



EYEWITNESS TRAVEL

# TOP 10 MONTREAL & QUEBEC CITY



YOUR GUIDE TO THE **10 BEST** OF EVERYTHING

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# HOW TO USE THIS TOP 10 TRAVEL GUIDE

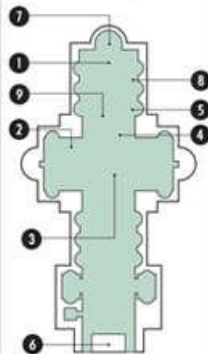
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*Tower Bridge is a flamboyant piece of Victorian engineering*

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Get directions using Google map links. Tip: Connect to Wi-Fi to avoid roaming charges.

## 10. Oxo Tower Wharf

**1** Bargehouse Street SE1 • Open daily

For great city views, take a lift to the public viewing gallery next to the restaurant. Check out the boutiques and galleries below.

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***Clockwise from top:*** *Stade Olympique, Montreal; Oratoire St-Joseph, Montreal; Marché Bonsecours, Montreal; Parc National du Mont-Tremblant; James McGill; Vieux-Port, Montreal; Ice-skaters, Quebec*

# WELCOME TO MONTREAL AND QUEBEC CITY

Montreal is often called the cultural capital of Canada. Spend a few days here and it soon becomes evident why, from its charming cobblestone streets to innovative museums. Quebec City dates back to the early 17th century and is similarly rich in art and history. With *Eyewitness Top 10 Montreal & Quebec City*, it's yours to explore.

Montreal's Francophone roots have seeped into all aspects of life, from French-inflected cuisine to the creative theater scene. But Montreal is equally influenced by its North American heritage: in one day, you can gaze up at mirrored skyscrapers, clip-clop through **Vieux-Montréal** on a horse carriage, sip espresso at a buzzy café, and then top off the night at a rooftop club. But you haven't truly experienced Quebec until you've visited Quebec City, which is North America's oldest surviving walled city. Walk the ancient turrets of Vieux-Québec, snap photos of the **Château Frontenac**, catch a show by the homegrown **Cirque du Soleil**, and sample fresh produce at **Île d'Orleans**, known as the "Garden of Quebec."

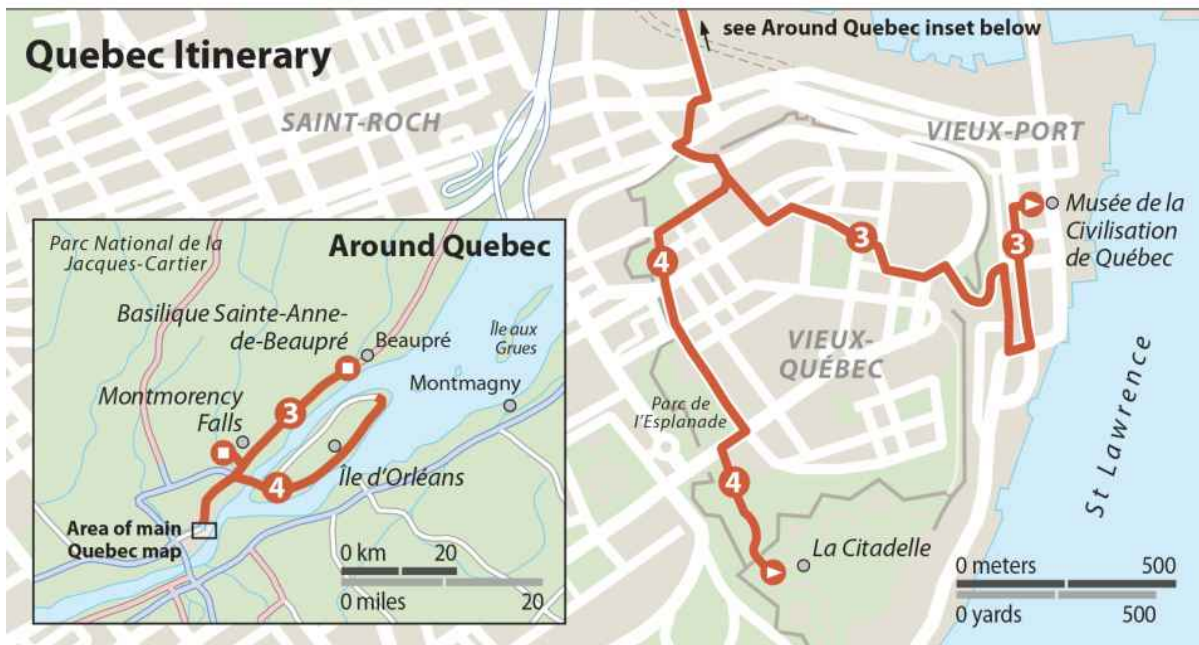
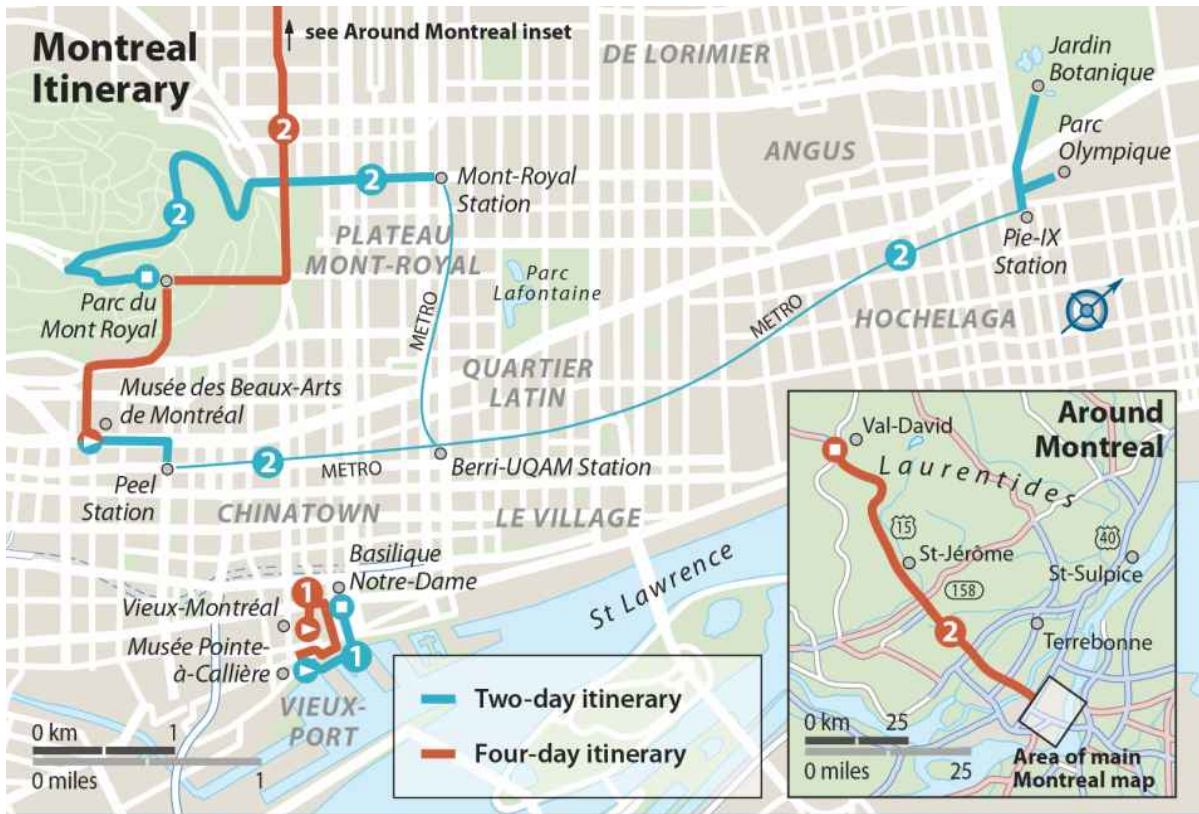
Both cities explode with year-round festivals, from **Just For Laughs** to the **Quebec Winter Carnival**. Local museums rival the festivals, including Montreal's **Musée des Beaux-Arts** and Quebec City's **Musée de la Civilisation de Québec**.

Whether you're coming for a weekend or a week, our Top 10 guide is designed to bring together the best of everything these two cities have to offer. The guide gives you insider tips throughout, from free events and activities to the lowdown on hotels, plus easy-to-follow itineraries that tie together a slew of sights in a short space of time. Add inspiring photography and detailed maps, and you've got the essential pocket-sized travel companion. **Enjoy the guide, and enjoy Montreal and Quebec City.**



# **EXPLORING MONTREAL AND QUEBEC CITY**

Montreal and Quebec City abound in cultural riches, from art-packed museums, historic cathedrals, and theater to festivals, parks and waterfronts. Whether here for a weekend or a week, these two- and four-day itineraries will maximize your time.



# Two Days in Montreal

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## DAY 1

### Morning

Explore at your own pace the fascinating [Musée Pointe-à-Callière](#), which brings the history of Montreal to life. Afterwards, saunter along Montreal's [Vieux-Port](#) and breezy waterfront, taking in views of the St Lawrence River along the way.

### Afternoon

Stroll the cobblestone streets of Vieux-Montréal to the [Basilique Notre-Dame](#), a Gothic Revival masterpiece that is now the symbol of the city. Time your visit with one of the choral concerts that take place in the early evening.

## DAY 2

### Morning

Peruse the [Musée des Beaux-Arts de Montréal](#), the oldest museum in the country, which traces the artistic timeline of Canada, from antiquities to contemporary works.

### Afternoon

Head to the [Parc Olympique](#) and explore the complex, and then visit the fragrant [Jardin Botanique](#). Afterwards, tour Montreal's geographic gem: the forested slopes of [Parc du Mont-Royal](#). Walk a mountain trail leading to scenic lookouts, and watch the sun set over the skyline, with the river glinting in the distance.





*Montreal's botanical gardens is an oasis in the heart of the city.*

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# Four Days in Montreal and Quebec City

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## DAY 1

### Morning

Start the morning in the heart of Vieux-Montréal: enjoy an espresso at a café, and then walk the narrow, historic streets to the [Basilique Notre-Dame](#).

### Afternoon

Head down to the waterfront along the banks of the St Lawrence River, to the [Musée Pointe-à-Callière](#), where you can learn about Montreal's history.

## DAY 2

### Morning

Kick off the day at the [Musée des Beaux-Arts de Montréal](#), Montreal's most celebrated museum. Then roam the leafy pathways of [Parc du Mont-Royal](#).

### Afternoon

Take an afternoon getaway to [Les Laurentides](#): visit Val- David, a lively town with art galleries, restaurants, and mountain views.

## DAY 3

### Morning

Head to Quebec City and start your explorations at the [Musée de la Civilisation de Québec](#), which covers centuries of history.



*The Musée de la Civilisation de Québec explores the region's history.*

## **Afternoon**

Stroll the beautifully preserved alleyways of Vieux-Québec, and then visit the elegant **Basilique Sainte-Anne-de-Beaupré**, the oldest pilgrimage site in North America.

## **DAY 4**

### **Morning**

Explore the vast **La Citadelle**, a military fortification that sprawls over 44 acres. Visit for the Changing of the Guard (10am daily Jun–Sep). Bring a picnic lunch to enjoy on the verdant grounds.

### **Afternoon**

Head to the charming **île d'Orleans**, stopping to view the thundering Montmorency Falls along the way. Walk or cycle around the island, visiting vineyards, art galleries, and artisan workshops to get a glimpse into historic Quebec.





# Top 10 Montreal and Quebec City Highlights



Changing of the Guard at La Citadelle, Quebec City, with Château Frontenac in the background

# TOP 10 MONTREAL AND QUEBEC CITY HIGHLIGHTS

- 1 Parc du Mont-Royal
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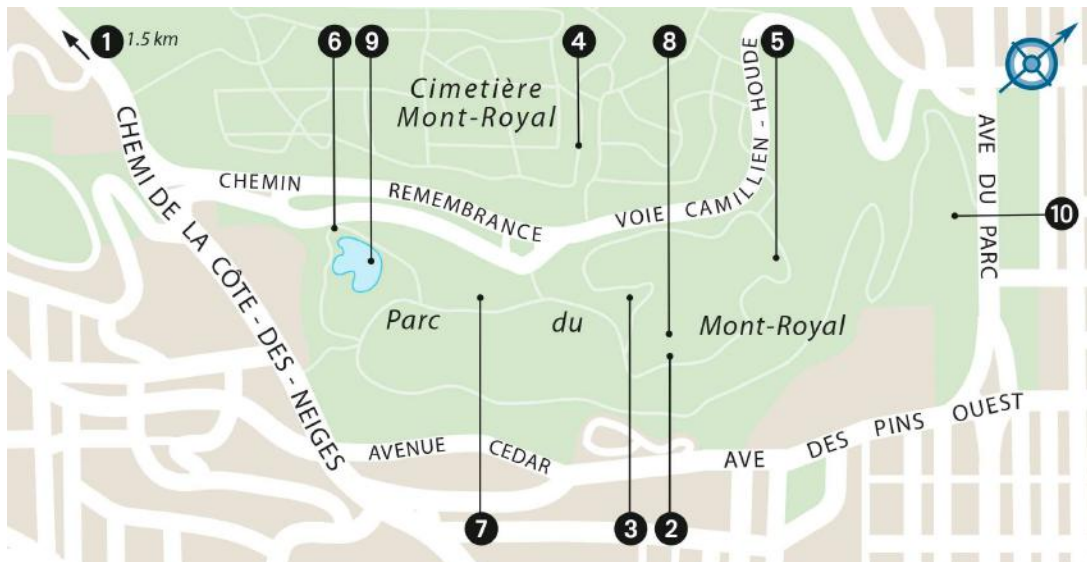
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# PARC DU MONT-ROYAL

The geographic highlight of Montreal is Mont-Royal's steep slopes. Named by Jacques Cartier in 1535, the protected district of Parc du Mont-Royal covers over 470 acres of forested mountain, providing abundant green spaces, shrubs, and flowers, as well as habitats for hundreds of species of birds and other wildlife. Designed in 1876 by Frederick Law Olmsted, Mont-Royal still inspires locals as an arboreal delight in the center of their metropolis – activity options include skating, cycling, paddle-boating, tobogganing, and snowshoeing. To the northwest is the Oratoire St-Joseph.



## NEED TO KNOW

**i** 514 843 8240 • [www.lemontroyal.qc.ca](http://www.lemontroyal.qc.ca) • DA

 [Google Map](#)

**i** *Oratoire St-Joseph* • 3800 chemin Queen-Mary • 514 733 8211 • Mass: 7am, 8:30am, 10am, 11:30am, 4:30pm, & 7:30pm Mon–Sat, 7am, 8am, 9:30am, 12:30pm, 4:30pm, & 7:30pm Sun • DA • [www.saint-joseph.org](http://www.saint-joseph.org)

- If visiting Montreal in winter, you can still enjoy a version of the Tam-Tam Festival, as well as a drink, at the nearby [El Zaz Bar](#).
- Parking fees are high in Parc du Mont-Royal. Park inside the grounds of one of the cemeteries and walk to the lookout.

# 1. Oratoire St-Joseph



The dome atop this shrine is an overwhelming sight to the west of the park. Pilgrims flock to the oratory, inspired by tales of miracle cures (for further details see [Features of Oratoire St-Joseph](#)).



*The domed Oratoire St-Joseph*

## 2. Lookouts

 [Google Map](#)

Belvedere Kondiaronk is the lookout of the Chalet du Mont-Royal. The Camillien Houde lookout faces east over the river. Locals often refer to it as “Lovers” Lookout.”



*Belvedere Kondiaronk, the "Lovers Lookout"*



### 3. Trail Systems

The park has a network of forested corridors, popular with cyclists and runners in summer and cross-country skiers in winter.

## 4. Cemeteries

Cimetière Notre-Dame-des-Neiges (Catholic) and Cimetière Mont-Royal (non-Catholic) are the two main resting places of the city. Far from sombre, they are adorned with lovely statues, sculptures, and luxuriant plantings.

## 5. La Croix



Standing 100 ft (31 m) high, the original steel cross was erected by Paul de Chomedey, Sieur de Maisonneuve, in 1643.



*La Croix*



## 6. Police Stables



Visits to the Police Cavalry Stables are possible, and it is com-mon to see officers on horseback cantering through the park.

## 7. Maison Smith



Built for Boston merchant Hosea B. Smith in 1858, Maison Smith is home to the Centre de la Montagne exhibitions, and is an entry point to the park.

## 8. Centre de la Montagne



Google Map

This is the base of a citizen group focusing on the preservation of and education about both the historic and natural legacy of the park.

## 9. Lac aux Castors



The heart of Parc du Mont-Royal is Lac aux Castors. People gather during fair weather to paddle boats or to ice-skate in winter.



*Ice-skating at Lac aux Castors*



## 10. Tam-Tam Festival

Sundays in the park during the summer belong to the exuberant Tam-Tam Festival. For more than 30 years, drummers, musicians, dancers, and artisans have spontaneously gathered around the Monument Sir George-Étienne Cartier where they party until dusk.

### **FREDERICK LAW OLMSTED**

A champion of the City Beautiful movement of landscape architects, Frederick Law Olmsted was born in Hartford, Connecticut in 1822. Best known for his visionary designs of Central Park in New York City, Olmsted's aim was to reject the formal plantations that had previously been in vogue and to complement the natural landscape with his pastoral designs and with designated areas for recreation.

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# Features Of Oratoire St-Joseph

# 1. Saint Brother André

Alfred Bessette, born in 1845, joined the Congregation of the Holy Cross in 1870. Here, as a humble cleric, he assumed the name of Brother André and began working extraordinary curative powers on the sick. He attributed his skills to St Joseph and petitioned for donations to build the Oratoire. He was canonized by Pope Benedict XVI in 2010.

## 2. Neo-Classical Architecture

Inspired by the temples of Corinth, architects Dalbé Viau and Alphonse Venne designed the exterior of St Joseph's, but the completion was a collaboration of Lucien Parent, monk Dom Paul Bellot, and architect Gérard Notebaert.

### 3. Saint Brother André's Tomb

Brother André died on January 6, 1937, at the age of 91. While his remains are buried in the church, his heart was removed and placed in a reliquary, and is still a popular draw for pilgrims. A beautiful fresco, created by Henri Charlier, decorates his tomb wall.



*Saint Brother Andre's Tomb*



## 4.300 Stairs

It is a common sight to see a pilgrim struggling up the 300 steps to the basilica on his knees. Since many climb each year, plans to refurbish the stairs are in place, to the tune of \$8 million.



*Pilgrims ascending the 300 Stairs*

## 5. Musée de St-Joseph

An extensive religious art collection heads the permanent features on display in the Museum of St Joseph. A fascinating wax figure exhibition depicts the life of the Holy Family in scenarios created by Canadian artist Joseph Guardo.

## 6. Crypt Church

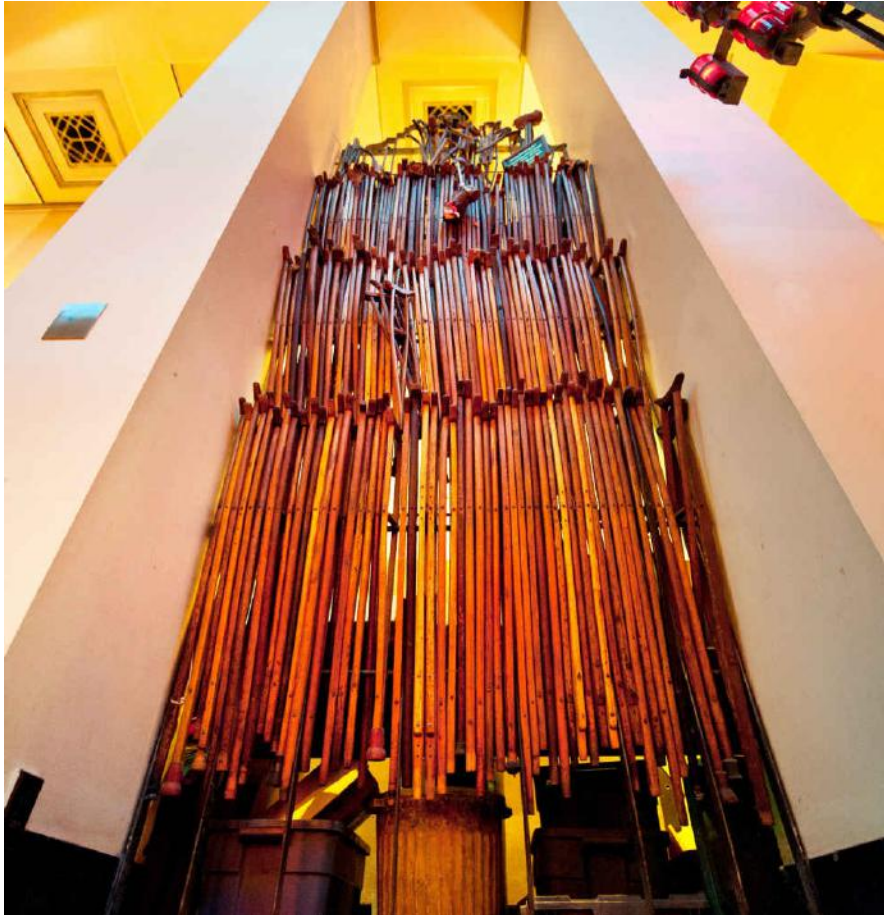
Created in 1917 at the base of the basilica, the concrete structure of the crypt church is built into the mountainside and forms part of the Oratory's foundations. It has a main altar of Carrara marble and a 1,000-seat capacity. Don't miss the stunning stained-glass windows.

## **7. Pilgrims' Pavilion**

A convenient overnight hostel adjacent to the parking area contains a souvenir shop and cafeteria. A resident organization also helps arrange personalized religious journeys for the faithful.

## 8. Votive Chapel

Canes, crutches, and other medical aids left behind by cured pilgrims line the walls in this small but inspirational chapel. Visitors can light a devotional candle, then walk past a statue of St Joseph to the room of Saint Brother André's tomb.



*Canes hanging in the Votive Chapel*

## 9. Altar and Stations of the Cross

The magnificent altar, crucifix, and wooden statues of the 12 Apostles are creations of the French artist Henri Charlier. Roger Villiers sculpted the Way of the Cross between 1957 and 1959, and the stunning interior mosaic was added to the altar in 1960.

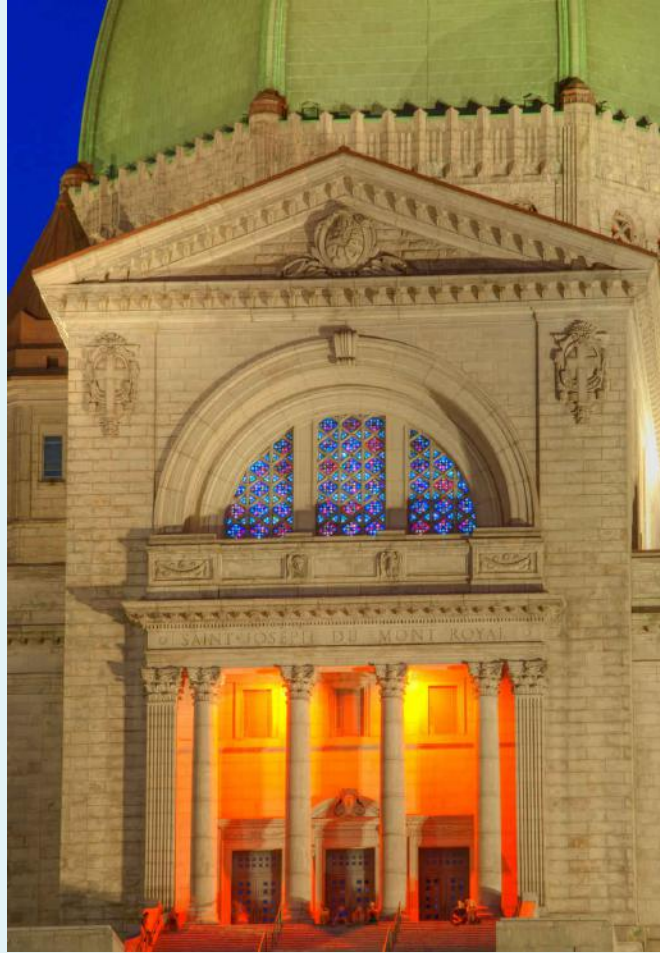


## **10. Les Petits Chanteurs du Mont-Royal**

Begun in 1956 by the then head of the church Father Brault, the oratory's choir is made up of 210 boys aged between 8 and 17. Their silky vocals embellish more than 70 religious festivities each year, at the oratory, around the country, and abroad. Their repertoire ranges from Georgian chant to modern choral works. The boys are schooled here when they are not performing.

