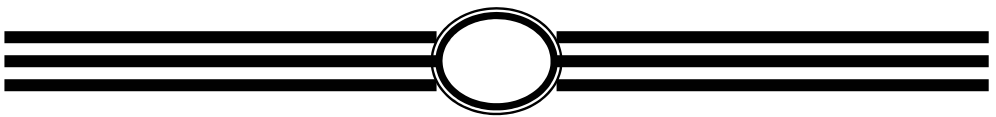
الكرنب





مواصفات القرنيط الجيد : -







الإعداد والتخزين : -