## **THE HISTORY OF THE ORATOIRE ST-JOSEPH**

The saga of Montreal's mammoth Oratoire St-Joseph began with the construction of a tiny chapel in 1904 by Brother André and friends. The final structural elements only came together in 1967 – 30 years after Brother André's death. More than 500 ft (150 m) above street level, it is a staggering 195 ft (60 m) from the floor to the peak of the dome – the second largest in the world after St Peter's in Rome. Reminiscent of Italian Renaissance architecture, the basilica features Corinthian columns, stained-glass masterpieces, and a huge carillon (56 bells). More than two million visitors pack the monument each year, with crutches and wheelchairs left behind as evidence of the cures taking place here. Brother André's followers had long been asking for his canonization. In accordance with the Catholic church, two posthumous miracles are needed to earn sainthood. The first, the cure of a cancer victim in 1958, led to his beatification in 1982. The second was in 1999, when a boy emerged from a coma after an accident. It made Brother André the 11th Canadian, and first Quebec-born, saint.



Oratoire St-Joseph facade

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# BASILIQUE NOTRE-DAME

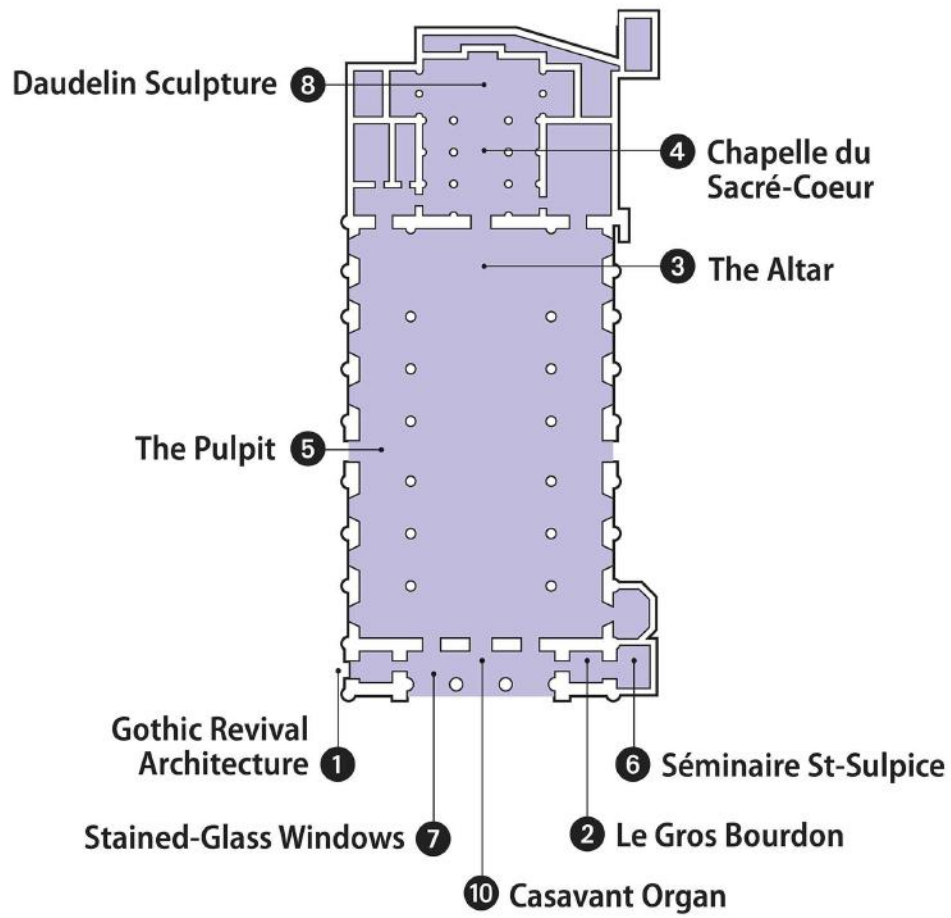
The most magnificent landmark of Vieux-Montréal is this huge Gothic Revival undertaking designed by Irish architect James O'Donnell and built between 1824 and 1829. This thriving Catholic church has a stunning medieval-style interior that features walnut wood carvings, exquisite stained-glass windows, 24-carat gold stars in a vaulted blue ceiling, plus one of the largest Casavant organs in North America. Don't miss the fine art paintings in the nave and the impressive Chapelle du Sacré-Coeur hidden behind the altar.

## NEED TO KNOW

■ 110 rue Notre-Dame Ouest, Place d'Armes • 514 842 2925  
• [www.basiliquendm.org](http://www.basiliquendm.org) • **Open** 8am–4:30pm Mon–Fri,  
8am–4pm Sat, 12:30–4pm Sun. • Adm \$5

 [Google Map](#)

- Claude Postel Chocolatier (75 Notre-Dame Ouest) serves superb sandwiches, coffee, and desserts.
- Breathtaking sound and light (*son et lumière*) shows happen between September and June.





# 1. Gothic Revival Architecture

Rectangular in shape, contrary to the norms of the day, Notre-Dame features arcades with cross-ribbed vaulting.

## 2. Le Gros Bourdon

It is possible to hear the amazing chimes of Le Gros Bourdon, the largest bell in North America, 18 miles (30 km) outside Montreal.

### 3. The Altar

In 1880 local artists Henri Bouriché and Victor Bourgeau created complementary wood sculptures backed by azure for this spectacular altarpiece.



*Altar at Basilique Notre-Dame*

## 4. Chapelle du Sacré-Coeur

Opened in 1891, this delightful gem is concealed behind the main altar. Countless marriage ceremonies take place here, inspiring the moniker, “The Wedding Chapel.”



*Chapelle du Sacré-Coeur, the "Wedding Chapel"*

## 5. The Pulpit

Architect Victor Bourgeau's first known work is the 1844 spiral staircase pulpit, resembling tiers of a wedding cake. Set in the middle of the church, it allows sermons to be heard without amplification.

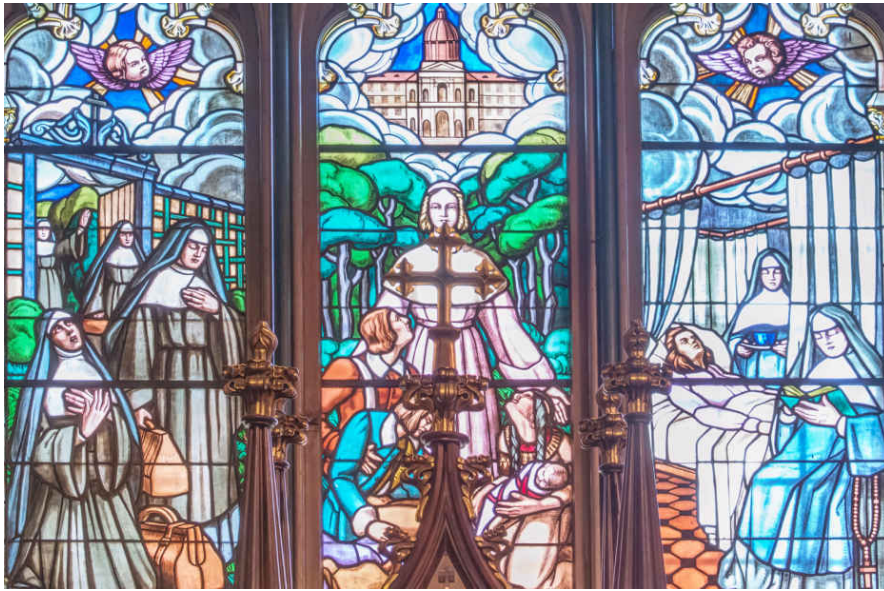
## 6. Séminaire St-Sulpice



Built in 1685 by the Sulpician order, this stone structure standing beside the basilica is the oldest building in Montreal (for further details see [Séminaire St-Sulpice](#)).

## 7. Stained-Glass Windows

In 1929 Olivier Maurault, a priest and author, conceived the present-day windows, which depict early religious events and scenes from the lives of the people of Vieux-Montréal.



*Stained-Glass Window*



## 8. Daudelin Sculpture

The sculptor Charles Daudelin's bronze *reredos*, which hangs behind the Chapelle du Sacré-Coeur, is among his most dramatic works.



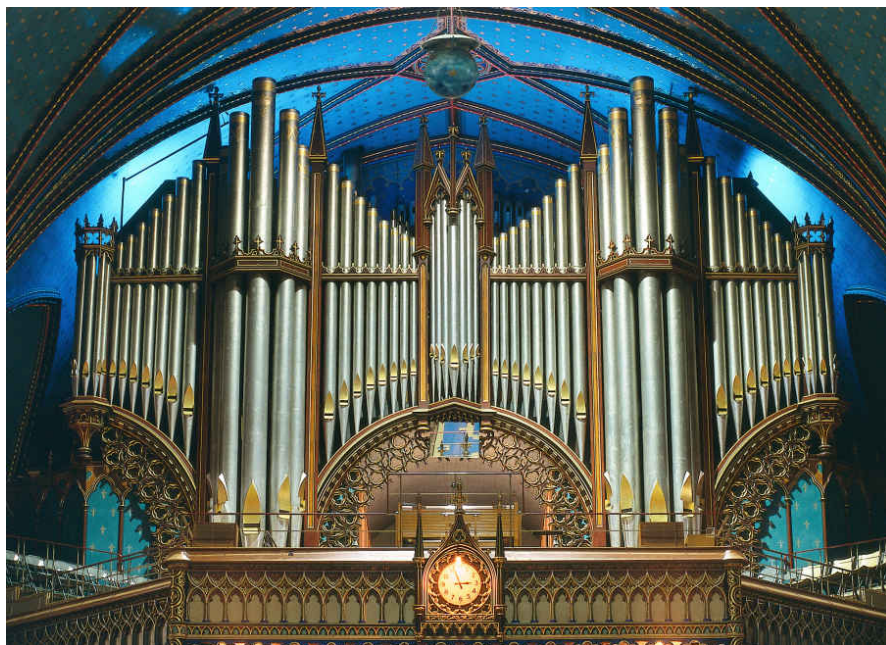
*Reredos sculpted by Charles Daudelin*

## 9. Famous Weddings

Many famous couples have tied the knot in Notre-Dame, but the best-known celebrity wedding is that of singer [Céline Dion](#) in 1994.

## 10. Casavant Organ

Blacksmith Joseph Casavant was the first significant builder of pipe organs in Canada. He built the Notre- Dame organ for the basilica in 1891.



*Organ by Joseph Casavant*

### **JAMES O'DONNELL**

Irish architect James O'Donnell was contracted to draw plans and oversee the construction of Basilique Notre-Dame in 1823. A Protestant by birth, O'Donnell's pride in the basilica caused him to convert to Catholicism, allowing him burial inside "his" church. Synthesizing many divergent design elements from contributing architects, he introduced the Gothic Revival style into Canadian architecture.

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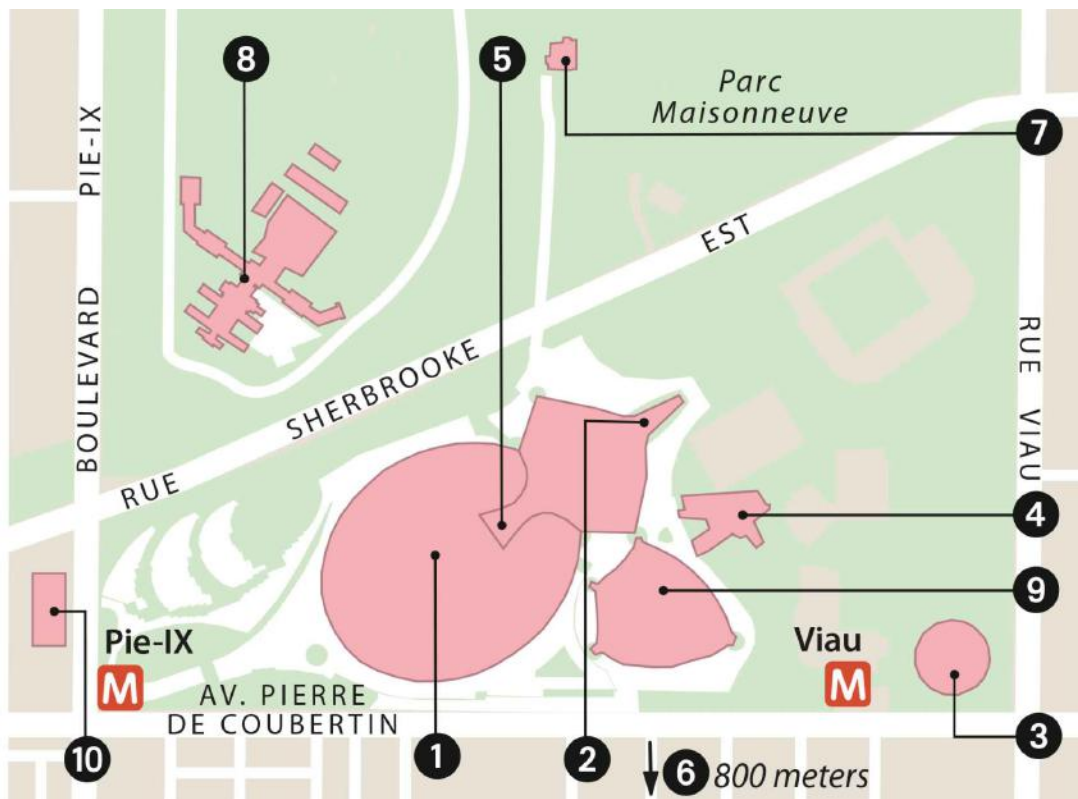
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# PARC OLYMPIQUE

One of Montreal's most remarkable attractions, Parc Olympique is also one of its most controversial. Built for the 1976 Olympic Games, it remained unfinished until the 1980s, and the retractable roof over the stadium has never fully worked. Nevertheless, visitors can easily spend a full day or two entertained by the varied exhibitions, sights, and activities within this immense quadrilateral. Ride the funicular to the top of the Tour Montréal for the most enthralling view of the region.



## NEED TO KNOW

**i** 4141 rue Pierre-de-Coubertin • Métro Pie-IX • 514 252 4737 • [www.parcolympique.qc.ca](http://www.parcolympique.qc.ca) • Adm to specific attractions

**i** Jardin Botanique • 4101 rue Sherbrooke Est • 514 872 1400 • [www.espacepurlavie.ca/jardin-botanique](http://www.espacepurlavie.ca/jardin-botanique) • Mid-May–Oct: 9am–6pm daily; Nov–mid-May: 9am–5pm daily. • Closed Mon in Nov–May • DA • Adm

- The best place to eat, for both price and atmosphere, is [Café Olimpico](#) in the Mile End district.
- “Montreal in Motion” is a free photography exhibition capturing 100 years of the city’s history, and is located in the Observatory on top of the Tour Montréal.



# 1. Stade Olympique

Designed by the French architect Roger Taillibert and constructed by local engineers for the 1976 Olympics, the stadium seats 65,000 people, has a cable-suspended roof and is covered in a membrane of space-age Kevlar material. Today it is used to stage events such as rock concerts.



*Stade Olympique, constructed in 1976*



## 2. Centre Sportif



This sports complex houses five swimming pools with continuously recirculating water. Other resources include badminton courts, a scuba-diving club, volleyball, and more.

### 3. Aréna Maurice-Richard

 [Google Map](#)

Named after the Montreal Canadiens hockey legend Maurice “Rocket” Richard, the indoor rink continues to promote the sport. The museum “Univers Maurice-Richard” features the scoring ace’s memorabilia.



*Sculpture of Canadian hockey legend Maurice Richard*

## 4. Rio Tinto Alcan Planetarium

 [Google Map](#)

Opened in 2013, it has state-of-the-art technology to explain everything, from the building blocks of life on earth to the wonders of the universe (for further details see [Rio Tinto Alcan Planetarium, Montreal](#)).



*Rio Tinto Alcan Planetarium*

## 5. Tour Montréal



For great views ride the extraordinary funicular in the Tour Montréal. An observatory sits atop the world's highest leaning tower, almost 585 ft (175 m) from ground to summit.

## 6. Marché Maisonneuve



More than just a taste of fresh market fare, the Marché Maisonneuve attracts clientele from all over the province, and is the perfect spot for people-watching.

## 7. Insectarium



Quebecer Georges Brossard, known as “the Bug Man,” roams the world collecting exotic insects, and then displays them in this riveting showcase.

## 8. Jardin Botanique



Founded in 1931 and covering nearly 200 acres, the lush gardens were created by gifted horticulturist Henry Teuscher (for further details see [Jardin Botanique Features](#)).



## 9. Biodôme

 [Google Map](#)

Home to ecological attractions, with indigenous plants, animals, and birds of the tropical forest. It is closed for renovations until 2018 (for further details see [Biodôme, Montreal](#)).



*Tropical bird at the Biodôme*

## 10. Musée Château Dufresne



The Gothic-inspired private residence was originally designed and constructed by Parisian architect Jules Rénard for Oscar and Marius Dufresne from 1915 to 1918. It now welcomes a variety of decorative and informative exhibitions.

### **MAYOR JEAN DRAPEAU**

Many agree that the enthusiasm of Jean Drapeau, the mayor of Montreal from 1954 to 1957 and again from 1960 to 1986, put Montreal on the international map. A lawyer by trade, he was passionate about his city, and while in office oversaw the building of the Métro subway system and the city's cultural venue Place des Arts, brought the World's Fair to town in 1967, and was largely responsible for the successful bid for the 1976 Olympic Games.

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# Jardin Botanique Features

# 1. Lac du Rêve

A lush domain in the center of the Chinese Gardens, where visitors can watch resident geese and ducks, find a comfortable area to relax, or just wander through the landscaped lake area surrounded by rock gardens, bridges, and peaceful areas for reflection.



*Tranquil Lac du Rêve*

## 2. First Nations Garden

The First Nations (native Canadians) celebrate their magical relationship with the plant kingdom within these gardens filled with interactive terminals, shows, and special events. The area is divided up into five different zones: hardwood and softwood forests, an exploration of Nordic life, an interpretation pavilion, and a gathering area.

### 3. Greenhouses

A series of greenhouses in the gardens, just past the entrance, provide enough humidity for various botanical environments to thrive. Lookout for the rainforest canopy, tropical medicinal plants, and beautiful, brightly colored orchids.



*One of several greenhouses*

## 4. Sukiya Japanese Tea Pavilion

Honoring the traditional Japanese home, architect Hisato Hiraoka has gathered together the artistic ideals of Japanese society within this graceful structure. There is also an art gallery, Zen and bonsai gardens, an exhibition room, and a gift shop.



## 5. Chinese Gardens

A classic example of a Ming Dynasty garden, complete with its own lake, these are the largest Chinese gardens outside China.



*Lovingly nurtured Chinese Gardens*

## **6. Wu Yee-Sun Bonsai Collection**

At any time of year, the captivating Wu Yee-Sun Collection of miniature bonsai trees is on permanent exhibit inside their greenhouse. This is one of the most impressive and largest collections of its kind in the world.

## 7. Treehouse

This remarkable interpretation center and interactive exhibition is laid out in four parts: Trees in our History, Anatomy and Growth, Trees and the Forest, and The Many Uses of Trees. The Treehouse exhibit is in the northeast sector of the gardens.

## 8. Ballade

Since the gardens are spread out over many acres, it's a good idea to take advantage of the popular Ballade minibus, which circulates continuously throughout the day along the paved pathways. Clearly marked areas within the gardens indicate where the brightly colored buses make regular stops for boarding or disembarking.



*Ballade minibus*

## 9. Libraries

There are two fascinating libraries situated within the gardens. The public library boasts an extensive children's section and there is also an academic library that is home to numerous scientific books, journals, and papers, including studies of botany.

## 10. Children's Highlights

Exciting and informative features in the garden are part of the ongoing effort to educate Montreal children and bring them closer to nature.

Exhibitions exclusively for kids include the Youth Garden, Butterflies Go Free, Noah's Ark, the Halloween Mask Competition, and the Chlorophyll Room.

## HISTORY OF THE JARDIN BOTANIQUE

In 1931, Montreal's then-mayor, Camillien Houde, conceived of a master plan to put the unemployed to work by building the city's first botanical gardens. He hired architect Lucien Keroack to design the main building, and work began in the midst of a deep economic depression. Owing much to the Christian Brothers religious sect and particularly to Brother Marie-Victorin for his visionary concept, the team invited American landscape architect and botanist Henry Teuscher to establish the permanent collections and design the site. By 1938 the greenhouses were built and Montreal has enjoyed this rich horticultural domain ever since.



**The Jardin Botanique** features an impressive collection of bonsai trees.

### TOP 10 FLORA IN THE JARDIN BOTANIQUE

1. Aroids
2. Begonias
3. Bonsai and penjing
4. Ferns
5. Bromeliads
6. Cacti and succulents
7. Cycads
8. Orchids



9. Lilacs and lotus

10. Gesneriads

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# MUSEE POINTE-A-CALLIERE

Ascending like a sentinel from the confluence of the St Pierre and St Lawrence rivers, this National Historic Site honors the founding of the city at Place Royale. Within this landmark of stone and brushed steel are three sections: a chic building constructed on top of the ruins of older structures; the archeological crypt; and the renovated Customs House. A self-guided tour system allows each visitor to explore at their own pace, but guides throughout the site will answer questions and bring the history of the city to life.



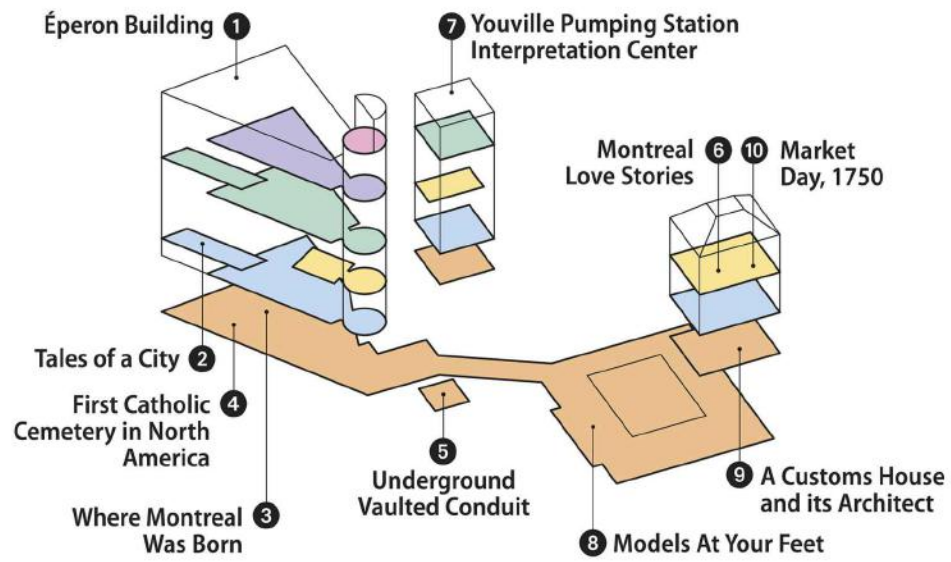
*The Musée Pointe-à-Callière site*

## NEED TO KNOW

**i** 350 Place Royale at rue de la Commune • 514 872 9150 • [www.pacmuseum.qc.ca](http://www.pacmuseum.qc.ca) • DA • **Open** 10am–5pm Tue–Fri, 11am–5pm Sat & Sun • Adm \$20 adults; \$18 senior citizens; \$13 students (13–30); \$10 children; under-6s free

 [Google Map](#)

- One of the best views in all of Vieux- Montréal is available from Restaurant L'Arrivage, on the top level of the museum. It serves great bistro cuisine, and has a reasonably priced *table d'hôte* menu at lunch.



**Key to Floorplan**

- |              |              |
|--------------|--------------|
| Basement     | Second floor |
| Ground floor | Third floor  |
| First floor  | Fourth floor |

# 1. Éperon Building

Architect Dan S. Hanganu designed this edifice to create a building that is an exhibition in itself. The front door marks the spot of the first shelter in Ville-Marie (1642).

## 2. Tales of a City

An inspired introduction to any museum, this 18-minute voyage through the discovery of Montreal enchants visitors and sets the stage for a memorable visit.

### 3. Where Montreal Was Born

This exhibition represents more than 600 years of local history, from Amerindian times to the present day.



*Where Montreal Was Born*

## **4. First Catholic Cemetery in North America**

Residents from the very earliest days of the original fortification created a cemetery under Place Royale. When the museum excavated the site, the discovery resulted in this fascinating exhibit.





*First Catholic Cemetery in North America*

## 5. Underground Vaulted Conduit

Montreal's earliest sewer and plumbing system, dating from the 18th century, can be seen in this network of conduits, beneath a cobblestoned walkway. Another excavation revealed the St Pierre River.

## 6. Market Day, 1750

This interactive fresco is set in the remains of the main gate that led to the marketplace in 1750. Visitors can see virtual figures and play out scenes from their lives.

## 7. Youville Pumping Station Interpretation Center

Across from the museum an old pumping station has exhibits on science and technology.



*Youville Pumping Station Interpretation Center*

## 8. Models At Your Feet

Virtual technology bridges past with present here. Meet historic figures, hear archeological explanations, and view five centuries of artifacts under glass beneath your feet.

## **9. A Customs House and its Architect**

Montreal's old Customs House, built between 1836 and 1837, is a Neo-Classical building designed by John Ostell. It has been carefully renovated to its original state and houses a permanent exhibition.

## 10. Montreal Love Stories

This series of intimate portraits of the city draws on photographs, videos, and first-hand accounts of Montrealers.

### HISTORY OF THE MUSEUM

In 1642 Paul de Chomedey, Sieur de Maisonneuve, founded the settlement of Ville-Marie, now Montreal, on this site. More than 350 years later, a series of excavations unearthed the way of life for these newcomers to Nouvelle-France and Musée Pointe-à-Callière opened with over one million artifacts on display. A permanent archeological dig is now in place in the area.

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# MUSEE DES BEAUX-ARTS DE MONTREAL

One of the most impressive museums in North America dominates both sides of rue Sherbrooke Ouest. It began life in 1860, when a group of collectors set up the Art Association of Montreal to present exhibitions, establish an art school, assemble a permanent collection of paintings, and develop an art library. They eventually constructed the Michal and Renata Hornstein Pavilion, to house Old Masters and contemporary works. In 1991, the museum expanded into the Jean-Noël Desmarais Pavilion.

## NEED TO KNOW

■ 514 285 2000 • 1339–80 rue Sherbrooke Ouest • [www.mbam.qc.ca](http://www.mbam.qc.ca) • DA • **Open** 10am–5pm Tue & Thu–Sun, 10am–9pm Wed

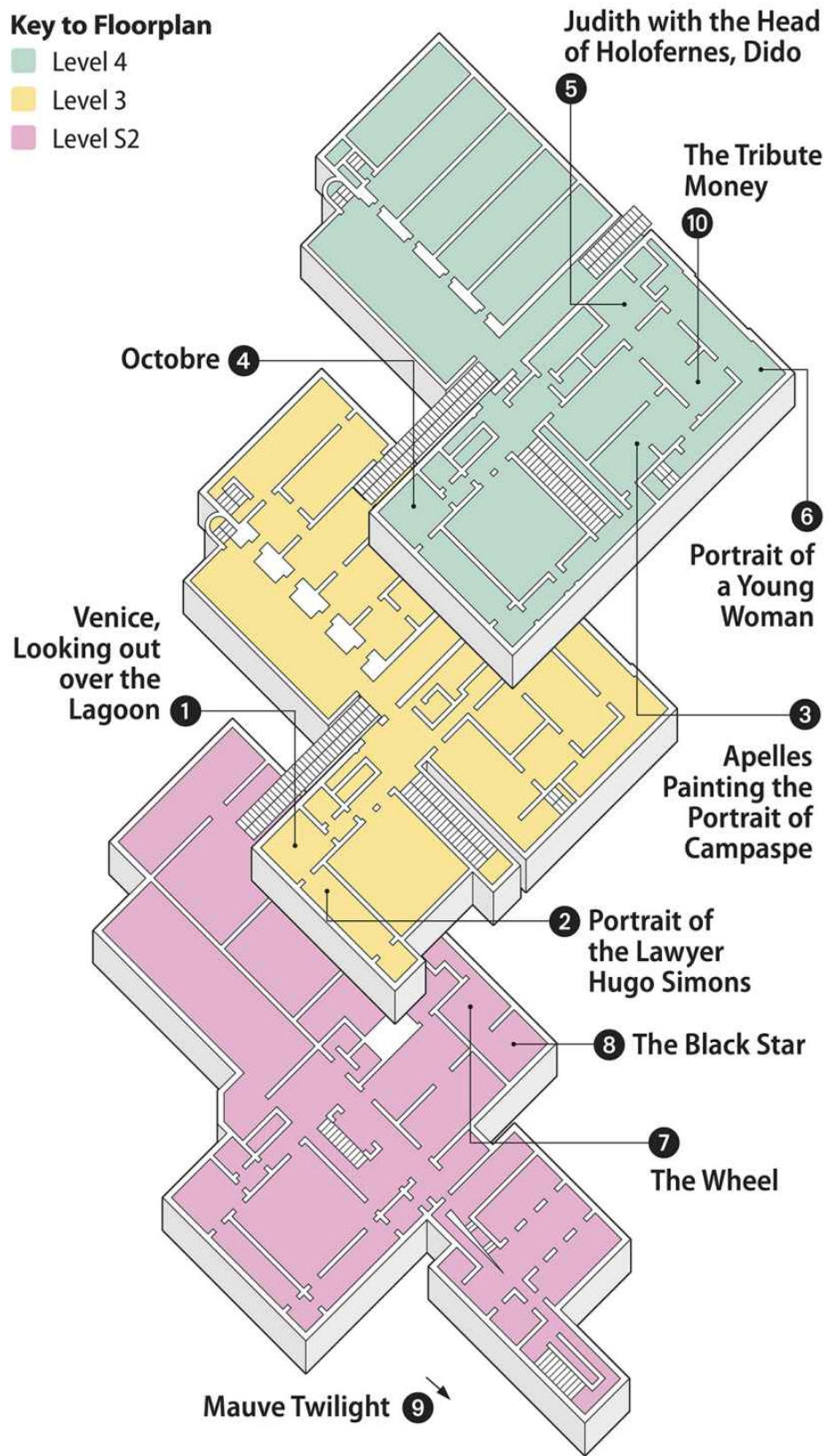
- On-site [Le Café des Beaux-Arts](#) serves delicious but expensive French bistro cuisine, but there is also the inexpensive Petit Café in the same area of the Jean- Noël Desmarais Pavilion.

## MUSEUM GUIDE

There are five pavilions that make up the museum; the Michal and Renata Hornstein Pavilion (world cultures), which contains the Liliane and David M. Stewart Pavilion featuring decorative arts. The Jean-Noël Desmarais Pavilion, connected via a tunnel from Level S2, features international art. The Claire and Marc Bourgie Pavilion features Canadian and Quebec art, and the Michal and Renata Hornstein Pavilion for Peace is devoted to the world's artistic heritage.

**Key to Floorplan**

- Level 4
- Level 3
- Level S2



# 1. Venice, Looking out over the Lagoon

A voyeur of the human landscape, Morrice is known for his departure from centuries of art tradition and for his philosophy of painting for painting's sake, seen in this work.

## 2. Portrait of the Lawyer Hugo Simons

Otto Dix's artistic freedom is evident in this 1929 portrait of lawyer Hugo Simons. The image is bathed in reddish-copper tones and shows Dix's wish to portray his subjects' souls in his works.

### 3. Apelles Painting the Portrait of Campaspe

Italian artist Tiepolo uses the unusual technique of a painting-within-a-painting in this 1726 work. Notice the artwork hanging on the wall of the studio, one of Tiepolo's own, entitled *The Bronze Serpent*.



*Apelles Painting the Portrait of Campaspe by Tiepolo*

## 4. Octobre

An example of James Tissot's control and mastery of space, this 1877 allegorical work is of model Kathleen Irene Newton, painted in 1871.









*James Tissot's Octobre*

## 5. Judith with the Head of Holofernes, Dido

In these two paintings (1500), Andrea Mantegna demonstrates typical Renaissance traits: absence of emotion, knowledge of anatomy, and determinism of line.

## 6. Portrait of a Young Woman

A combined use of light, color, texture, and setting brings a feeling of intimacy to this 1665 Rembrandt work.



*Portrait of a Young Woman*

## 7. The Wheel

Montreal's best-known contemporary painter, Jean-Paul Riopelle, lets his spatula work its magic on this canvas (1954–5), creating a mosaic of elements, colors, and tones.

## 8. The Black Star

Paul-Émile Borduas attended the École des Beaux-Arts in Montreal. This 1957 painting won a posthumous Guggenheim award in 1960 as the best Canadian painting in a New York gallery; the work has now returned to the artist's home town.

## 9. Mauve Twilight

Painted in 1921, this work is an evocative impression of winter by one of Quebec's most loved artists, Ozias Leduc. His ability to capture the light of dusk here confirms his talent for perfectly representing the provincial landscape.

## 10. The Tribute Money

Philippe de Champaigne's 1655 work portrays the Biblical tale of the Pharisees in this dramatic religious painting. The figure on the right is said to be a self-portrait.



*The Tribute Money*

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# LA CITADELLE, QUEBEC CITY

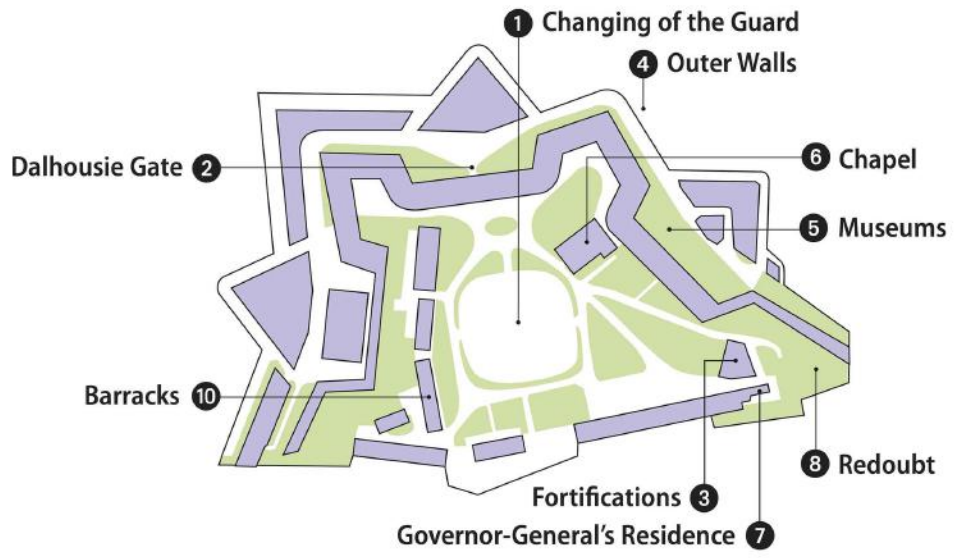
Set atop Cap Diamant, this installation of 10 buildings is the largest military fortification (40 acres) in North America. Overlooking the St Lawrence River, the site was begun by the French in 1750, but much of the star-shaped battlement seen today was constructed by the British between 1820 and 1850, built to defend the city from possible invasion from the United States in the 19th century. The fort is home to the Royal 22nd Regiment of the Canadian Army and daily military spectacles are staged for visitors during the summer.

## NEED TO KNOW

■ Côte de la Citadelle • 418 694 2815 • [www.lacitadelle.qc.ca](http://www.lacitadelle.qc.ca)  
• DA • **Open** daily • Adm \$16 adults; \$13 students and senior citizens; \$5.50 children; \$32 families (under-7s and disabled visitors free)

 [Google Map](#)

- Snacks are available at the on-site Café Batisse, although you are also welcome to bring a picnic.
- The Changing of the Guard takes place daily at 10am from late June to September and lasts about 35 minutes.



# 1. Changing of the Guard

One of the most entertaining military exercises involves precision marching with a musical escort. It is headed by Batisse the goat, the regiment's mascot.



*Changing of the Guard*

## 2. Dalhousie Gate

Named in honor of 13th-century Castle Dalhousie in Scotland, this formal entrance provides general access to La Citadelle and is the point at which processions and parades enter the grounds.



*Dalhousie Gate, entrance to La Citadelle*

### 3. Fortifications

The impressive fortress contains all of the most important elements for a strong military installation: height over the enemy, 360-degree visibility, difficult access, and durability. Although it has all of this to its advantage, La Citadelle has never, in fact, been attacked by an enemy.



*The fortress as seen from a height*

## 4. Outer Walls

In 1820, under the British Lieutenant-Colonel Elias Walker Durnford, building of the outer walls of the polygon structure began. No one could access the Great Lakes or the Atlantic Ocean without coming under the watchful eye of La Citadelle's forces.

## 5. Museums

The collections unveiled in the two museums located here include everyday items used by soldiers over the centuries, a collection of rare military documents, ceremonial uniforms, antique armaments, precious art, and many other eclectic items.

## 6. Chapel

Since army life requires long periods of working far from home, efforts were made to include elements of daily life at the fortification, including a chapel.



## **7. Governor-General's Residence**

Since Samuel de Champlain's tenure in the 1600s the Governor-General has resided here during the summer.

## 8. Redoubt

Tucked away into sections of the fieldstone walls, cannons protect their flanks without the need for backup support.

## 9. Firing of the Cannon

The dramatic firing of the cannon takes place at the Citadelle every day at noon and at 9:30pm during the summer. It's a fine illustration of the military might the fort once displayed.

## 10. Barracks

A large part of the site is given over to housing the troops. Tanks used in past battles by the regiment are also on display.



*Barracks at La Citadelle*

### **ROYAL 22ND REGIMENT**

Since 1969 the Royal 22nd Regiment's 2nd Battalion has provided the Guard for La Citadelle. This prestigious group was honored for their bravery during the Korean War (1950–53) and for other peace-keeping roles since then. Quebec City's summer is enlivened each day by military ceremonies such as the Changing of the Guard. The pomp of this pageant is highlighted by scarlet uniforms and a regimental brass band.

[◀ Back to La Citadelle, Quebec City](#)

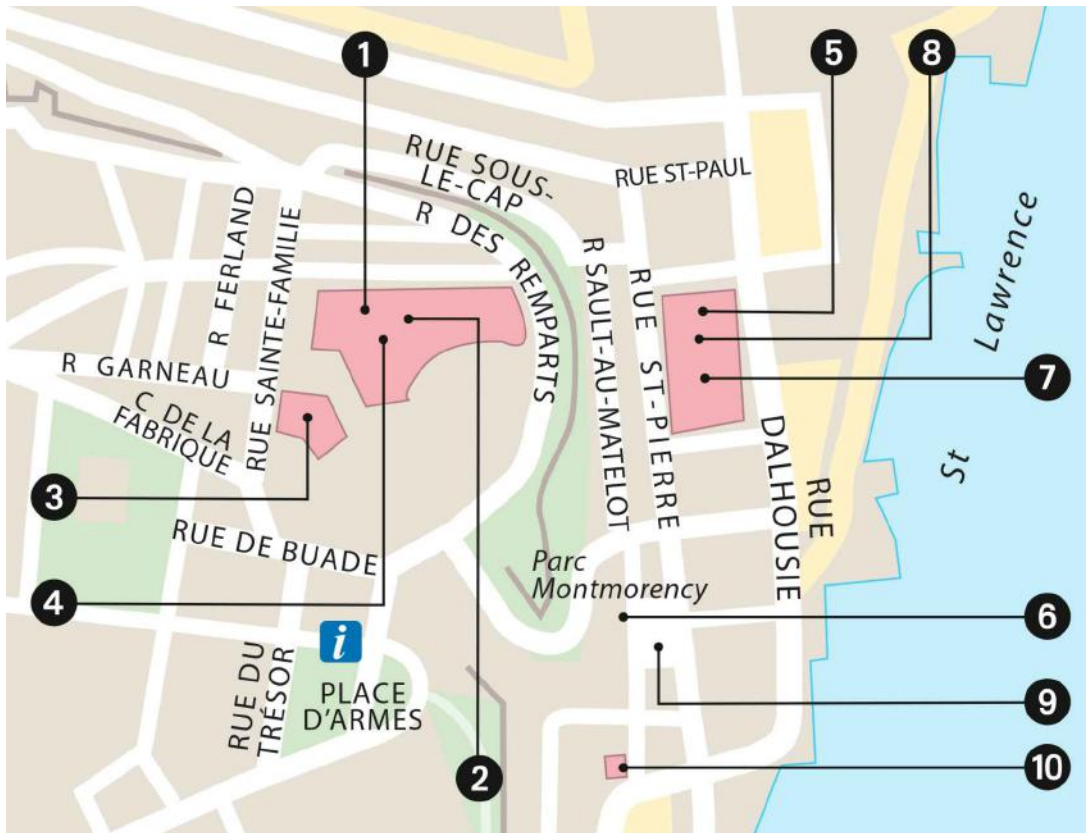
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# MUSEE DE LA CIVILISATION DE QUEBEC

Few museums in the world receive the kind of rave reviews given to the MCQ. The exhibitions (two of which are permanent) cover history, culture, sports, science, and intellectual and esoteric themes in a range of interactive ways that entertain and educate visitors. Designed by the celebrated architect Moshe Safdie, creator of Ottawa's National Gallery, the MCQ incorporates the Musée de l'Amérique Francophone, the Maison Historique Chevalier, the Séminaire de Québec, as well as the Place-Royale Interpretation Center, to produce this vibrant look at local life in all its facets. The main entrance is at the rue Dalhousie site.



## NEED TO KNOW

■ 85 rue Dalhousie, Basse-Ville, Quebec City • 418 643 2158  
• [www.mcq.org](http://www.mcq.org) • **Open** 10am–5pm Tue–Sun; mid-Jun–Labor Day: 9am–6pm daily • Adm \$16 adults; \$15 senior citizens; \$10 students; \$5 children; under-11s free

 [Google Map](#)

- Good food at a reasonable price is found at the on-site Café 47 near the coat-check area.
- Do not try to see everything the MCQ offers at their three locations in one day. For a more enjoyable experience, plan to attend only those parts that you are most interested in.

# 1. Séminaire de Québec

Three superb exhibitions in the seminary form the largest religious collection in North America. The artifacts document the early religious education of the city.



*The main exhibition hall*



## **2. The Chapel of the Séminaire de Québec**

Information about Catholic rites and church decoration can be found inside the chapel.

### **3. Musée de l'Amérique Francophone**

The oldest museum in Canada features more than 450,000 artifacts dating from the earliest French communities.

## 4. Joseph the Boarder

An enchanting interactive presentation, located in the Jérôme-Demers Pavilion, recalls daily life in Le Petit Séminaire de Québec for “Joseph,” a typical waif in the early days of Nouvelle-France.

## 5. People of Québec ...Then and Now

Visitors can relive 400 years of Québec's history, meeting figures and admiring objects from yesterday and connecting to a past that is still shaping the events of today.



*People of Québec ...Then and Now*

## **6. Centre d'Interprétation de Place-Royale**

Life as it was in Nouvelle-France comes alive at Place-Royale; historic events are held on the site of the first settlement.

## **7. Encounter with First Nations**

This magnificent exhibition of First Nations' treasures has over 500 objects displayed covering the history of the native Canadians.



*First Nations' treasures at the Musée de la Civilisation de Québec*

## **8. Make Way for the Middle Ages**

Based around the workings of a medieval French village, this costume workshop explores how certain aspects of life in the Middle Ages have influenced how we live in the modern age.



## **9. Place-Royale, Facing Champlain, A Work in 3 Dimensions**

This exhibit and 3D film experience was opened in 2008 to mark the 400th anniversary of Samuel de Champlain's arrival here.

## 10. Maison Historique Chevalier

Jean-Baptiste Chevalier's 18th-century home includes the Living Heritage Workshop, a series of tutorials on traditional French customs, music, and dance.



*Maison Historique Chevalier*

### SEPARATISM

Ever since the British made an offer in 1848 to allow the French to maintain their language within an English-speaking domain, the relationship between what would become the nation of Canada and the province of Quebec has been fraught with mistrust. As Canada and Quebec repeatedly experienced political deadlock, separatist sentiment grew. Many Québécois feel that their province is distinct from the rest of Canada, and so would be better off as a separate nation. In 1980 and 1995, referendums were held on whether to separate, and both times the vote was a narrow “no.”

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# BASILIQUE SAINTE-ANNE-DE-BEAUPRE

The oldest pilgrimage site in North America began life in 1658 as a shrine to this patron saint of Québec and was established as a basilica in 1887. The present church, started in 1923 but completed in 1963, has a striking interior with sumptuous decoration. Medical aids stacked beside the medieval-style entrance are testimony to the healing powers associated with the basilica. Stunning religious statues frame the entrance and line the luxurious gardens.

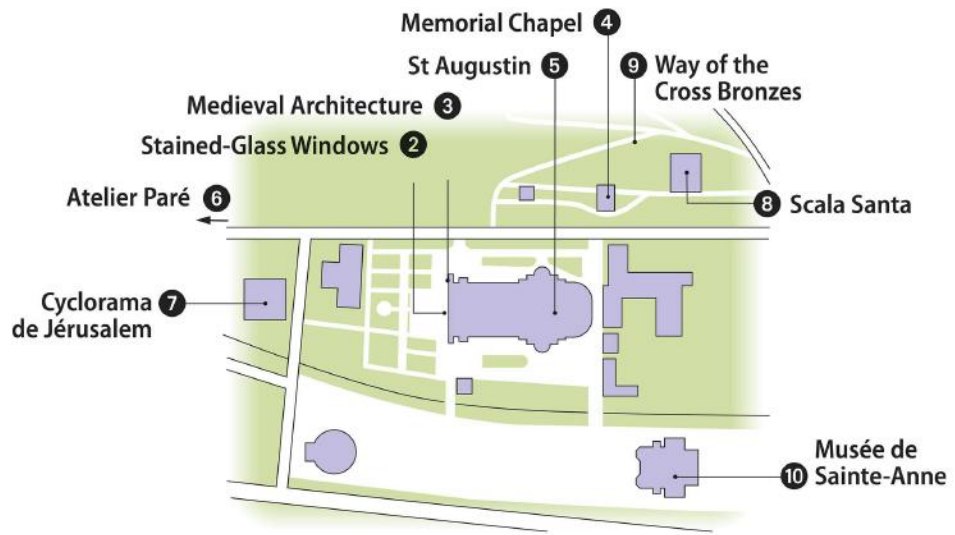
## NEED TO KNOW

**i** 10018 av Royale, Sainte-Anne-de-Beaupré • 418 827 3781

• [www.ssadb.qc.ca](http://www.ssadb.qc.ca) • **Open** daily

**i** Musée de Sainte-Anne • *May–early Oct: 9:30am–4:30pm daily*

- To get a wonderful view of the church complex and the river, take a 10-minute walk from the gardens down the rue de la Sanctuaire toward the Île d'Orleans Channel to the Quai de la Paix. This is a great spot to take photos.
- Call ahead for information regarding any special celebrations or festivities taking place, since the crowds can be an impediment to enjoying the site.

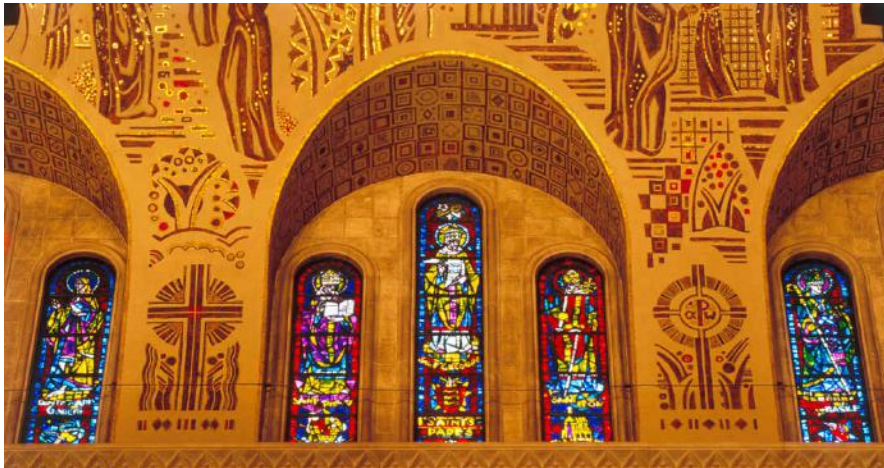


# 1. Candlelight Processions

It is common to witness evening candlelight processions honoring saints and religious holidays; those on July 25 and 26 celebrate Ste Anne.

## 2. Stained-Glass Windows

Considered by some to be the most beautiful since the Middle Ages, these dazzling 240 stained-glass windows depict moments in the life of Ste Anne. The centerpiece is a huge oval window flooding light into the nave.



*Ste Anne's life depicted on glass*

### 3. Medieval Architecture

A five-nave towered church blends imposing Gothic architecture with Romanesque details previously unseen in Québec Province.



*Exterior of the church*



## 4. Memorial Chapel

This votive chapel, built in 1878 to commemorate the original church on this site, contains religious memorabilia, rare documents, and artifacts.



*The impressive nave*

## 5. St Augustin

Thomas Baillairgé continued his family's legacy as a religious decorator by carving pieces for the basilica, including an impressive statue of St Augustin.

## 6. Atelier Paré

This woodcarver's workshop is worth a visit to see the artisan at work creating pieces for the basilica.

## 7. Cyclorama de Jérusalem

The world's largest panoramic painting was created in Munich between 1878 and 1882. Housed in its own hexagonal building, it transfixes visitors with its overview of Jerusalem.



*Cyclorama de Jérusalem*

## 8. Scala Santa

A wonderful little chapel constructed in 1891 includes a remarkable stairway venerating the one Jesus ascended to face condemnation by Pontius Pilate.

## 9. Way of the Cross Bronzes

Life-size statues line the hillside trail beside the basilica. Honoring saints and Apostles, these add a Renaissance feeling to the grounds.



*Life-size statues at the grounds*

## 10. Musée de Sainte-Anne

A separate building next to the main shrine has two floors of religious exhibitions on Ste Anne and the 300 years of pilgrimage to this holy site.

### **SAINTE ANNE DE BEAUPRE**

Records of Ste Anne, mother of the Virgin Mary, begin in the 2nd century and a cult of Ste Anne is referred to as early as the 5th century. The patroness of housewives, cabinet-makers, miners, and the Province of Quebec, she features frequently in works of art, including some by Leonardo da Vinci. Her name derives from the Hebrew *Hannah*, meaning “grace.”

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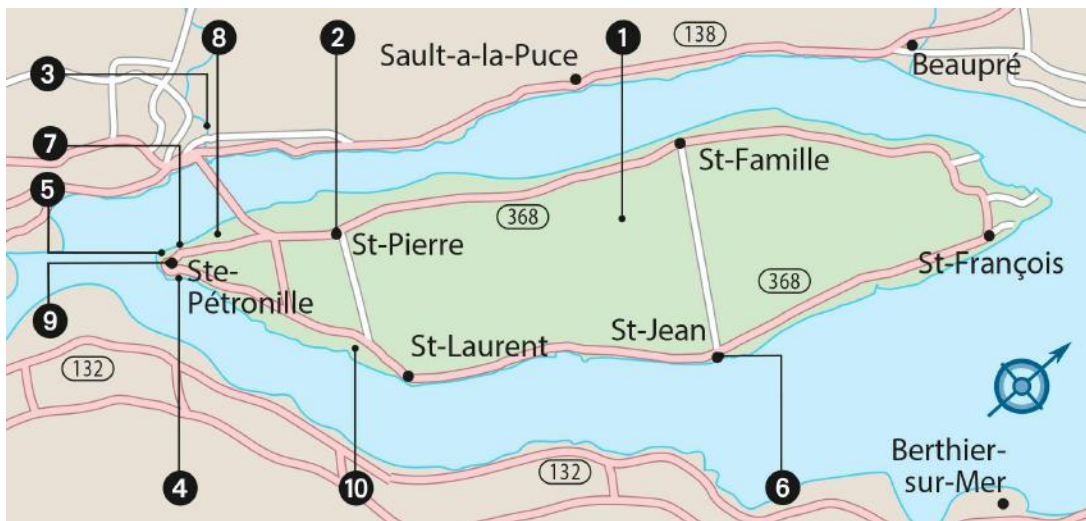
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# ÎLE D'ORLEANS

A haven of greenery and tranquility, Île d'Orléans was one of the first European settlements in the New World. Ever since Jacques Cartier arrived here in 1535, the six parishes along this 18-mile (30-km) island have maintained many of the French traditions of the first settlers, and over 600 heritage buildings present a preserved architectural gem. Rich with fertile soil, the island produces an abundance of local food that draws thousands of visitors every year.



## NEED TO KNOW

**i** *Dufferin-Montmorency highway 440*

**i** *Bureau d'information touristique • 490 côte du Pont, St-Pierre-de-l'Île-d'Orléans • 418 828 9411 •*

[www.iledorleans.com](http://www.iledorleans.com)

- Auberge Restaurant Le Canard Huppé in St-Laurent (2198 chemin Royal; 1-800-838 2292) offers fine cuisine. They have B&B rooms, should you want to stay. There are also many other B&Bs across the island.
- The tranquility here makes it a perfect spot to rent a bicycle, follow the walking guide from the Interpretation Center, or enjoy a picnic beside the river.

# 1. Île de Bacchus



When Jacques Cartier found vines here he named it Île de Bacchus after the Greek god of wine, then changed the name to honor the Duke of Orleans.

## 2. Domain Steinbach



Domain Steinbach, in St- Pierre, welcomes visitors for organic wine and cider tastings, and also makes vinegar and mustards.

## 3. Montmorency Falls



Higher than Niagara Falls, Montmorency Falls are a dramatic sight before you cross the bridge onto the island (for further details see [Excursions from Quebec City](#)).



*The arresting Montmorency Falls*

## 4. Auberge la Goeliche



Located in the lovely community of Ste-Pétronille, the Auberge la Goeliche offers guests old-world hospitality, food, and ambiance.

## 5. Chocolaterie de l'Île d'Orléans

 [Google Map](#)

Ste-Pétronille is home to the most wonderful chocolate-maker in the province, who also sells delicious home-made ice cream, jellies, and other edible goodies. It houses an interpretation center that explains the process of creating chocolate.



*The signboard for Chocolaterie de l'Île d'Orléans*



## 6. Manoir Mauvide-Genest

 [Google Map](#)

This 1734 manor is one of the oldest buildings in the province and a fine example of rural architecture from the 18th century. There's a small on-site museum and a restaurant.



*Manoir Mauvide-Genest*



## 7. Horatio Walker Studio



The Canadian landscape artist Horatio Walker was a resident of the island, and his studio has been preserved in Ste-Pétronille on the street renamed in his honor. His legacy continues in the work of other island painters such as Horace Champagne.

## 8. Le Vignoble Ste-Pétronille



With an incredible view across the St Lawrence River to Montmorency Falls, this 50-acre vineyard is an excellent example of a quality, cold-weather grape-bearing plantation that creates popular red, white, and rosé wines.



*Le Vignoble Ste-Pétronille*

## 9. Interpretation Center



The island's Centre d'Interprétation sells or rents out a 2-CD guide, which you can play in your car stereo as you tour the island – a fun way to learn about the background history of the various parishes.

## 10. La Forge-à- Pique-Assaut



The forge offers a fascinating opportunity to look inside a blacksmith's workshop. See artisan Guy Bel at work, as he continues to labor here, admirably maintaining traditional metal-working techniques.

### FELIX LECLERC

No mention of Île d'Orléans would be complete without reference to the spirit of the province at large, as it was embodied in the artistry of Félix Leclerc (1914–88). The legacy of this prolific singer, songwriter, poet, and playwright (for further details see [Félix Leclerc](#)), and his ability to perfectly express the Québécois sensibility is honored at L'Espace Félix-Leclerc (*682 chemin Royal, St-Pierre; open daily*) where there is a permanent exhibition on his work, as well as a coffee house with live entertainment and a gift shop.

 [Back to Île d'Orléans](#)

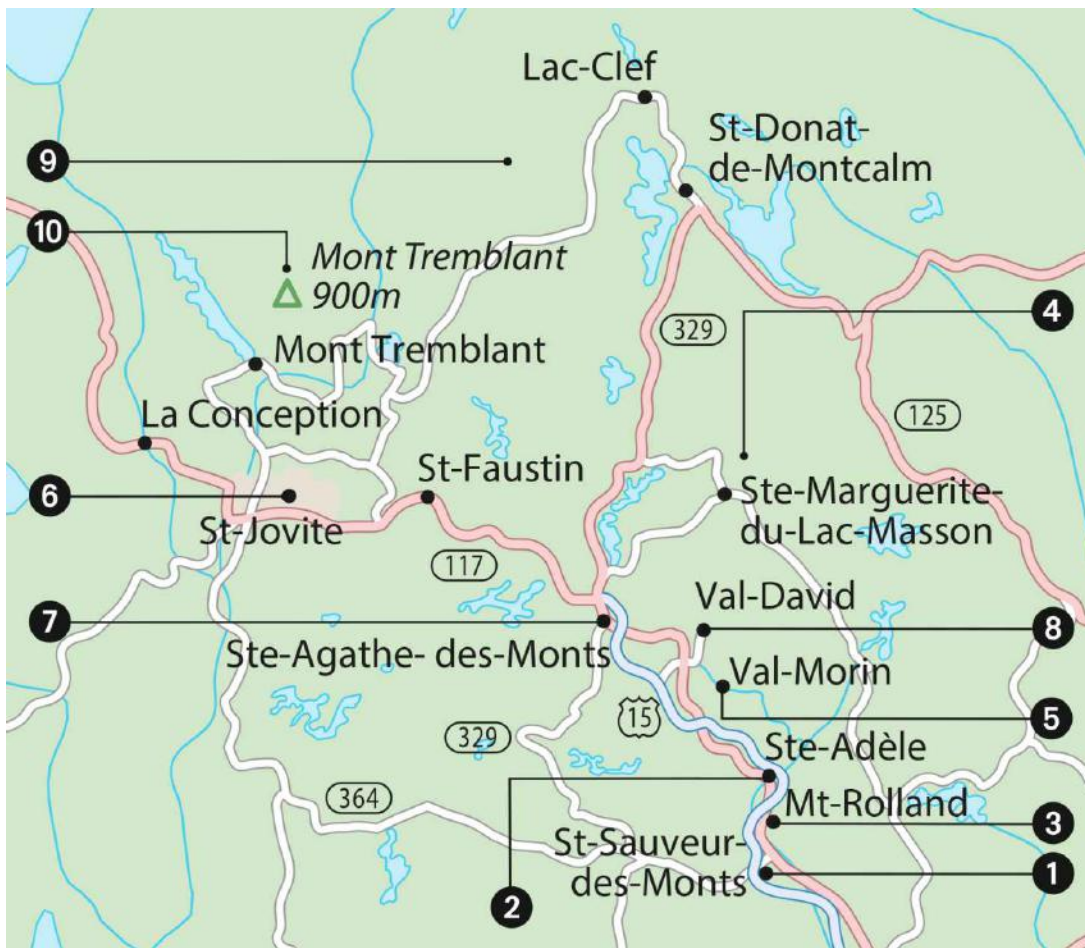
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# LES LAURENTIDES

Les Laurentides (the Laurentians) are part of a shield of forested peaks enclosed by the Ottawa, St Lawrence, and Saguenay rivers, and are known for their ski slopes, which roll into sight one hour north of Montreal. First Nations relics indicate Amerindian settlements here over 4,000 years ago. Since the 19th century the region has been a rich agricultural zone, famous for hunting, trapping, and fishing in its 6,000 lakes and ponds. Visitors can enjoy the historic Francophone villages, numerous cycling and hiking trails in summer, and luxury ski resorts in winter.



## NEED TO KNOW

■ *Maison de Tourisme de Laurentides • Port du Nord, Exit 51, Highway 15 • 450 224 7007 • [www.laurentides.com](http://www.laurentides.com)*

- Visit the busy La Table des Gourmets in Val-David for unpretentious yet sophisticated French food. The eatery is run by Breton- born chef, Thierry Rouyé, and his wife, Pascale.
- Reasonably priced and comfortable log cabins are available on a first- come-first-served basis inside the Parc National de Mont-Tremblant (1-877 688 2289).



# 1. St-Sauveur-des-Monts



Downhill skiing is the draw here in winter, but in summer the artisans' shops, restaurants, and galleries tempt visitors to town.



*The town of St-Sauveur des-Monts*



## 2. Ste-Adèle



Spectacular outdoor recreation within easy reach of Montreal attracted the first tourist train to Ste-Adèle in 1891, and the town continues to welcome ski enthusiasts to the challenging slopes today.

## 3. Mont-Rolland



The historic homes in this laid-back village were built to house workers of the Rolland Mill, which was once the main employer of this forested domain.

## 4. Ville d'Estérel



A lush, rolling area including Ste-Marguerite-du-Lac-Masson, the village where renowned artist Jean-Paul Riopelle painted for many years. The area was originally developed by a Belgian aristocrat in the 1930s.

## 5. Val-Morin



Located along the P'tit Train du Nord cycle path, this tiny Francophone village beguiles visitors as the trail meanders around Lac Raymond. Skiers can take to the slopes at the ski resort Belle Neige.

## 6. St-Jovite



The gateway to the Mont-Tremblant commercial district, the village of St-Jovite offers visitors boutiques and traditional Québécois restaurants. Visit the palatial Monastère des Apôtres de l'Amour Infini just east of town.



*St-Jovite*

## 7. Ste-Agathe-des-Monts



With its fishing, swimming, and skiing, Ste-Agathe-des-Monts became the first resort in Les Laurentides over 100 years ago.

## 8. Val-David



An enthralling town peppered with art galleries, which hosts music and poetry festivals, and mountain-biking contests.



## 9. Parc National du Mont-Tremblant

 [Google Map](#)

The largest of an awe-inspiring list of provincial parks, it provides a haven for black bears, white-tailed deer, moose, wolves, raccoons, and over 200 species of birds. Outdoor activities include canoeing, fishing, and cross-country skiing.



*Parc National du Mont-Tremblant*

## 10. Mont Tremblant

 [Google Map](#)

This is the highest peak in Les Laurentides at over 900 m (2,950 ft) and one of the most popular ski resorts in North America. Spas, shops, excellent dining, and live entertainment all add to the appeal.



*Skiing at Mont-Tremblant*

## **“JACKRABBIT” JOHANNSEN**

Born in Norway in 1875, Herman “Jackrabbit” Johannsen settled in the Montreal area with his wife and children in 1928. First Nations residents apparently gave him his nickname after watching him moving mysteriously and swiftly across the snow. This remarkable man, who lived an active outdoor life until the age of 111, put the Laurentian Mountains on the global ski map and was responsible for bringing cross-country skiing to Canada.

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# The Top 10 of Everything



The Neo-Classical Marché Bonsecours, Montreal

# THE TOP 10 OF EVERYTHING

- 1 Moments in History
- 2 Cultural Québécois
- 3 Historic Sites
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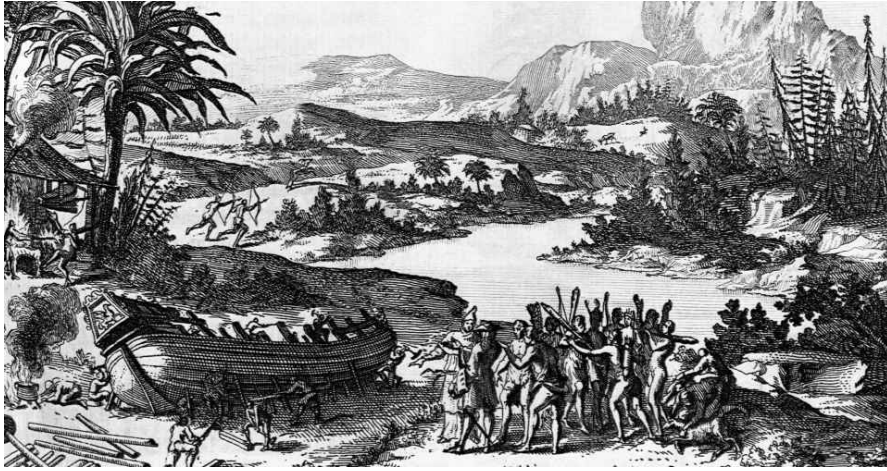
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# MOMENTS IN HISTORY



# 1. First Nations

Iroquoian and nomadic Algonquian peoples had lived in Quebec for thousands of years when the first Europeans arrived. “Kebec” is an Algonquian word meaning “place where the river narrows.”



*Iroquoian settlement on the shores of the St Lawrence River*



## 2. Jacques Cartier

The French explorer Jacques Cartier followed Basque fishing routes up the St Lawrence River, claiming “discovery” of Canada for King François I of France in 1534. He continued up the river in 1535 to land at the village of Hochelaga, where he named its mountain **Mont-Royal**.

### **3. Samuel de Champlain**

French settlement began in 1608 when Samuel de Champlain (1567–1635) arrived in the region. The position of Quebec City, protected atop Cap Diamant, became the driving force of the settlement, together with the newly found riches of the fur trade.

## 4. British Takeover

The struggle between the French and British in Europe continued in the New World. Eventually, in 1759 after a summer-long stand-off, British General James Wolfe won claim to the province during the 30-minute siege of Quebec City on the Plains of Abraham. However, in 1774 the French were granted language and religion rights (for further details see [Maison Historique Chevalier](#)).



*The siege of Quebec City, 1759*

## 5. The Creation of Canada

After the Constitutional Act (1791) separated the colony into Upper Canada (southern Ontario) and Lower Canada (southern Quebec), British Lord Durham was sent to solve the ongoing problems between the English and French halves. He declared the Union Act of 1841, which fused the two sides under a single English-speaking parliament and effectively marginalized the French. By 1848, the English were forced to accept the use of French in order to avoid a backlash. On July 1, 1867, Quebec and Ontario joined with Nova Scotia and New Brunswick to form the Dominion of Canada, a federated kingdom in its own right.

## 6. The Dark Years

Well into the 20th century the Roman Catholic church held considerable political sway in Quebec. Maurice Duplessis' right-wing Union Nationale (1936–9 and 1944–59) used the church's moral influence to gain votes and accepted \$100-million-worth of graft.

## 7. The Quiet Revolution

The collusion of church and state led to widespread resentment among Québécois. With the death of Duplessis, liberal sentiment grew. In 1960, the Liberal Party was elected, leading to province-wide social reforms and economic development.

## 8. The October Crisis

Political deadlock with Canada increased support for the separatist movement among Québécois. In October 1970 the radical separatist Front de Libération du Québec (FLQ) kidnapped two high-ranking politicians, murdering one of them.



## 9. Parti Québécois

René Lévesque's separatist Parti Québécois (PQ) was in power from 1976 to 1985 and ensured French-language dominance in Quebec with Bill 101, alarming the province's Anglophone minority.



*René Lévesque, ex-leader of the PQ*

## 10. Oui ou Non?

Opinion on whether Quebec should split from Canada has evolved over the years. In a 1995 referendum held by the PQ, just 50.5 percent voted “no.” Since then, support has fallen as the PQ drops in and out of power.

## TOP 10 MONUMENTS

### 1. Place Royale

In 1642 settlers built a stockade where Montreal was founded (for further details see [Place Royale, Montreal](#)).

### 2. Croix du Parc du Mont-Royal

The Sieur de Maisonneuve erected a cross in 1643 after the Ville-Marie settlement survived floods (for further details see [Parc du Mont-Royal](#)).

### 3. De Maisonneuve Monument

The Sieur de Maisonneuve ambushed by Iroquois stands at place d'Armes.



De Maisonneuve Monument

### 4. Nelson Monument

**i** *Place Jacques-Cartier*

Controversially erected in 1809 to celebrate victory over the French at the Battle of Trafalgar.

### 5. Saint Brother André

**i** *Bd René-Lévesque Ouest*

A bronze monument commemorates the founder of the [Oratoire St-Joseph](#).

### 6. La Foule Illuminée

**i** *Av McGill College*

This sculpture by Raymond Masson fronts the Banque Nationale de Paris.

### 7. James McGill

**i** *Av McGill College*

A monument dedicated to the university's founder.

### 8. Monument George-Étienne Cartier

Montreal's largest monument is the setting for the [Tam-Tam Festival](#).

### 9. Wolfe-Montcalm Monument

**i** *Parc des Gouverneurs*

Commemorating the French and English generals.

**10. Jardins Jeanne d’Arc**

An equestrian memorial of the French heroine is surrounded by gardens.

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# CULTURAL QUEBECOIS

## 1. Gabrielle Roy

Born in Manitoba to a French mother, and the youngest of 11 children, Roy (1909–83) escaped her family's poverty and moved to Quebec in 1939, where she began her career as a respected and prolific French-speaking novelist. Her first work, *Bonheur d'occasion* (*The Tin Flute*), was published in 1945, winning her the Prix Fémina award and the first of three coveted Governor General's awards.



*Novelist Gabrielle Roy*

## 2. Émile Nelligan

Nelligan (1879–1941) was a romantic figurehead who ushered French-Canadian poetry into a new epoch and is revered by Quebecers as their beloved literary spokesman. In 1897 Nelligan joined the École Littéraire de Montréal and caused a triumphant public reaction to the reading of his poem “La Romance du Vin.” In his later years Nelligan’s sanity deteriorated and he spent his last days in an asylum.



### 3. Mary Travers

Travers (1894–1941), born to an impoverished family on the Gaspé Peninsula, was a natural entertainer and began her career at family soirées playing jigs on the fiddle and spoons. Known as “La Bolduc,” she rose during the Great Depression to become the first popular singer-songwriter from Quebec. Today, a new generation of Quebecers enjoys her musical traditions.

## 4. Paul-Émile Borduas

The painter Borduas (1905–60) is one of Quebec's most legendary artists and also one of its greatest political activists. Born in St-Hilaire, just outside Montreal, he made his name when he criticized the established social and political norms in 1948 by writing a scathing manifesto entitled *Refus Global*. He was a founding member of the abstract Automatistes school of art, which included Jean-Paul Riopelle.

## 5. Félix Leclerc

Leclerc (1914–88) worked as a radio announcer, actor, and comedian, but he is probably best remembered as a consummate storyteller, singer, and songwriter, penning works about the Canadian countryside, solitude, and love. His monument is found on Île d'Orléans, and a statue of him has been erected in his honor in [Parc Lafontaine](#) in Montreal.

## 6. Oscar Peterson

Peterson (1925–2007) entered an amateur talent contest aged 14 in his home town of Montreal – an event that he went on to win and which inspired him to leave high school and dedicate his life to jazz. However his father only gave him permission to do so providing he worked to become the best jazz pianist in the world. Peterson succeeded beyond anyone’s imagination: five unequalled decades of recordings are a testament to his virtuosity and have made him one of the greats of this musical genre.



*Oscar Peterson receiving a Grammy*

## 7. Mordecai Richler

The Montreal novelist, essayist, and critic (1931–2001) was known for his sarcastic wit and biting opposition to Quebec's separatist elements. His most popular book, *The Apprenticeship of Duddy Kravitz* (1959), was adapted for film, launching Richard Dreyfuss to Hollywood stardom in 1974. Richler is best known for writing about greed and the human condition, as in *St Urbain's Horseman* (1971) and *Barney's Version* (1998), but he also wrote a number of humorous essays.

## 8. Robert Lepage

The first North American to direct a Shakespeare play at London's Royal National Theatre, Lepage (b.1957) is one of the most successful and daring writer/directors in the visual-arts world. He has won every available Canadian award for his brilliant theatrical staging and continues to expand his creativity as a filmmaker.

## 9. Cirque du Soleil

This circus troupe was born as street performers in Malbaie, east of Quebec City. Employing a mix of stunning acrobatics, dazzling costumes, and inventive music, Cirque has become the most famous circus in the world. Headquartered in Montreal, Cirque has touring and resident shows in cities around the globe, most evident in Las Vegas.



*A magical performance from circus troupe Cirque du Soleil*

## 10. Céline Dion

Dion (b.1968) was born into a musical family in Charlemagne. A demo tape made at 12 years old led to an agent, the late René Angélil, a recording contract, and eventually to her and Angélil's marriage. Today, Dion is one of the greatest Canadian artists in history, with record sales of over 200 million copies worldwide.



*Céline Dion in concert*

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# HISTORIC SITES

# 1. Marché Bonsecours, Montreal



This beautiful Neo-Classical domed structure was once home to Canada's parliament but is today used variously as a produce market, art gallery, concert venue, reception hall, and shopping mall, and is home to Quebec Crafts Council. The symmetrical gem of Vieux-Montréal features a Greek Revival portico and cast-iron columns made in the early 1800s (for further details see [Marché Bonsecours](#)).



*Marché Bonsecours, one of Canada's finest heritage buildings*

## 2. La Citadelle, Quebec City



The colossal fortification was originally built by Royal Engineer Dubois Berthelet de Beaucours in 1693. The complete star-shaped bastion seen today, however, is primarily the work of English Colonel Elias Durnford, constructed between 1820 and 1832 (for further details see [La Citadelle, Quebec City](#)).

### 3. Basilique Notre-Dame, Montreal



Once the largest church in North America, the imposing Gothic towers of the cathedral loom over Place d'Armes. The inside has a decorative nave composed of stained-glass windows, hand-carved wooden statues, ornate goldleaf trimmings, and paintings (for further details see [Basilique Notre-Dame](#)).

## 4. Place Royale, Montreal



Montreal's oldest public square (1657) is located on the site where the city was originally founded in 1642. Small and easy to overlook, the square features the [Pointe-à-Callière museum](#), a gift shop, and outdoor events. The residence of Louis-Hector Callière, a French governor, was also once located here, as was the 19th-century Royal Insurance Building and Montreal's first Customs House.

## 5. Château Ramezay, Montreal



An elegant heritage museum sits across the street from the Hôtel de Ville in an 18th-century former governor's home. Artifacts from Amerindian societies through to the arrival of British and French colonizers up to 1900 are on display. The gift shop has unique souvenirs and the comfortable café terrace faces onto the Jardins du Gouverneur and [Place Jacques-Cartier](#).



*Elegant interior of Château Ramezay*

## 6. Sir George-Étienne-Cartier National Historic Site, Montreal



A Victorian home, restored by Parks Canada as a National Historic Site, contains marvelous interactive exhibitions inviting visitors into a typical 19th-century parlor. Enjoy theatrical re-enactments portrayed in shows such as “A Victorian Christmas,” “A Servant Confides,” and “Elegance and Propriety: Etiquette at the Cartiers,” all of which offer a fascinating insight into the lives once lived here (for further details see [Sir George-Étienne-Cartier National Historic Site](#)).



*Exhibit at Sir George-Étienne-Cartier National Historic Site*



## 7. Place Jacques-Cartier, Montreal



The magnetic center of Vieux-Montréal, this square offers a variety of stores, clubs and restaurants, while being enlivened by street performers and horse-drawn *calèche* rides. This is a wonderful spot to arrange meetings, take breaks from sightseeing, sit in the sun with a good book, or simply people-watch. Look out for an entertaining troupe called the Old Montreal Ghost Trail located just south of the square, who offer fascinating tours of the city's eerier past (for further details see [Place Jacques-Cartier and Place de la Dauversière](#)).

## 8. Hôtel de Ville, Montreal



While visiting Montreal's World Fair in 1967, French president Charles de Gaulle made history from the balcony of this building by announcing "*Vive le Québec – Vive le Québec Libre!*" ("Long Live Quebec – Long Live Free Quebec"), proving his support for the province's separation from the rest of Canada (for further details see [Centre d'Interprétation de Place-Royale](#)). Sign up for a guided tour to enjoy fully the grace of this historic town hall built in the Second Empire style (for further details see [Basilique Notre-Dame](#)).

## 9. Parc des Champs-de-Bataille, Quebec City



This park is a commemoration of the Battle of the Plains of Abraham, in which the generals of both sides, English General Wolfe and French General Montcalm, died during a fierce engagement lasting only 30 minutes (for further details see [Samuel de Champlain](#)). The element of surprise was on the side of the British as no army had ever before managed to scale the Cap Diamant escarpment. A visit to the Maison de la Découverte (Discovery Pavilion) at 835 rue Wilfrid-Laurier will explain more on this important event and its resulting effect on Canadian history (for further details see [Trompe-l'Œil](#)).

## 10. Château Frontenac, Quebec City



Among the most photographed hotels in the world, this elegant château poses majestically on the heights of Haute-Ville. Built by railroad tycoon Cornelius Van Horne, this hotel was the first to belong to the Canadian Pacific railroad empire (for further details see [Places to Stay](#)).



*Iconic Château Frontenac*

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# PARKS AND WATERWAYS

# 1. Parc Lafontaine, Montreal



On the site of an old military armament range, attractive tree-lined pathways and shady spots are a perfect setting for many cultural events, celebrations, and community activities throughout the year. The park is a friendly neighborhood expanse containing a duck pond, cultural center, concert venue, and monuments honoring Québécois figures such as Félix Leclerc.



*Urban green space of Parc Lafontaine*



## 2. Parc du Mont-Royal, Montreal



The largest and most inviting natural playground in Montreal is a year-round magnet for outdoor sports enthusiasts as well as leisure and relaxation buffs. Parc du Mont-Royal boasts a wealth of wildlife and bird species, as well as a lake, streams, hiking paths, summer cycling, and winter cross-country skiing trails, lookouts, an interpretation center, and a wonderful collection of original sculptures (for further details see [Parc du Mont-Royal](#)).

### 3. Parc Maisonneuve, Montreal

 *Métro Viau*

 [Google Map](#)

Situated within the **Parc Olympique** area, these 60 acres of greenery provide fun and leisure in the east of the city. Facilities include a nine-hole golf course in summer and a winter ice-skating rink.

## 4. Pôle-des-Rapides

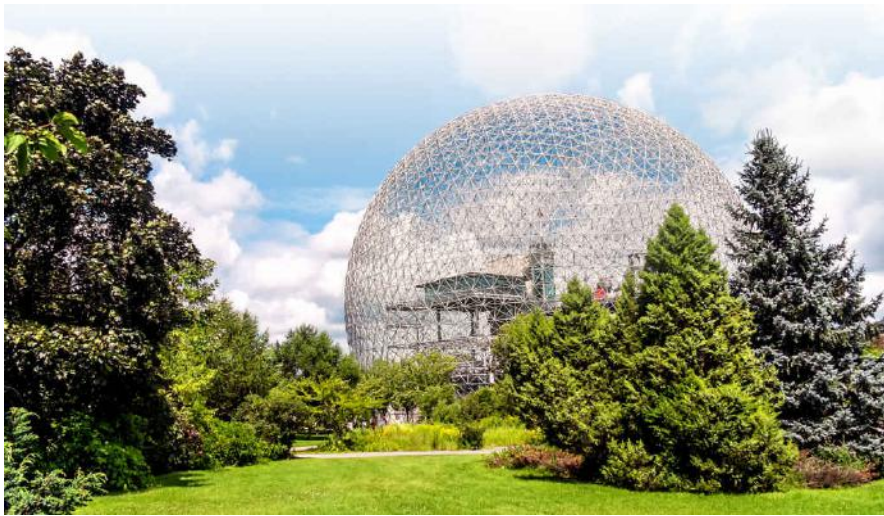


This historic area originated from the drama of the Lachine Rapids, which prevented early explorers, settlers, traders, and the military from continuing farther west. It now includes the communities of Lachine, LaSalle, and Verdun, minutes from downtown Montreal. Boasting the most popular cycle path in Canada and 60 miles (100 km) of trails, the district is also home to the Lachine National Historic Fur Trading Museum.

## 5. Parc Jean-Drapeau, Montreal



Parc Jean-Drapeau is made up of Île Sainte-Hélène and Île Notre-Dame. Most visitors come here to attend the amusement park or the numerous festivals and fireworks displays held throughout the year.



*Biosphère, Parc Jean-Drapeau*

## 6. Parc des Champs-de-Bataille, Quebec City



The city's largest and most picturesque park. With over 250 acres of undulating hills and the St Lawrence River on the horizon, it's hard to believe that beautiful Battlefields Park has such a harsh military history. It was the site of the famed Battle of the Plains of Abraham in 1759, the events of which formed British Canada (for further details see [Parc des Champs- de-Bataille](#)).



*Parc des Champs-de-Bataille*

## 7. Parc de la Francophonie, Quebec City



Created to commemorate the cultural alliance of 50 French-speaking countries, this peaceful park, dotted with its ponds and fountains, is in stark contrast to the politically active area in which it lies, right beside the parliament building. This historic area was formerly known as Quartier St-Louis.

## 8. Parc du Cavalier du Moulin, Quebec City



At the western end of rue Mont-Carmel sits a delightful park, where poets, lovers, and tourists enjoy the remarkable view of avenue Sainte-Geneviève, the Chalmers-Wesley United Church, Hôtel du Parlement, La Citadelle, and the striking houses standing on rue Saint-Louis.

## 9. Parc Montmorency, Quebec City



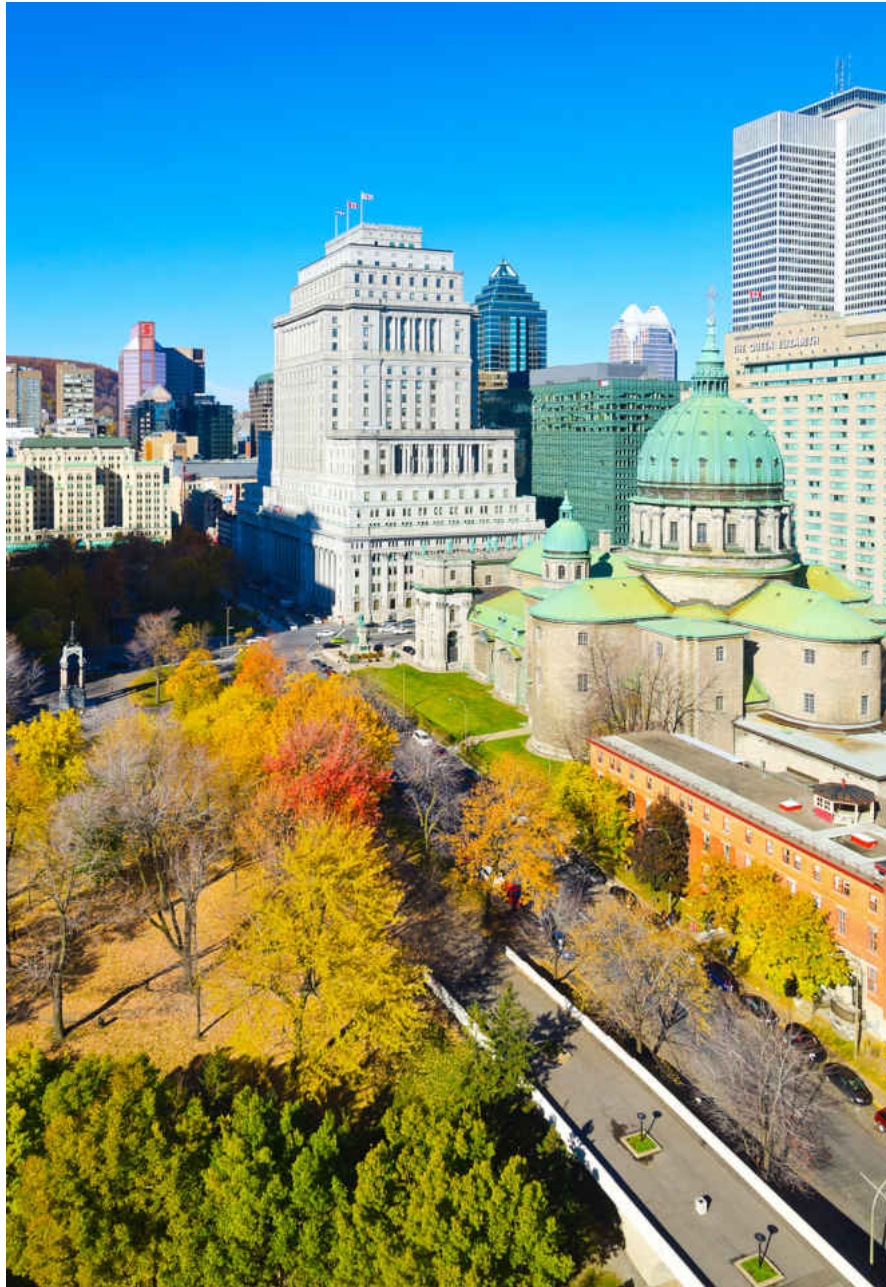
At this magnificent vantage point, overlooking the St Lawrence River, Alfred Laliberté, a Montreal sculptor, has created bronze memorials to many famous Canadians, including one of Sir George-Étienne Cartier, whose signature is on the Confederation Act of 1867. From here there are great views of the Séminaire de Québec.



## 10. Square Dorchester and Place du Canada, Montreal



This gracious square was the Catholic cemetery from 1798 to 1854 and is surrounded by elegant churches and buildings. Highlighted by the Sun Life Building on its east side, once the largest structure in the British Commonwealth, Square Dorchester contains numerous monuments, including one of the first French Canadian prime minister Sir Wilfrid Laurier, and is the starting point for city tours. Place du Canada has manicured gardens and was established to honor the nation's dead from both World Wars.



*Place du Canada, Montreal*

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# OUTDOOR ACTIVITIES

# 1. Boating, Canoeing, and Rafting

**i** Jetboat excursions: 47 rue de la Commune Ouest • 514 284 9607

• [www.jetboatingmontreal.com](http://www.jetboatingmontreal.com)

These activities have always been an integral part of life in Montreal. Yachts and sailboats contribute to the colorful marine ambiance of the Vieux-Port in Montreal. Saute-Moutons is the premier Lachine Rapids jetboat (motorized rafting) excursion, departing from the Quai de l'Horlogerie, while canoeing can be enjoyed on the Canal Lachine.



*Sightseeing tour boat*

## **2. Parc Linéaire Le P'tit Train du Nord**

A former rail track has now been turned into a 125-mile (200-km) hiking, cycling, and cross-country ski trail. The train once took weekenders from Montreal to the part of the Laurentian mountains located at the southern end to Mont-Laurier on the northern extreme.

### 3. Swimming

There are more than 30 indoor pools in the Montreal area, including Olympic-size facilities at Parc Olympique (for further details see [Parc Olympique](#)). In summer there is a beach on Île Notre-Dame, south of Vieux-Port, with a shop, restaurant, and picnic areas.

## 4. Skating and Snowshoeing

Indoor arenas in summer and outdoor city parks and lakes in winter provide numerous ice-skating options in both cities. Snowshoeing is reserved for larger areas such as Parc du Mont-Royal in Montreal.



## 5. Rapelling and Mountain Climbing

**i** Sépaq • 1 800 665 6527 • [www.sepaq.com](http://www.sepaq.com)

These are two of the fastest growing adventure sports throughout Quebec, with a bevy of challenges available outside both cities. The vast mountainous expanses are overseen by Sépaq (Parks Québec).

## 6. Skiing

Quebec has hundreds of downhill skiing trails throughout the Laurentian, Adirondack, Green, and White Mountain ranges within hours of both cities. The **Cantons de l'Est** offer excellent pistes at Mont Orford, while near Quebec City are ski runs at **Mont Sainte-Anne**. Cross-country legends abound in Quebec, with Herman “Jackrabbit” Johannsen at the top of the list. Montreal is filled with large parks ideal for cross-country skiing.



*Skiing in Les Laurentides*

## 7. Dogsledding

**i** *Sépaq: 1 800 665 6527*

Winter dogsled trips are a fantastic way of becoming one with nature as packs of huskies pull you through the forests of the province. Contact Sépaq for more information.

## 8. Biking

Montreal is crisscrossed with bike trails, including along the waterfront, and Quebec City offers unique pedaling paths through historic neighborhoods. The Cantons de l'Est boast cycling trails past rolling hills and quiet rivers, with the snow-capped peaks beyond.



*Bicycling in Montreal*

## 9. Horse Riding

**i** *Mountains View Ranch: 514 608 7075*

West of Montreal is horse country; make a day of it by touring the rolling hills of **Hudson and Rigaud** and be back in the city by nightfall. The Mountains View Ranch also has a network of trails.

## 10. Fishing and Hunting

**i** *Fishing and hunting trips: Quebec Outfitters • 1 800 567 9009 • [www.pourvoiries.com](http://www.pourvoiries.com)*

Wildlife abounds for hunters in Quebec, whether searching for white-tailed deer, moose, caribou, or pheasant. Fishing here offers some of the world's best for river salmon.

## TOP 10 SPECTATOR SPORTS

### 1. Les Canadiens de Montréal Club de Hockey

One of the world's most successful professional sports organizations attracts 800,000 fans to the Bell Centre for their famous ice-hockey battles.



Ice-hockey players in action

### 2. Tournoi International de Hockey Pee-Wee de Québec

The largest youth ice-hockey tournament in the world.

### 3. Formula 1 in Montreal

The planet's fastest drivers tour the Circuit Gilles-Villeneuve in Montreal's annual F1 **Grand Prix**.

### 4. Quebec City's Red Bull Crashed Ice Tournament

Competitors strap on skates and pads to race down an ice track which involves spectacular crashes.

### 5. Tour de l'Île de Montréal

The entire city turns out for this 40-mile (65-km) bicycle race.

### 6. Montréal Alouettes Canadian Football

Winner of the 2010 Grey Cup, the Montréal Alouettes play at the Percival Molson Stadium.

### 7. Montreal Impact Soccer

Montreal's Impact is the city's main soccer team.

### 8. Parc Jarry Tennis Championships

Parc Jarry hosts international professional tennis events.

### 9. Grand Prix Cycliste de Montréal

During this one-day race, cyclists must climb and descend on a 7.5-mile (12-km) circuit that runs around Mont-Royal 17 times.

## 10. Montreal Marathon

Every September hundreds of runners take part in this race through the city.

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# CHILDREN'S ATTRACTIONS

# 1. Centre des Sciences de Montréal



The underlying thrust of this center is to demystify all aspects of science, from technology and how it influences our daily lives, to exploring the underwater world of the ocean. Innovative interactive games make the learning fun. For younger kids there is an indoor playground with a model dragon (for further details see [Centre des Sciences de Montréal](#)).



*Centre des Sciences de Montréal*

## 2. La Ronde Six Flags Amusement Park, Montreal

**i** 22 chemin MacDonald, Île Ste-Hélène • 514 397 2000 • Open May–Oct: daily • Adm • [www.laronde.com](http://www.laronde.com)

 [Google Map](#)

The largest amusement park in Quebec was originally opened for Expo '67. Since Six Flags took over as owner in 2001, however, even more fun can be had as new rides and attractions are added each year. Enthusiasts will love Vertigo, which swings visitors 60 ft (18 m) up in the air through a 360-degree rotation. Tamer rides, such as spinning tea cups and carousels, will appeal to younger children.



*One of the many hair-raising rides at La Ronde Six Flags Amusement Park*

### 3. Insectarium, Montreal

**i** 4581 rue Sherbrooke Est • Métro Pie-IX • 514 872 1400 • Open daily (times vary) • Adm • [www.espacepourlavie.ca/insectarium](http://www.espacepourlavie.ca/insectarium)

 [Google Map](#)

This astounding display celebrates insects of every size and shape. It opened in 1990 thanks to Georges Brossard, who traveled the world to collect the fascinating bugs. Although most of the insects are dead, there are live tarantulas and other creepy crawlies, safely ensconced behind glass (for further details see [Insectarium](#)).

## 4. Biodôme, Montreal

**i** 4777 av Pierre-de-Coubertin • Métro Viau • 514 868 3000 •

*Closed for renovations until 2018 • Adm •*

[www.espacepouurlavie.ca/biodome](http://www.espacepouurlavie.ca/biodome)

 [Google Map](#)

It is rare to see birds from the northern and southern hemi-spheres in one place, but in this unusual exhibit, animals from the Arctic, Antarctic, Tropics, Laurentian, and St Lawrence marine habitats are housed under one roof in controlled settings to resemble their natural habitats (for further details see [Biodôme](#)).

## 5. Rio Tinto Alcan Planetarium, Montreal

**i** 4801 av Pierre-De Coubertin • Métro Viau • 514 868 3000 •  
Opening times vary • Adm • [www.espacepourelavie.ca/planetarium](http://www.espacepourelavie.ca/planetarium)

 [Google Map](#)

In the latest addition to Parc Olympique, visitors are propelled into the heavens courtesy of high-precision technology. A fascinating journey into time and outer space to make sense of the planets and the universe.



*Rio Tinto Alcan Planetarium*

## 6. Laser Quest, Montreal

**i** 1226 rue Ste-Catherine Ouest • 514 393 3000 • Open 5–9pm Tue–Thu, 4–11pm Fri, 10am–11pm Sat, 10am–8pm Sun; Mon for private groups only • Adm

 [Google Map](#)

The dark labyrinth of passageways in this multilevel arena feature fog, specialized lighting, and music. The aim of the game is to find and tag your opponents as often as you can.



## 7. Cosmodôme, Laval

**i** 2150 Laurentian Autoroute, Laval • 450 978 3600 • Open 10am–6pm Tue–Sun (daily Jul & Aug) • Adm • [www.cosmodome.org](http://www.cosmodome.org)

 [Google Map](#)

A fascinating look at space and the universe in all its diversity. Large-scale models of the solar system explain the make-up of every planet, while the rockets exhibition provides an insight into space travel.


## 8. Le Théâtre de L'Oeil, Montreal

**i** 7780 av Henri-Julien • 514 278 9188 • Open 10am–6pm Tue–Sun • Adm • [www.theatredeloil.qc.ca](http://www.theatredeloil.qc.ca)

 [Google Map](#)

Performances, workshops, and exhibitions are all part of the fun at this puppet theater. Kids can watch how the puppets are made, learn to pull their strings, and then attend a show.





*Rocket exhibit, Cosmodôme*

## 9. Biosphère, Montreal



Housed in Expo '67's iconic American pavilion designed by American architect Buckminster Fuller, the Biosphère is intended to introduce children to environmental issues in a fun and engaging manner (for further details see [Biosphère](#)).

## 10. Zoo do Granby



This well-curated zoo – one of the largest in Canada – features wildlife from all corners of the globe, including zebras from Africa, piranhas and jaguars from South America, and the world’s largest felines from Asia. Plus, the zoo abounds with kid-friendly activities like splashing in a wave pool, rafting down the Cunucunoma River, and lively day camps (for further details see [Zoo de Granby](#)).



*Elephant at Zoo de Granby*

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# PERFORMING ARTS VENUES



# 1. Théâtre de Quat’Sous, Montreal

**i** 100 av des Pins Est • 514 845 7277 • [www.quatsous.com](http://www.quatsous.com)

**📍** [Google Map](#)

Set in a former synagogue, this brilliant French troupe has given many young performers, writers, and producers their first platform.



*Auditorium, Théâtre de Quat’Sous*

## 2. Théâtre d'Aujourd'hui, Montreal

 3900 rue St-Denis • 514 282 3900

 [Google Map](#)

A French theater company founded in 1968, committed to writing, staging, and producing Québécois plays. It is guided by the passion of artistic director Marie-Thérèse Fortin.


### 3. Théâtre du Nouveau Monde, Montreal

**i** 84 rue Ste-Catherine Ouest • 514 866 8668

 [Google Map](#)

Begun in 1951, this is the heart of Québécois theater. The company moved to this heritage building in 1972 and has been putting on legendary shows ever since.

## 4. Place des Arts, Montreal

 514 842 2112 • [www.pda.qc.ca](http://www.pda.qc.ca)

 [Google Map](#)

The cultural centerpiece of Montreal. Five modern venues and an outdoor plaza house countless performances and are permanent homes to the Orchestre Symphonique de Montréal, Opéra Montréal, and the Grands Ballets Canadiens de Montréal. It is also the home of the International Jazz Festival of Montreal, Festival FrancoFolies, and [Festival Montréal en Lumière](#).

## 5. Grand Théâtre de Québec, Quebec City

**i** 269 bd René-Lévesque Est • 418 643 8131 •

[www.grandtheatre.qc.ca](http://www.grandtheatre.qc.ca)



Conceived by Canadian architect and urban theorist Victor Prus, this inventive space uses a stacked concert hall grid to overcome space limitations. Opened in 1971, the theater features a spectacular mural by Quebec artist Jordi Bonet, which leads to the Salle Louis-Frédérique and Octave-Crémazie concert halls. Théâtre Trident, Opéra de Québec, and the Club Musical de Québec are based here, as well as the Orchestre Symphonique de Québec. Pop concerts are also staged here occasionally.

## 6. Théâtre du Rideau Vert, Montreal

**i** 4664 rue St-Denis • 514 844 1793 • [www.rideauvert.qc.ca](http://www.rideauvert.qc.ca)

 [Google Map](#)

For over 60 years (established in 1949) this French-speaking theater has had an outstanding reputation for the quality of its productions. The program offers everything from classics to contemporary works to international tours.



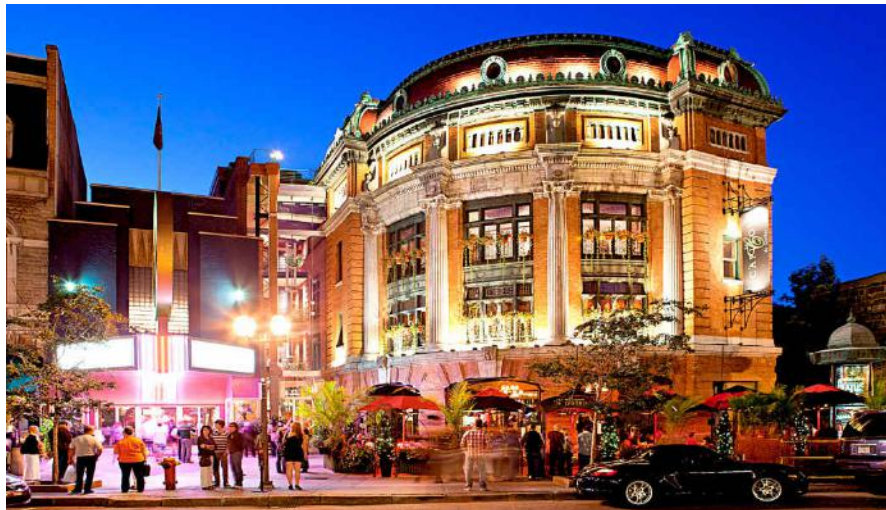
*Production at Théâtre du Rideau Vert*

## 7. Le Capitole de Québec et Cabaret du Capitole, Quebec City

**i** 972 rue St-Jean • 418 694 4444 • [www.lecapitole.com](http://www.lecapitole.com)

 [Google Map](#)

Le Capitole is a testament to the committed preservation of historic buildings in Quebec City. Built in 1903 and refurbished by New York architect Thomas W. Lamb in the 1920s, it was given a third lease on life in the 1980s and is now the preferred showcase for theater, cabaret, and cultural events.



*Le Capitole de Québec, illuminated during an evening performance*

## 8. Théâtre du Petit Champlain Maison de la Chanson, Quebec City

**i** 68–78 rue du Petit Champlain • 418 692 2631 •

[www.theatrepitchamplain.com](http://www.theatrepitchamplain.com)

 [Google Map](#)

Perhaps the most compelling modern theater in the country is hidden on a crowded stretch of the rue du Petit Champlain. The building is a beautiful balance of history and contemporary design; inside, the performance space is comfortable and the audience seating generous. The schedule has up-and-coming acts as well as established artists.



## 9. Théâtre de la Bordée, Quebec City

**i** 315 rue St-Joseph Est • 418 694 9721 • [www.bordee.qc.ca](http://www.bordee.qc.ca)

 [Google Map](#)

After staging over 100 productions in temporary digs, the French-speaking Théâtre de la Bordée troupe has finally found its own home, in the refurbished Pigalle movie house in the Quartier St-Roch. Under the influence of artistic director Luc Robitaille, the company is inviting luminaries such as **Robert Lepage** to mount original works.

## 10. Centaur Theatre, Montreal

**i** 453 rue St-François-Xavier • 514 288 3161 •

[www.centaurtheatre.com](http://www.centaurtheatre.com)

 [Google Map](#)

Montreal's principal English-language theatrical venue was founded in 1969. Housed in the Old Stock Exchange Building, it has two stages and is fast becoming known for its world-class productions. The program varies between Broadway musicals and contemporary Canadian drama, as well as works by international playwrights.



*Entrance to the Centaur Theatre*

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# **MONTREAL AND QUEBEC CITY FOR FREE**

# 1. Free Festivals

The festivals of Montreal and Quebec City feature a huge variety of free shows and performances, from stand-up comedy at Juste pour Rire (for further details see [Festivals and Events](#)) to jazz shows at [Festival International de Jazz de Montréal](#) to winter fun at the [Carnaval de Québec](#).



*Quebec winter carnival sculpture*

## 2. Free Days at Museums

There is free admission to the **Maison Chevalier** in Quebec City every day, and to the permanent collection at **Musée des Beaux-Arts de Montréal**. During UNESCO's International Museum Day (late May), numerous museums are free of charge from 9am until 6pm and provide a free shuttle bus.



*Musée des Beaux-Arts, Montreal*

### 3. Tango Libre

 [www.tangolibre.ca](http://www.tangolibre.ca)

 [Google Map](#)

It may take two to tango, but in Montreal it also takes no money. The perennially popular Tango Libre offers free introductory classes, at various parks in the summer and in studios in the winter.

## 4. Maisons de la Culture

**i** [www.accessculture.com](http://www.accessculture.com)

Montreal's secret for free entertainment is the Maisons de la Culture network, which is a series of venues offering complimentary performances, from performing arts to photography, by local artists.



## 5. Church Concerts

**i** [www.montrealcathedral.ca](http://www.montrealcathedral.ca) • [www.notre-dame-de-quebec.org](http://www.notre-dame-de-quebec.org)

Numerous churches and cathedrals host free concerts, including the Christ Church Cathedral in Montreal and the Basilique-Cathédrale Notre-Dame-de-Québec in Quebec City. Also, you can celebrate Sunday mass at 11am at [Montreal's Notre-Dame Basilica](#) to the uplifting sounds of a choir.

## 6. City Parks

Montreal's **Parc du Mont-Royal**, which elegantly presides over the city, abounds with free outdoor activities, from strolling the shaded paths to floating toy boats at Lac Aux Castor (Beaver Lake). Just northeast of Quebec City, explore the lush greenery and trickling streams of Parc Chauveau.

## 7. McGill University



Stroll through a Neo-Classical stone gate to enter McGill, Montreal's prestigious university, which is filled with free arts and culture. The Musée Redpath showcases a top-notch anthropological collection and the campus is dotted with sculptures, notably Raymond Mason's *The Illuminated Crowd*. You can often catch free performances at the Schulich School of Music (for further details see [McGill University](#)).



*Musée Redpath, McGill University*

## 8. Free Walking Tours

**i** [www.freemontreal.com](http://www.freemontreal.com) • [www.afreetourofquebec.com](http://www.afreetourofquebec.com)

Explore both cities on free walking tours, like the Free Old Montreal Tour, a historical and cultural tour led by a local, and A Free Tour of Quebec.

## 9. Art Mûr Gallery, Montreal

**i** 5826 rue St-Hubert • 514 933 0711 • Closed Sun–Mon •

[www.artmur.com](http://www.artmur.com)

 [Google Map](#)

Peruse contemporary art by award-winning artists from around Canada – and the world – at this free gallery.

## 10. Théâtre de Verdure

 [www.accesculture.com/contenu/theatredeverdure](http://www.accesculture.com/contenu/theatredeverdure)

 [Google Map](#)

This amphitheater, located in Montreal's Parc de la Fontaine, features a diverse array of free performances in summer that includes theater, dance, and music.

## TOP 10 BUDGET TIPS

1. The Montreal Métro subway offers free travel on Christmas Day, New Year's Day, and St-Jean Baptiste (June 24).
2. Quebec City and Montreal are famous for cheap comfort food outlets, including *casse-croûtes* (snack bars).
3. *Friperies* (secondhand clothiers) sell fashions from every era and style at cheap prices. Rue St-Denis, avenue Mont-Royal, rue Ste-Catherine Est, and boulevard St-Laurent in Montreal are good places to scout.
4. Munch on wedges of Québécois cheese, olives, warm bread rolls, and other complimentary local samples at Jean-Talon Market and Atwater Market in Montreal, and Le Marché du Vieux-Port in Quebec City.



Bakery, Jean-Talon Market

5. Sleep for cheap at youth hostels, including the Université du Québec à Montréal and the HI Quebec City.
6. Pick up the Passeport MTL card ([www.passeportmtl.com](http://www.passeportmtl.com)), which offers free access to key city attractions and unlimited use of public transport.
7. Nab same-day discount tickets to the symphony, opera, theater, comedy, and more through La Vitrine ([www.lavitrine.com](http://www.lavitrine.com)), a ticket booth at Montreal's Place des Arts in downtown.
8. For a cheap night out, head to *apportez votre vin* ("bring your own wine") restaurants. Before dinner, enjoy the *cinq à sept* (5–7pm happy hour).
9. The Express Bus 747 ([www.stm.info](http://www.stm.info)) is the cheapest ride between the airport and Montreal's city center.
10. Check the local papers for free or discounted entertainment; the Vieux-Port areas in both Montreal and Quebec City regularly present outdoor concerts and firework displays for free.

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# FESTIVALS AND EVENTS

# 1. Grand Prix du Canada

 [www.circuitgillesvilleneuve.ca](http://www.circuitgillesvilleneuve.ca)

 [Google Map](#)

Montreal hosts the world's fastest drivers each year for its Formula 1 Grand Prix, drawing thousands of visitors from across the globe. The event is held at the Circuit Gilles-Villeneuve, named after the French-Canadian racing driver.

## 2. L'International des Feux Loto-Québec

**i** Wed & Sat: 10pm •

[www.laronde.com/fr/larondefr/linternational-des-feux/accueil](http://www.laronde.com/fr/larondefr/linternational-des-feux/accueil)

 [Google Map](#)

From mid-June to the end of July the skies over Vieux-Montréal light up twice a week with explosive theatrics. Held at **La Ronde amusement park**, countries from around the world display their pyrotechnic talents.



*L'International des Feux Loto-Québec*

## 3. Le Festival International de Jazz de Montréal

**i** Late Jun–Jul • [www.montrealjazzfest.com](http://www.montrealjazzfest.com)

 [Google Map](#)

The world's largest jazz festival takes over the concourse at Place des Arts in downtown Montreal, as well as neighborhood clubs, restaurants, and parks. Each year several million visitors party for 11 days of free outdoor concerts and a wide variety of musical events involving internationally renowned musicians.



*Musicians perform at Le Festival International de Jazz de Montréal*

## 4. Just For Laughs Festival

**i** [www.hahaha.com](http://www.hahaha.com)

Over 1.5 million jolly patrons attend a banquet of mirth each year in July at Montreal's comedy festival (Juste pour Rire). From quirky free shows staged in the Quartier Latin streets to the constantly sold-out Club Series and Loto-Québec Galas, humor in all its forms is on offer from more than 600 international performers.

## 5. Les FrancoFolies de Montréal

 Jun • [www.francofolies.com](http://www.francofolies.com)

 [Google Map](#)

A wildly eclectic music festival celebrating all types of French music. Over 500,000 people attend concerts by groups far from the mainstream of North American culture, with styles ranging from hip-hop to creole, rap, swing and, of course, traditional French songs.

## 6. Festival Montréal en Lumière

 [www.montrealenlumiere.com](http://www.montrealenlumiere.com)

 [Google Map](#)

The spirits of Montrealers are given a boost during the winter months in this celebration of life through light. Each night over the festival's two-week run in February, organizers host a wild combination of attractions, from outdoor sound and light (*son et lumière*) productions, to indoor concerts, illuminated buildings, theater and dance performances, culinary soirées of traditional foods, and nightly fireworks. This is a spectacular time to be visiting the city.



## 7. Festival d'Été de Québec

 [www.infofestival.com](http://www.infofestival.com)

 [Google Map](#)

For ten explosive days each July, Quebec City becomes one mammoth outdoor music stage as performers flock from all over the world to perform countless styles of music for the enthusiastic crowds. This enormous spectacle is the most spirited activity of the summer, with 500 shows and some 1,000 artists blasting out their sounds at over 15 different performance venues.

## 8. Festival International d'Arts Traditionnels de Québec



A superb multicultural festival each fall at [Chapelle du Musée de l'Amérique Francophone](#) in Vieux-Québec offers a sensuous feast of traditional music, dance, crafts, foods, and laughter. Share homespun hilarity while watching teams joust during *joute chantée* (an improvised singing tournament), or during the culinary fun of *souper chanté* (singing supper). Singers come from as far afield as Guatemala, Japan, Greece, Martinique, and Senegal.

## 9. Fêtes de la Nouvelle-France

 [www.nouvellefrance.qc.ca](http://www.nouvellefrance.qc.ca)

 [Google Map](#)

A large-scale voyage back in time transforms Place Royale and the Basse-Ville section of Quebec City into a magical melange of period costumes, traditional music and dance, and authentic foods, all to celebrate the settling of the city by the French in the 1600s (for further details see [Moments in History](#)). Early August crowds are invited to attend over 600 performances by local actors, musicians, dancers, and artists.



*Fêtes de la Nouvelle-France*

## 10. Carnaval de Québec

 [www.carnaval.qc.ca](http://www.carnaval.qc.ca)

 [Google Map](#)

Few events define Quebec City like the Carnaval de Québec, one of the largest winter festivals in the world. Among the festival high-lights are the fairytale Palais de Glace (Ice Palace), which is constructed from 6,000 frozen blocks of ice; the International Snow Sculpture competition; parades; and Québécois food and drink, including Caribou, made with vodka, sherry, port, brandy, and maple sugar.





*Bonhomme, the Carnaval mascot*

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# Montreal and Quebec City Area by Area

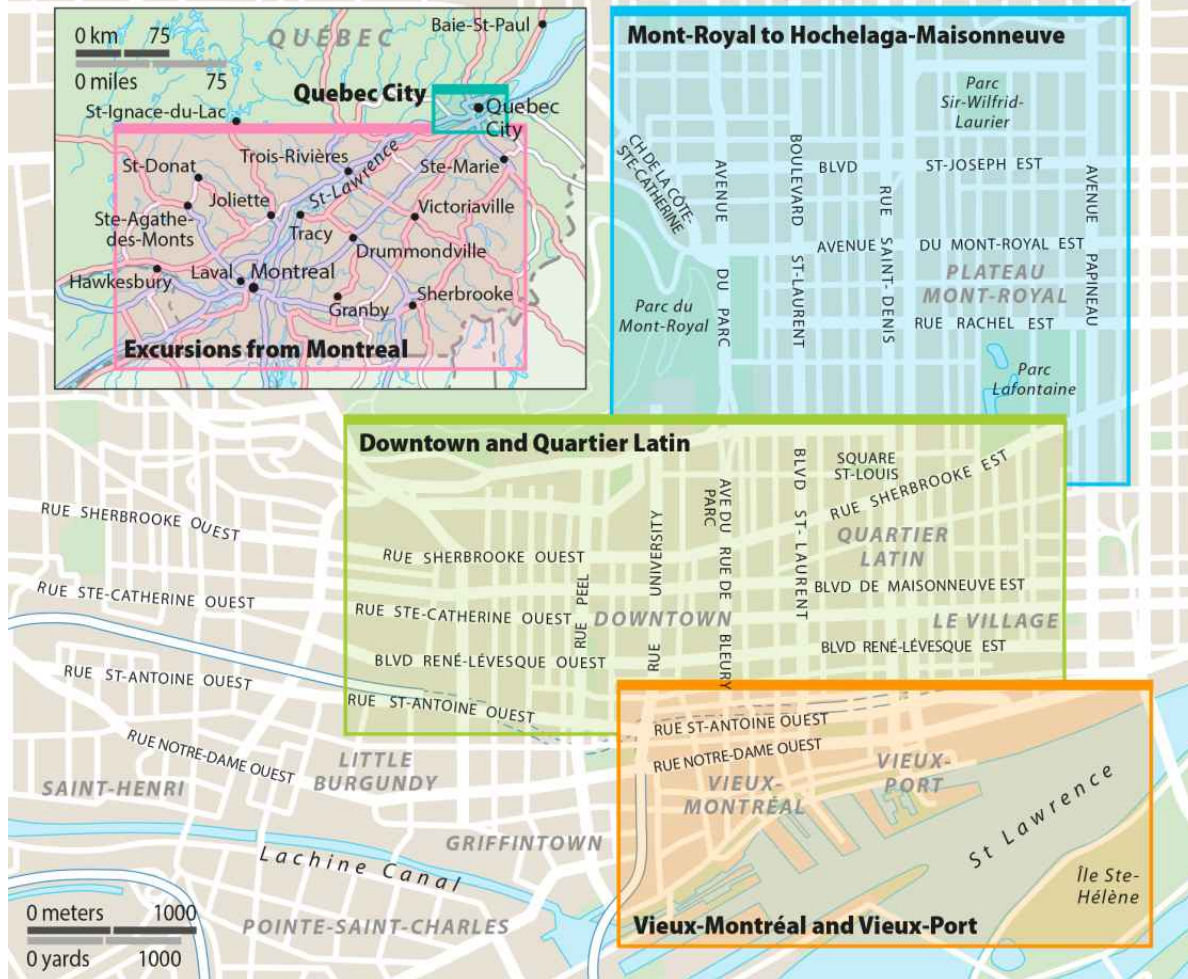


Colorful Mont Tremblant Village in Les Laurentides during fall



# MONTREAL AND QUEBEC CITY AREA BY AREA

## Montreal and Quebec City Chapter Areas



- 1 Vieux-Montréal and Vieux-Port
- 2 Downtown and Quartier Latin
- 3 Mont-Royal to Hochelaga-Maisonneuve
- 4 Excursions from Montreal
- 5 Quebec City
- 6 Excursions from Quebec City

 [Back to Montreal and Quebec City Area by Area](#)

# VIEUX-MONTREAL AND VIEUX-PORT

This enchanting area, established in 1642, is a rewarding spot to begin a tour of the city of Montreal. Its ancient churches, cobblestone streets, horse-drawn *calèches*, and the bustling international port characterize this fascinating neighborhood. Vieux-Montréal epitomizes the romance, culture, and *joie-de-vivre* of the metropolis, while the activity of mega-freighters and cruise boats in the Vieux-Port reveals that Montreal is the shipping gateway to the Great Lakes. The old quarter combines high-tech novelty with old-world charm as well as some of the city's best dining options. Plan to spend several days exploring the craft shops, museums, cultural exhibitions, and French bistros while savoring the European-style yet vivacious Québécois hospitality.





# 1. Basilique Notre-Dame



When the largest bell in North America begins to thunder over Place d'Armes, legions of pigeons create a spectacle reminiscent of St Peter's Square in Rome. Meanwhile throngs of pilgrims and visitors flock daily to this compelling architectural masterpiece (for further details see [Basilique Notre-Dame](#)).



*Basilique Notre-Dame altar*

## 2. Musée Pointe-à-Callière



This striking modern building, married with the more ancient Place Royale setting, vibrates with activity throughout the year, as visitors digest one cultural exhibition treat after another on display inside and outside this museum (for further details see [Musée Pointe-à-Callière](#)).

### 3. Séminaire St-Sulpice

 *116 rue Notre-Dame Ouest*

 [Google Map](#)

Erected between 1685 and 1687 as the home of the Sulpician religious order, the St Sulpice Seminary is the oldest surviving building in Montreal. This remarkable historic edifice remains an icon of the institutional architecture that was employed in Nouvelle-France. The Sulpicians' clock above the main doorway is the oldest of its kind in North America, dating from 1701 (for further details see [Basilique Notre-Dame](#)).

## 4. Hôtel de Ville

**i** 275 rue Notre-Dame Est • Open 8am–5pm Mon–Fri • Adm (for sessions)

 [Google Map](#)

The town hall was a gracious Second Empire-style edifice built between 1872 and 1878 by architect Henri-Maurice Perrault (1828–1903). Damaged by fire in 1922 it was rebuilt a year later in Beaux-Arts style, and is still used for its original function. You can visit the interior, and attend City Council sessions (first Monday of the month at 7pm). It is best seen at night when it illuminates the sky (for further details see [Hôtel de Ville, Montreal](#)).



*Montreal's Hôtel de Ville*

## 5. Marché Bonsecours

**i** 350 rue St-Paul Est • Open 10am–6pm daily (to 9pm Jun–Sep; other late shopping evenings vary according to season)

 [Google Map](#)

This greystone Neo-Classical building has a rich history. It once housed the Parliament of Canada and was even a theatrical venue for Charles Dickens when he acted at the Theatre Royal in 1842. Today it is a shopping center that attracts a continuing influx of visitors under its shining dome (for further details see [Marché Bonsecours, Montreal](#)).



*View of Marché Bonsecours from across the Bassin Bonsecours*



## 6. Place Jacques-Cartier and Place de la Dauversière



Two famous names in Canadian history have beautiful squares across from each other. [Place Jacques-Cartier](#) celebrates the discoverer of Canada (for further details see [Place Jacques-Cartier and Place de la Dauversière](#)), while Place de la Dauversière honors Jerome le Royer, Sieur de la Dauversière of La Flèche in Anjou, France, the Royal Tax Collector whose idea it was to build a colony here, eventually called Ville-Marie.

## 7. Musée Marguerite-Bourgeoys and Chapelle Notre-Dame-de-Bon-Secours

**i** 400 rue St-Paul Est • Open Mar–Apr: 11am–4pm Tue–Sun; May–Oct: 10am–6pm Tue–Sun; Nov–mid-Jan: 11am–4pm Tue–Sun • Adm • [www.marguerite-bourgeoys.com](http://www.marguerite-bourgeoys.com)

 [Google Map](#)

In 1653 Marguerite Bourgeoys arrived in Ville-Marie to open a school, which began in a stable assigned to her by the Sieur de Maisonneuve. By 1655 she was head of the Congregation of the Sisters of Notre-Dame and oversaw the construction of Canada’s first stone church in 1675. The chapel that remains dates from 1771. It is known as the “Sailors Chapel,” given its portside location and model ships hanging throughout.



*Statue atop Notre-Dame-de-Bon-Secours*

## 8. Musée Château Ramezay

**i** 280 rue Notre-Dame Est • 514 861 3708 • Open Jun–Sep: 10am–6pm daily; Oct–May: 10am–4:30pm Tue–Sun • DA • Adm • [www.chateauramezay.qc.ca](http://www.chateauramezay.qc.ca)

 [Google Map](#)

This elegant stone home was constructed to house the Governor of Montreal, Claude de Ramezay (1659–1724), and his 16 children. It was thereafter known as the Maison des Castors (beavers) because it was home to the Compagnie des Indes (West Indies Company) and their burgeoning fur trade with Europe. In 1775 General Richard Montgomery lived here with his band of rebellious Americans while they made a failed attempt to capture the city for the US. It has been a museum since 1895, illustrating the early settlement of Quebec, from tools to uniforms to historic documents. Of note is the Nantes Salon, lavishly decorated by 18th-century French architect, Germain Boffrand (for further details see [Basilique Notre-Dame, Montreal](#)).

## 9. Sir George-Étienne-Cartier National Historic Site

**i** 458 rue Notre-Dame Est • Open Apr–mid-Jun & early Sep–Dec: 10am–5pm Wed–Sun; mid-Jun–early Sep: 10am–5:30pm daily • Adm

 [Google Map](#)

Preserved artifacts of the 19th-century upper-middle classes and their lifestyle are exhibited at Sir George-Étienne-Cartier's house. Cartier was one of the Fathers of Canadian Confederation and his home, where he lived from 1848 to 1871, provides an insight into the mores of his social class at that time (for further details see [Sir George-Étienne-Cartier National Historic Site, Montreal](#)).



*Sir George-Étienne-Cartier's home*

## 10. Darling Foundry

**i** 745 Ottawa St • Open noon–7pm Wed–Sun (to 10pm Thu) • Adm  
• [www.fonderiedarling.org](http://www.fonderiedarling.org)

 [Google Map](#)

This art space, which is housed in a converted foundry building, is home to changing exhibitions by visiting artists, with a focus on contemporary art. The Foundry also hosts openings and readings. It is the center of an expanding creative network, the Quartier Éphémère, in this former industrial district. Free on Thursdays.

### **THE FRENCH ARRIVAL AND THE FUR TRADE**

The original Huron village of Hochelaga (meaning “where the rivers meet”) provided the French explorers with an ideal location from which to settle the new continent and the key staging area for exploration of the rest of North America. It also allowed access to the Huron fur-trading networks, resulting in an enormously profitable fur trade between Canada and Europe.

## AN AFTERNOON STROLL ALONG THE WATERFRONT





### Afternoon

Start your walk with a visit to the **Darling Foundry**, a cavernous contemporary art space at the western edge of Vieux-Montréal. Located on a small street in a warren of former industrial buildings, it contains some impressive works from Quebec and international artists that are worth the detour. Afterwards, walk over to rue McGill and pop into the sleek and chic resto-boutique **Le Cartet** at No. 106 for a delicious lunch that can be eaten on-site or taken with you. Their coffee is fantastic, too.

Next, head east along the waterfront where you may find secondhand booksellers, yachts of the rich and famous, and portrait artists vying for your attention. Stay beside the water, past the **Centre des Sciences de Montréal** to **Bassin Bonsecours**, the waterfall, and **Quai de l'Horloge**.

Go north to the **Chapelle Notre-Dame-de-Bon-Secours** (400 rue St-Paul Est) where, if you are feeling energetic, you can climb the interior stairs for a wonderful view of the Vieux-Port, then go directly across the street to **Auberge Pierre du Calvet**. Take a peek inside at the sumptuous period surroundings.

End your walk by strolling through **Marché Bonsecours**, with its designer boutiques, then continue along rue St-Paul and start the evening with a cocktail on the **Hôtel Nelligan's** rooftop, which has breathtaking views.

-  [Back to Vieux-Montréal and Vieux-Port](#)
-  [Back to Montreal and Quebec City Area by Area](#)

# The Best Of The Rest



# 1. Centre des Sciences de Montréal

**i** quai King-Edward • 514 496 4724 • Open 9am–4pm Mon–Fri,  
10am–5pm Sat & Sun • DA • Adm •

[www.centredessciencesdemontreal.com](http://www.centredessciencesdemontreal.com)

 [Google Map](#)

This science and technology center (also known as iSci) offers quality entertainment for kids (and adults) with its games, IMAX theater, and interactive exhibits (for further details see [Centre des Sciences de Montréal](#)).

## 2. Auberge Pierre du Calvet

**i** 405 rue Bonsecours • 514 282 1725

 [Google Map](#)

One of the most romantic spots in Montreal, this 1725 inn presents an outstanding collection of antiques. Dine in Les Filles du Roy restaurant for some delectable cuisine.

### 3. Centre d'Histoire de Montréal

**i** 335 place d'Youville • Open 10am–5pm Tue–Sun • Adm

 [Google Map](#)

This former firehall has an interactive exhibition with local treasures.



*Centre d'Histoire de Montréal*

## 4. Quai de l'Horloge



Climb the interior stairs of this 1922 clock tower for views over the port.

## 5. Tyrolienne MTL Zipline

**i** Hangar 16, 363 rue de la Commune Est • 514 947 5463 • Open  
May–Oct: 10am–10pm daily

 [Google Map](#)

This urban zipline circuit offers visitors a bird's-eye view of the city, beginning at the Vieux-Port.

## 6. Biosphère

**i** 160 chemin Tour- de-l'Isle, Ile Ste-Hélène • Open Jun–Oct: 10am–6pm daily; Nov–May: 10am–5pm Tue–Sun • DA • Adm

 [Google Map](#)

An architectural centerpiece created for Expo '67, the dome now acts as an Ecowatch Centre and a museum dedicated to the St Lawrence River and Great Lakes (for further details see [Biosphère, Montreal](#)).



*Biosphère at Parc Jean-Drapeau*

## 7. Square Victoria



In 1860 a magnificent monument to honor Queen Victoria was erected on this haymarket square.

## 8. Old Customs House



This archetypal example of 1830s Neo-Classical architecture is today incorporated into the [Musée Pointe-à-Callière](#).



## 9. Bank of Montreal Museum

**i** 129 rue St-Jacques Ouest • Open 10am–4pm Mon–Fri

 [Google Map](#)

The oldest bank in Canada (1817) houses an interesting currency museum within an ornate interior.

## 10. Stewart Museum at the Fort

**i** 20 chemin Tour-de-l'Isle, Ile Ste-Hélène • Open 11am–5pm  
Wed–Sun • Adm

 [Google Map](#)

Montreal's only fort reveals over 400 years of military history.

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# **Shops**

# 1. Marché Bonsecours



A Vieux-Montréal heritage landmark is now a bustling area of designer boutiques (for further details see [Marché Bonsecours](#)).

## 2. Centre de Commerce Mondial

**i** 747 rue du Square-Victoria • DA

 [Google Map](#)

An inspiring architectural concept has been created by interlinking Ruelle des Fortifications heritage structures under a spectacular glass atrium. Shops, offices, and a hotel can all be found here.

### 3. Galerie Michel-Ange

**i** 430 rue Bonsecours

 [Google Map](#)

A reliable art gallery featuring many fine Québécois and international painters, which is located in a heritage house built in 1864.


## 4. Galerie le Chariot

**i** 446 place Jacques-Cartier

 [Google Map](#)

A wonderful Inuit art collection awaits souvenir hunters in this gallery on Place Jacques-Cartier. One of the first businesses to preserve buildings in the Old Town, Galerie Le Chariot has treasures that will suit all budgets.

## 5. Camtec Photo

 26 rue Notre- Dame Est • DA

 [Google Map](#)

This is the place for all your photography needs. They have their own laboratory on the premises for both 35-mm film and digital equipment and a staff that understands the importance of those once-in-a-lifetime pictures.



## 6. Conseil des Métiers d'Art du Québec

 350 rue St-Paul Est

 [Google Map](#)

A sensational cooperative featuring Québécois artists working with varied materials. Choose from paintings, prints, and jewelry to clothing, toys, cards, glasswork, marionettes, and other fabulous gifts.

## 7. Le Cartet Boutique Alimentaire

 *106 rue McGill*

 [Google Map](#)

Drop in at this culinary emporium for the most delicious treats and foodstuffs. With goodies from around the planet, this tempting shop will set your senses ablaze.


## 8. Denis Gagnon

 170B rue St-Paul Ouest

 [Google Map](#)

This *enfant terrible* of the Quebec fashion scene has been wowing international audiences for years with his original and daring designs.

## 9. Atelier H el ene DeSerres

 294 rue St-Paul Ouest

 [Google Map](#)

Visit this award-winning multimedia artist in her own workspace, where she displays her jewelry, paintings, photography, and sculpture.

## 10. Noël Eternel

**i** 461 rue St-Sulpice

 [Google Map](#)

A store dedicated to the idea of keeping the Christmas spirit alive throughout the year. Stock up on unusual hand-crafted adornments, wrapping paper, stockings, games, dolls, and lots more.



*Noël Eternel's sparkling display*

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# Bars And Cafés

# 1. L'Assommoir Notre-Dame

**i** 211 rue Notre-Dame Ouest • [www.assommoir.com](http://www.assommoir.com)

 [Google Map](#)

A chic place to grab a drink and a light meal, this bar is a mixologist's delight. It boasts over 250 cocktails, including 50 different martinis, an impressive beer selection, and an extensive wine cellar.

## 2. La Champagnerie

**i** 343 rue St-Paul Est • [www.lachampagnerie.ca](http://www.lachampagnerie.ca)

 [Google Map](#)

Toast the night at this buzzy bar that celebrates bubbly in all its glory, from French Champagne to Spanish cava. Enjoy creative cocktails and tasty nibbles, like duck tartar with fig.



*Cocktails at La Champagnerie*



### 3. Le Mal Nécessaire

 1106 B bd St-Laurent • [www.lemalnecessaire.com](http://www.lemalnecessaire.com)

 [Google Map](#)

For Polynesian cocktails and delicious Chinese fusion, try this stylish tiki bar in Chinatown.

## 4. Tapas 24

**i** 420 rue Notre-Dame Ouest • [www.tapas24.ca](http://www.tapas24.ca)

 [Google Map](#)

Feast on Spanish tapas with a Québécois twist, like cod croquettes with maple syrup, at this spirited, sangria-fueled restaurant.

## 5. L'Auberge Saint-Gabriel

**i** 426 rue St-Gabriel • [www.aubergesaint-gabriel.com](http://www.aubergesaint-gabriel.com)

 [Google Map](#)

One of the oldest inns in North America (1688) is now a bar-restaurant set in a romantic location with inspired French architecture. The Velvet Speakeasy bar is particularly popular. An extensive wine selection is available.

## 6. Auberge Pierre du Calvet

**i** 405 rue Bonsecours • [www.pierreducalvet.ca](http://www.pierreducalvet.ca)

 [Google Map](#)

A celebrated inn where Benjamin Franklin met with the Sons of Liberty in 1775. It has a cozy lounge with a fireplace and atrium garden where breakfast is served (for further details see [Auberge Pierre du Calvet](#)).

## 7. Bevo

**i** 410 rue St-Vincent • [www.bevopizza.com](http://www.bevopizza.com)

 [Google Map](#)

Tucked away in a historic building on a tiny street, this bar-cum-pizzeria offers authentic Naples-style pizzas.

## 8. Chez Brandy

**i** 25 rue St-Paul Est

 [Google Map](#)

This bar attached to the Keg Steak House attracts a coterie of regulars spanning a range of occupations, nationalities, and storytelling talents.

## 9. Stash Café

 200 rue St-Paul Ouest • [www.restaurantstashcafe.ca](http://www.restaurantstashcafe.ca)

 [Google Map](#)

A favorite actors' hangout near the [Centaur Theatre](#), this Polish café-restaurant has a superb kitchen serving hearty *borscht* soup, great sausages, and apple strudel.

## 10. Santos

**i** 191 rue St-Paul Est • [www.ilovesantos.ca](http://www.ilovesantos.ca)

**📍** [Google Map](#)

For a relaxed evening in Vieux-Montréal, head to laid-back Santos, where you can sample unusual tapas-style foods. Listen to live jazz during the week, and DJs play on weekends.



*Sleek interior at Santos*

**◀** [Back to Vieux-Montréal and Vieux-Port](#)

**☰** [Back to Montreal and Quebec City Area by Area](#)



# Restaurants

# 1. Garde Manger

**i** 408 rue St-François-Xavier • 514 678 5055 • \$\$\$

 [Google Map](#)

This upscale seafood eatery is owned by the Montreal celebrity chef Chuck Hughes. Try the lobster risotto or, for the more gluttonous, the famed lobster *poutine* (for further details see [Dining](#)).

## 2. Toqué!

**i** 900 place Jean-Paul Riopelle • 514 499 2084 • [www.restaurant-toque.com](http://www.restaurant-toque.com) • \$\$\$

 [Google Map](#)

The standard of Montreal fine dining was raised when chef Normand Laprise opened this incredible restaurant, with its highly original menu, in 1994.

### 3. Restaurant Chez L'Epicier

**i** 311 rue St-Paul Est • 514 878 2232 • [www.chezlepicier.com](http://www.chezlepicier.com) • DA  
• \$\$\$

 [Google Map](#)

A fabulous grocery store, sit-down restaurant, and take-out service all under one roof. Inventive soups, salads, and locally produced cheeses, meats, and herbs.

## 4. Boris Bistro

**i** 465 rue McGill • 514 848 9575 • [www.borisbistro.com](http://www.borisbistro.com) • \$\$

 [Google Map](#)

A sensational mix is on the menu here – sit in the lush garden and try French fries cooked in duck fat or divine poached salmon.

## 5. Club Chasse et Pêche

**i** 423 rue St-Claude • 514 861 1112 •

[www.leclubchasseetpeche.com](http://www.leclubchasseetpeche.com) • \$\$\$

 [Google Map](#)

This high-end restaurant, housed in an attractive low, red-brick building, serves a robust mix of fresh seafood and hearty meat dishes in an intimate dining space.

## 6. Holder

**i** 407 rue McGill • 514 849 0333 • [www.restaurantholder.com](http://www.restaurantholder.com) • \$\$

 [Google Map](#)

This elegant Holder brothers restaurant-brasserie exudes flair and good taste.



*Sophisticated dining at Holder*

## 7. Le Steak Frites St-Paul

**i** 405 rue St-Antoine Ouest • 514 842 0972 • [www.steakfrites.ca](http://www.steakfrites.ca) • \$\$

 [Google Map](#)

Meat-lovers can enjoy a hearty meal without breaking the bank at this multi-floor restaurant. Bring your own wine.



## 8. Restaurant Solmar

 111 rue St-Paul Est • 514 861 4562 • [www.solmar-montreal.com](http://www.solmar-montreal.com)

• \$\$

 [Google Map](#)

A Portuguese mainstay renowned for its lobster, *filet mignon*, and squid.

## 9. Gibby's

**i** 298 place d'Youville • 514 282 1837 • [www.gibbys.com](http://www.gibbys.com) • \$\$\$

 [Google Map](#)

One of Canada's finest eateries, with a courtyard garden and a menu that's big on oysters and steak.

## 10. Le 400 Coups

**i** 400 rue Notre-Dame Est • 514 985 0400 • [www.les400coups.ca](http://www.les400coups.ca) • \$\$\$

 [Google Map](#)

Enjoy traditional-with-a-twist, including liver mousse with gin jelly and rabbit with Quebec pecans, at this elegant Vieux-Montréal mainstay.

### Price Categories

For a three-course meal for one with half a bottle of wine (or equivalent meal), taxes and extra charges.

€ under 40 €€ €40–60 €€€ over €60

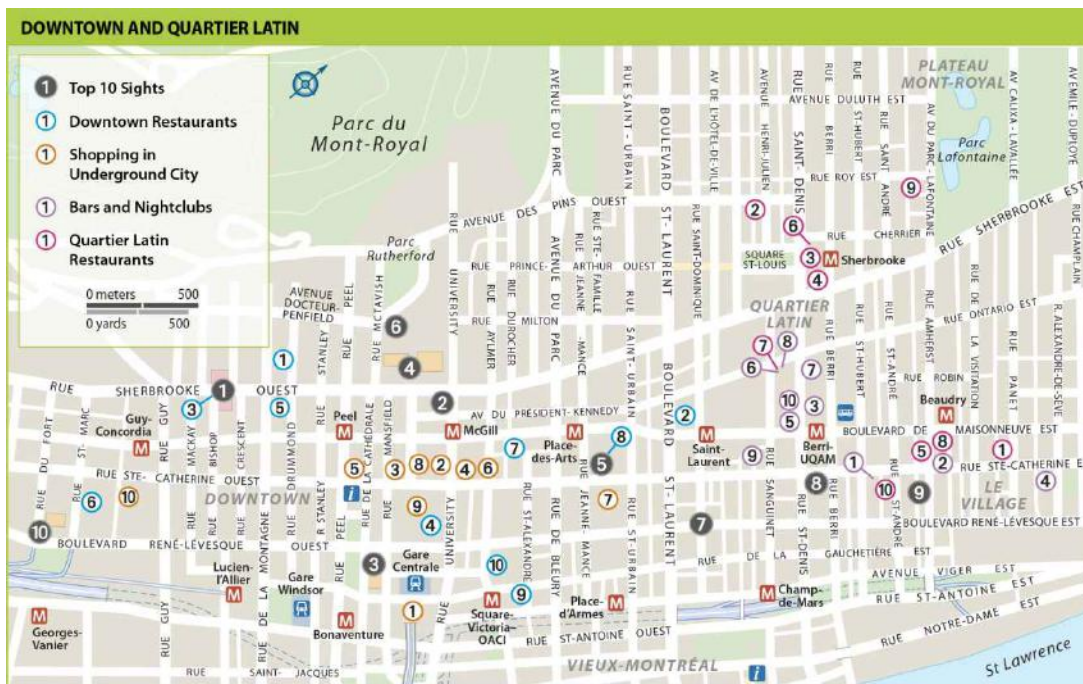
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# DOWNTOWN AND QUARTIER LATIN

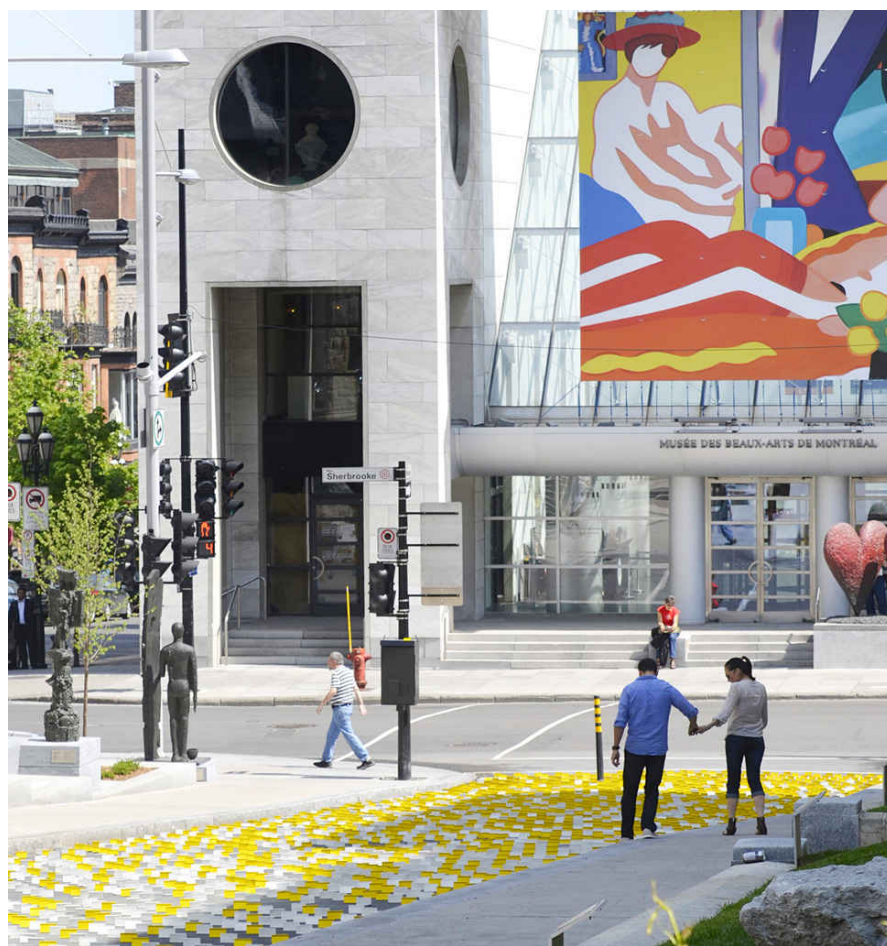
The two most animated and colorful areas of central Montreal offer a cornucopia of delights. Though tiny by many mega-city standards, these *quartiers* (districts) are intriguing components of Montreal's urban landscape, bustling with activity around the clock. They are home to many artists, designers, musicians, writers, and academics, as well as students from both Concordia and McGill universities, all of whom are attracted by the eclectic mélange of historic sights, wonderful museums, colorful bars, multi-ethnic restaurants and enclaves, gay and lesbian venues, and entrepreneurial businesses. Day-trippers, sightseers, and suburban residents contribute equally to this vigorous canvas. No visit to Montreal would be complete without spending at least a couple of days exploring these two magnetic areas of the city.



# 1. Musée des Beaux-Arts



One of the oldest Canadian bastions of visual and decorative arts. The museum houses vast permanent collections and visiting exhibitions heralding the accomplishments of contemporary artists, as well as creative works by masters from other eras (for further details see [Musée des Beaux-Arts de Montréal](#)).



*Musée des Beaux-Arts*

## 2. McCord Museum of Canadian History

**i** 690 rue Sherbrooke Ouest • 514 398 7100 • Open 10am–6pm  
Tue–Fri (to 9pm Wed), 10am–5pm Sat & Sun • Adm • [www.mccord-  
museum.qc.ca](http://www.mccord-museum.qc.ca)

 [Google Map](#)

The single most important First Nations (native Canadian) collection of artifacts in Quebec is on display at the McCord Museum, and includes the most extensive library of costumes and textiles in Canada. A particularly thrilling attraction is the Notman Photographic Archives, which records life in Montreal, Quebec, and Canada from 1840 to 1935. Over one million pictures are preserved and identified in more than 200 albums, which experts around the world use for research.



### 3. Cathédrale Marie-Reine-du-Monde

**i** 1085 rue de la Cathédrale • Open 6:30am–7:30pm Mon–Fri, 7:30am–8:30pm Sat, 8:30am– 7:30pm Sun

 [Google Map](#)

Reminiscent of Saint Peter’s Basilica in Rome, the cathedral was built in the 19th century to service the local Catholic community. It continues to attract visitors and residents, not least because of outstanding architectural features such as the Neo-Baroque copper and gold baldachin above the altarpiece. This church remains firmly at the heart of Montreal’s downtown activity.



*Cathédrale Marie-Reine-du-Monde*



## 4. McGill University

**i** 805 rue Sherbrooke Ouest

 [Google Map](#)

The campus spreads out over 80 lush acres of the downtown district. The land was a bequest from Scottish fur-trader James McGill in 1821 and was chartered by King George IV. Fine examples of Victorian architecture mix easily with the contemporary bustle of student life, making the 80 buildings on campus a testament to McGill's personal dream and a city's passion for education – McGill's School of Medicine is one of the finest.

## 5. Musée d'Art Contemporain de Montréal

**i** 185 rue Ste-Catherine Ouest • 514 847 6226 • Open 11am–6pm  
Tue–Sun (until 9pm Wed) • DA • Adm • [www.macm.org](http://www.macm.org)

 [Google Map](#)

Dedicated solely to contemporary art, this high-profile institution has an innovative program of exhibitions highlighting the work of artists from Canada and the international circuit.



*The large campus of the Musée d'Art Contemporain de Montréal*

## 6. Musée Redpath

**i** 859 rue Sherbrooke Ouest • Open 9am–5pm Mon–Fri, noon–5pm Sun • [www.mcgill.ca/redpath](http://www.mcgill.ca/redpath)

 [Google Map](#)

The museum was opened in 1882 to house the collections of Sir William Dawson, a noted Canadian natural scientist. Part of McGill's Faculty of Science, it now displays biological, geological, and cultural artifacts. The building is also notable – built in 1880, it is steeped in Victorian Classicism married with Greek Revival architecture.



*Exhibition hall, Musée Redpath*



*Figure, Musée Redpath*

## 7. Chinatown



Canada's transcontinental railway system owes a great debt to the many Chinese laborers who made it a reality. After 1880, when the railway was finished, Chinese workers decided to settle in Montreal and gathered together in this enclave to protect themselves against local discrimination. Today the area is also home to many other Southeast Asian communities. A stroll through the lantern-lit streets around boulevard Saint-Laurent and rue de la Gauchetière reveals bargain boutiques and inexpensive ethnic eateries.

## 8. Chapelle Notre-Dame-de-Lourdes

**i** 430 rue Ste-Catherine Est • Open 7am–6:30pm daily

 [Google Map](#)

This richly decorated chapel, erected in 1876 for the Sulpician Order, is the greatest achievement of artist Napoleon Bourassa, grandson of Louis-Joseph Papineau, leader of the reformist Patriote movement. Bourassa studied in Paris, Rome, and Venice, returning to Montreal with the desire to create fine art as an expression of patriotism and faith.



## 9. Gay Village



Montreal is a gay-friendly city, and one of the most festive parades belongs to this community. Between rue St-Hubert and avenue Papineau, the Village is alive around the clock. Restored homes mix with contemporary condominiums to create a diverse and exciting area.



*Rue Ste-Catherine Est in Gay Village*



## 10. Canadian Centre for Architecture

**i** 1920 rue Baile • 514 939 7026 • Open 11am–6pm Wed–Sun (until 9pm Thu) • DA • Adm (except Thu) • [www.cca.qc.ca](http://www.cca.qc.ca)

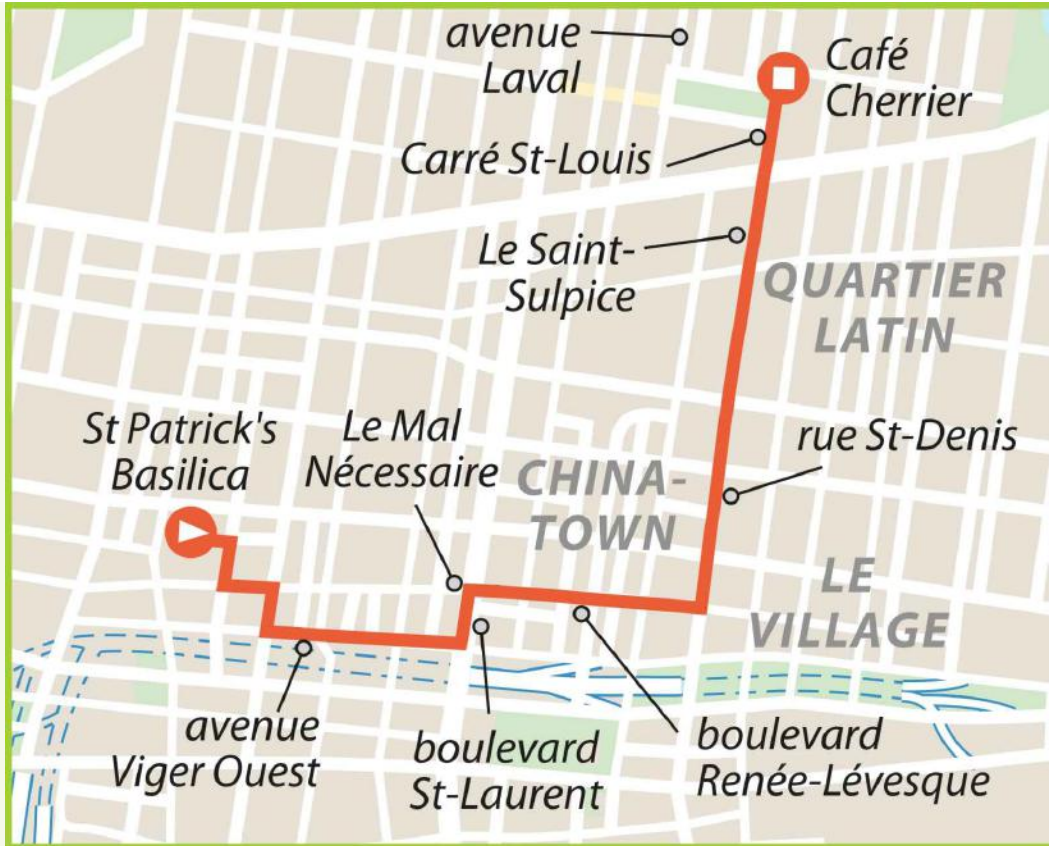
 [Google Map](#)

Opened in 1979 to build public awareness about architecture, the center promotes scholarly research in the field and stimulates innovation in design practice. Its collections include models, drawings, and photographs of some of the world's most important buildings.

### **THE HEART OF FRENCH NATIONALISM**

The Quartier Latin neighborhood, thought by some to be the center of French nationalism in Quebec, remains a bastion of independent thinkers, artists, writers, academics, and students, who contribute to a lively backdrop for the ongoing intellectual and political debate concerning the French role in Canada.

## AN AFTERNOON WALK THROUGH CHINATOWN AND QUARTIER LATIN



### Afternoon

Start at **St Patrick's Basilica** (corner of rue St-Alexandre and bd René-Lévesque Ouest) to explore the nave of this wonderful church, then take rue de la Gauchetière east across to **avenue Viger Ouest**. Notice the beautiful Chinese lantern streetlights while you continue on to the bargain shops, *dim sum* restaurants, fresh produce markets, and herbal stores.

Head to **boulevard St-Laurent**, the lively heart of Chinatown and the main street dividing Montreal into east and west. Stop at the corner of boulevard St-Laurent and **boulevard Renée-Lévesque** and gaze up at a huge mural that marks one of the entrances to Chinatown. Stroll to **Le Mal Nécessaire** (1106 bd St-Laurent), a subterranean tiki bar, for Hawaii-inspired drinks.

Make your way to **rue St-Denis** and turn left. You now get to savor the effervescence of the Quartier-Latin, with its boutiques, restaurants, bistros, and cafés. Pop into any one of the strip's small shops, or rest and have a drink or snack on the huge front and back terraces of **Le Saint-Sulpice** (1680 St-Denis). Continue north to **Carré St-Louis**, the center of the quarter, with a distinctly French ambiance. Beautiful *belle époque* homes abound in this area, especially on **avenue Laval**.

Continue the French theme for dinner on the terrace of **Café Cherrier**.

- 
-  [Back to Downtown and Quartier Latin](#)
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# Shopping In Underground City

# 1. Place Bonaventure

**i** 800 rue de la Gauchetière Ouest • DA

 [Google Map](#)

More than 135 shops that sell merchandise from all over the world, plus restaurants, cinemas, banks, a post office, and a supermarket can be found at this vast complex.

## 2. Complex Les Ailes

**i** 667 rue Ste-Catherine

 [Google Map](#)

Apart from 60 stores, including the popular m0851 which sells locally designed leather bags, jackets, and accessories, Complex Les Ailes has a denim bar, Bleu Marine.

### 3. Place Montréal Trust

**i** *Rue Ste-Catherine Ouest at av McGill College • DA*

 [Google Map](#)

Place Montréal Trust boasts the highest spouting water fountain in North America at 100 ft (30 m), exclusive fashion outlets, and the La Maison Simons department store.

## 4. Promenades Cathédrale

**i** 625 rue Ste-Catherine Ouest • DA

 [Google Map](#)

This remarkable underground shopping concourse, consisting of 75 stores, is built beneath the Christ Church Cathedral (1859).



## 5. Les Cours Mont-Royal

**i** 1455 rue Peel

 [Google Map](#)

At the western end of the central shopping network, this attractive mall has the distinction of being set in the 1920s Mont-Royal Hotel, presenting elegant shops over four levels above and below ground.

## 6. La Baie

**i** 585 rue Ste-Catherine Ouest • DA

 [Google Map](#)

Also known as Hudson's Bay Company and The Bay in the rest of the country, this is a historic Canadian department store. You will find all the standard fare here, from fashion and accessories to household goods.

## 7. Complexe Desjardins

**i** *Rue Ste-Catherine Ouest at rue Jeanne-Mance • DA*

 [Google Map](#)

Standing across from the Place des Arts, this predominantly French mall is connected to Complex Guy-Favreau and Chinatown via underground tunnels.

## 8. Centre Eaton

**i** *Rue Ste-Catherine Ouest at av McGill College • DA*

 [Google Map](#)

A light-filled glass cavern forms the entrance to this multilayered shopping and dining mall. The center also stages fashion and art events.



*Centre Eaton shopping mall*


## 9. Place Ville-Marie

**i** *Av McGill College at rue Cathcart • DA*

 [Google Map](#)

Place Ville Marie attracts consumers in large numbers, but an additional bonus is its tranquil, leafy outdoor square – a summer lunchtime oasis.

## 10. Faubourg Sainte-Catherine

 *1616 rue Ste-Catherine Ouest*

 [Google Map](#)

Located in the heart of Shaughnessy Village this colorful glass mall is known for its fresh market produce and inexpensive eateries.

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# Bars And Nightclubs



# 1. Club Stéreo

**i** 858 rue Ste-Catherine Est • DA

 [Google Map](#)

One of the most powerful audio systems in any club in North America continues to pack this after-hours dance floor. A cross section of music styles attracts party animals.


## 2. Club Campus

**i** *1111 rue Ste-Catherine Est • DA*

 [Google Map](#)

The best gay strip club in North America receives unanimously positive coverage for the good-looking staff and upbeat atmosphere.

### 3. Pub l'Ile Noir

 1649 rue St-Denis

 [Google Map](#)

An authentic Scottish pub with wood decor and an excellent selection of single malt scotches and imported draught beer. The cozy ambiance makes up for the high prices.

## 4. Sky Complex

**i** 1474 rue Ste-Catherine Est • DA

 [Google Map](#)

This amazingly large gay complex features a pub, a dance club, and a cabaret to entertain the large and growing gay and lesbian population on the east side of downtown.

## 5. Les Trois Brasseurs

**i** 1658 rue St-Denis

**📍** [Google Map](#)

A lively location that opens onto rue St-Denis on two sides with a superb terrace overlooking the flow of festivities. Serves wholesome cuisine and home-brewed beer.



*Outdoor seating, Les Trois Brasseurs*

## 6. La Distillerie

**i** 300 rue Ontario Est

 [Google Map](#)

Sip seasonal cocktails – like La Mere Amère, with amaretto, vodka, and grapefruit – from mason jars at this trendy bar. Refuel with fun bar snacks, including jars of goldfish crackers and buttery popcorn.



*Drinks being poured at La Distillerie*

## 7. En Cachette Speakeasy

**i** 1765 rue St-Denis

 [Google Map](#)

This sultry speakeasy pours old-fashioned libations – try the fragrant Mint Julep – and heats up on Sundays with dance music.

## 8. Pub Quartier-Latin

**i** 318 rue Ontario Est • DA

 [Google Map](#)

One of the most comfortable bars in town. There's a lovely terrace, a cozy bar, and a fabulous array of imported and domestic beer.



## 9. Pub Sainte-Elisabeth

 1412 rue Ste-Elisabeth

 [Google Map](#)

An Irish pub with a welcoming ambiance, extensive selection of bottled and draught beers, abundant whiskies, ports, wines, and buffet food. It also features a secluded garden, fireplace, and terrace.

## 10. Bar Saint-Sulpice

**i** 1680 rue St-Denis

 [Google Map](#)

A well-known bar popular with partying university students. Contemporary music inside and a large garden make for an ideal night out.

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# Downtown Restaurants

# 1. Sakura Gardens

**i** 3450 rue Drummond • 514 288 9122 • [www.sakuragardens.com](http://www.sakuragardens.com)

• DA • \$\$

 [Google Map](#)

A favorite for authentic Japanese food since 1973. The diverse grilled fish selections and bento boxes are worth a try.

## 2. Bouillon Bilk

**i** 1595 bd St-Laurent • 514 845 1595 • [www.bouillonbilk.com](http://www.bouillonbilk.com) • \$\$\$

 [Google Map](#)

The minimalist setting is a quiet contrast to the French-inspired creativity. Try the braised port with pea ravioli.

### 3. Le Café des Beaux-Arts

**i** 1384 rue Sherbrooke Ouest • 514 843 3233 • DA • \$\$

 [Google Map](#)

French bistro cuisine awaits you inside the luxurious confines of the [Musée des Beaux-Arts](#). Delicious, creative dishes.

## 4. Les Enfants Terrible

**i** 44th floor, 1 place Ville Marie • [www.jesuisunenfantterrible.com](http://www.jesuisunenfantterrible.com)

• \$\$

 [Google Map](#)

Visit this bustling French brasserie for great food and a stunning view. Try the oysters and the bavette steak.

## 5. Maison Boulud

**i** 1228 rue Sherbrooke Ouest • 514 842 4224 •

[www.maisonboulud.com](http://www.maisonboulud.com) • \$\$\$

 [Google Map](#)

Helmed by Chef Daniel Boulud, this grand restaurant features French-Québécois cuisine.



*Glitzy dining at Maison Boulud*



## 6. Alpenhaus

 1279 rue St-Marc • 514 935 2285 •

[www.restaurantalpenhaus.com](http://www.restaurantalpenhaus.com) • \$\$

 [Google Map](#)

The best *wienerschnitzel*, fondue, goulash, and strudel in the city is served here. The Heidi Room can be booked for group celebrations.

## 7. Café Parvis

**i** 433 rue Mayor • 514 764 3589 • [www.cafeparvis.com](http://www.cafeparvis.com) • \$\$

 [Google Map](#)

An oasis in the heart of downtown Montreal. Don't miss the raclette pizza, sea bass ceviche, or *poutine*.

## 8. Taverne F

**i** 1485 rue Jeanne-Mance • 514 289 4558 • [www.tavernef.ca](http://www.tavernef.ca) • \$

 [Google Map](#)

Dig into dishes like grilled shrimp with garlic and brandy at this bustling restaurant run by the well-known Portuguese chef Carlos Ferreira.

## 9. Fiorellino

**i** 470 rue de la Gauchetière O • 514 878 3666 • [www.fiorellino.ca](http://www.fiorellino.ca)

• \$\$

 [Google Map](#)

Come here for delicious, simple Italian cuisine. The wood-fired pizzas here draw a crowd, but the pasta and *secondi* are also superb.

## 10. Chez Jerry

**i** 1083 Côte du Beaver-Hall • 515 861 2634 • [www.chezjerry.ca](http://www.chezjerry.ca) • \$

 [Google Map](#)

Try excellent *casse-croûte* (snack-style food) here. Think lobster rolls, fish and chips, *poutine*, and burgers.

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# Quartier Latin Restaurants

# 1. Le Saloon

**i** 1333 rue Ste-Catherine Est • 514 522 1333 • [www.lesaloon.ca](http://www.lesaloon.ca) • \$\$

 [Google Map](#)

This amiable bistro serves juicy burgers and hearty sandwiches, grilled seafood and barbecue ribs, and fresh salads and fruity cocktails, along with a lively weekend brunch.

## 2. Restaurant Laloux

**i** 250 av des Pins Est • 514 287 9127 • [www.laloux.com](http://www.laloux.com) • DA • \$\$\$

 [Google Map](#)

Seasonal ingredients are lavishly presented on an ever-changing menu devised by chef Marc-André Jetté. Excellent dessert menu.



### 3. Mañana

**i** 3605 rue St-Denis • 514 847 1050 • DA • \$\$

 [Google Map](#)

This Mexican restaurant offers an experience of the country, without falling into the usual clichés. The banana flambé with red wine and tequila is delicious.

## 4. Salle Paul-Émile-Lévesque

**i** 401 rue de Rigaud • 514 282 5120 • \$

 [Google Map](#)

This is actually a restaurant attached to Canada's leading hotel management school, the ITHQ. The food is varied, of good quality, and the meals are very affordable.

## 5. La Couscoussière d'Ali Baba

**i** 1460 rue Amherst • 514 842 6667 • [www.couscoussiere.ca](http://www.couscoussiere.ca) • DA • \$\$

 [Google Map](#)

A Moroccan/Tunisian restaurant serving authentic Middle Eastern fare in an exotic cave-like setting.

## 6. Le Café Cherrier

**i** 3635 rue St-Denis • 514 843 4308 • [www.cafecherrier.ca](http://www.cafecherrier.ca) • DA • \$\$

 [Google Map](#)

This bustling French bistro has one of the best terraces in Montreal, which makes its weekend brunches quite a social event.



*Le Café Cherrier*

## 7. Uniburger

**i** 302 rue Ontario Est • 514 419 6555 • \$

 [Google Map](#)

Known for the best burgers in Montreal, this legendary, old-fashioned fast food joint is a must-try.

## 8. O'Thym

**i** 1112 *bd de Maisonneuve Est (cnr Amherst)* • 514 525 3443 • \$\$

 [Google Map](#)

This BYO (bring your own wine) bistro serves dishes based on local ingredients, including venison, salmon, and duck.

## 9. Le Passé Composé

**i** 950 rue Roy Est • 514 524 6663 • [www.bistropassecompose.com](http://www.bistropassecompose.com)  
• \$\$

 [Google Map](#)

With a reasonably priced *table d'hôte*, this neighborhood French bistro opens for breakfast, lunch, and supper.

## 10. Café Saigon

**i** 1280 rue St-André • 514 849 0429 • DA • \$

 [Google Map](#)

Popular with the university crowd, this Asian BYO café is famous for its shrimp soup and spring rolls.

[See restaurant price categories](#)

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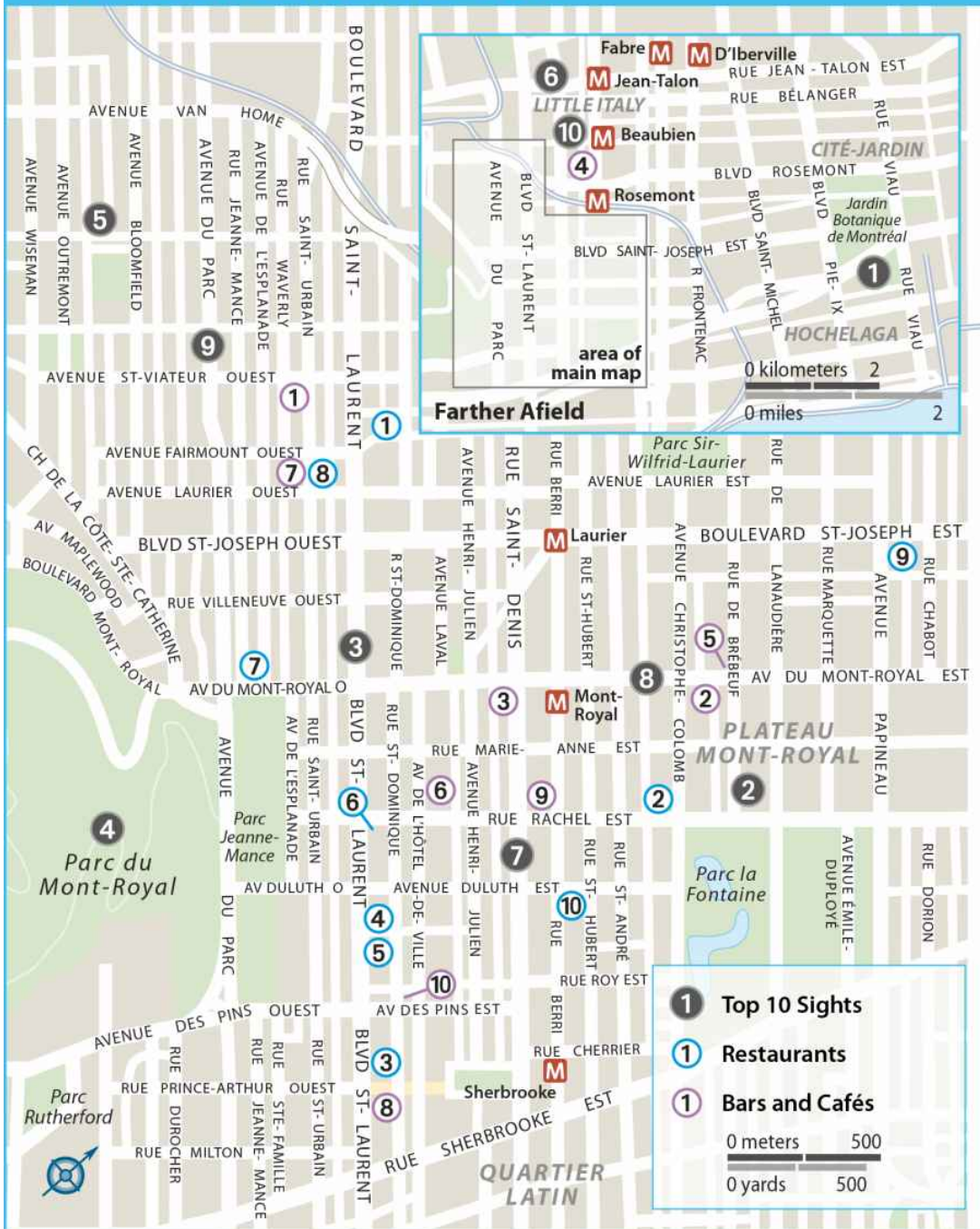


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# MONT-ROYAL TO HOCHELAGA-MAISONNEUVE

This generous swath of Montreal includes the most dominant green space and some of the finest attractions of the entire city. The fertile, rolling expanse that makes up Parc du Mont-Royal spreads gracefully into the bustle below – captivating areas such as Little Italy, Rosemont, and Mercier, with a rich ethnic mix flavoring the street life. Here you'll find shops, markets, and restaurants offering every imaginable temptation. For those favoring the outdoor life, the mountain provides an inviting backdrop for a wide range of activities. The Parc Olympique, including the Stade Olympique, Jardin Botanique, and Insectarium, provide visitors, young and old, with an array of entertainment.

# MONT-ROYAL TO HOCHELAGA-MAISONNEUVE



# 1. Parc Olympique

 [Google Map](#)

This astonishing attraction offers exhilarating activities for all age groups. From the dizzying heights of the world's highest leaning tower, the Tour de Montréal atop the Stade Olympique, to the 200 beautiful acres of the Jardin Botanique, not to mention the awe-inspiring journey through space at the Rio Tinto Alcan Planetarium – you can easily spend a full day or two exploring this area (for further details see [Parc Olympique](#)).



*The Olympic Stadium, the centerpiece of Parc Olympique*

## 2. Le Plateau Mont-Royal



Plateau Mont-Royal begins at rue Sherbrooke and boulevard Saint-Laurent and spreads northward to avenue Laurier and east to Parc Lafontaine. This architecturally rich neighborhood was made up of separate villages before being absorbed by the City of Montreal. Ornate duplexes abound on tree-lined streets, where you can see exterior staircases, wrought-iron banisters, and fine woodwork. The area is busy day and night with clubs, shops, markets, and restaurants.

### 3. Boulevard Saint-Laurent



East meets west at this long boulevard, referred to as “the Main.” Beginning at the waterfront, it designates the symbolic dividing line between the Anglophone west side and the Francophone east side of the city, although in contemporary Montreal this division has all but vanished these days. Here you’ll find designer boutiques, chic cafés and sushi bars, gourmet restaurants, and up-to-the-minute nightclubs sometimes stacked two and three floors high, underlining the street’s international party reputation. You can buy almost anything you desire here, from cheap clothing to food, antiquarian books, high-tech equipment, diamonds, crafts, kitchenware – even gravestones.

## 4. Parc du Mont-Royal

 [Google Map](#)

Mont-Royal, after which Montreal is named, defines the city's personality with its year-round outdoor attractions, multi-ethnic cemetery, and lush, rolling breadth above the St Lawrence River. Parc du Mont-Royal has the distinction of being the only place in Quebec to receive historic and natural heritage status, meaning it is protected as a green space (for further details see [Parc du Mont-Royal](#)).



*Parc du Mont-Royal*

## 5. Outremont



Founded in 1695, this area, meaning “beyond the mountain,” is the predominantly French-speaking wealthy residential quarter. It features some of the most luxurious mansions in the city, and the main thoroughfares of avenue Laurier and rue Bernard west of avenue du Parc are peppered with expensive fashion boutiques, exclusive hair salons, and hip eateries serving a clientele more akin to Paris than North America. Don’t miss one of the country’s finest *fromageries* (cheese-makers), Fromagerie Yannick (1218 rue Bernard), or the rich cakes at Pâtisserie de Gascogne (237 av Laurier). You can get lost in this area due to the meandering streets, so keep a mental note of your route.



## 6. Marché Jean-Talon

**i** *Métro Jean-Talon*

 [Google Map](#)

A walk through the alluring Marché Jean-Talon tempts the senses with a profusion of fresh market fare, imported Italian gourmet luxuries, and home-made marvels from traditional local kitchens. Fresh produce is brought to market daily by dozens of farmers from outlying regions, together with discerning local importers. Also inside the market area is the Marché des Saveurs du Québec, a market within a market, which departs from the Italian theme and presents a line-up of specialties from Quebec Province.



*Stalls piled high with fresh produce at the Marché Jean-Talon*

## 7. Rue Saint-Denis



Architectural treasures, street poets, clothing stores, and a plethora of restaurants and cafés are the main attractions on this street. From Old Montreal's Carré Viger north to Carré Saint-Louis, the Victorian architecture seems to blend effortlessly with the designer stores, hip-hop music culture, and the buzzing youthful vitality that is the essence of this area.



*Vibrant rue Saint-Denis*

## 8. Avenue du Mont-Royal



This street has vitality and panache, reflected in its bevy of eclectic eateries, curiosity shops, and cafés, but mostly in the laid-back attitude of its residents. Bargain shops nestle beside boutiques, while markets sell everything from fashion to ethnic food.

## 9. Avenue du Parc



Starting at rue Sherbrooke heading north, this riotous thoroughfare slices through the principal neighborhoods of the city. You can spend a whole day on this one street alone: enjoying the Tam-Tam drum festival (Sundays only), sampling an authentic Greek, Lebanese or Italian lunch, shopping for bargains or custom-made leather coats in the afternoon, then stopping for a swim at the YMCA, and finally enjoying a drink while listening to live African music.



*Tam-Tam festival, Avenue du Parc*

## 10. Little Italy

**i** *Métro Jean-Talon*

 [Google Map](#)

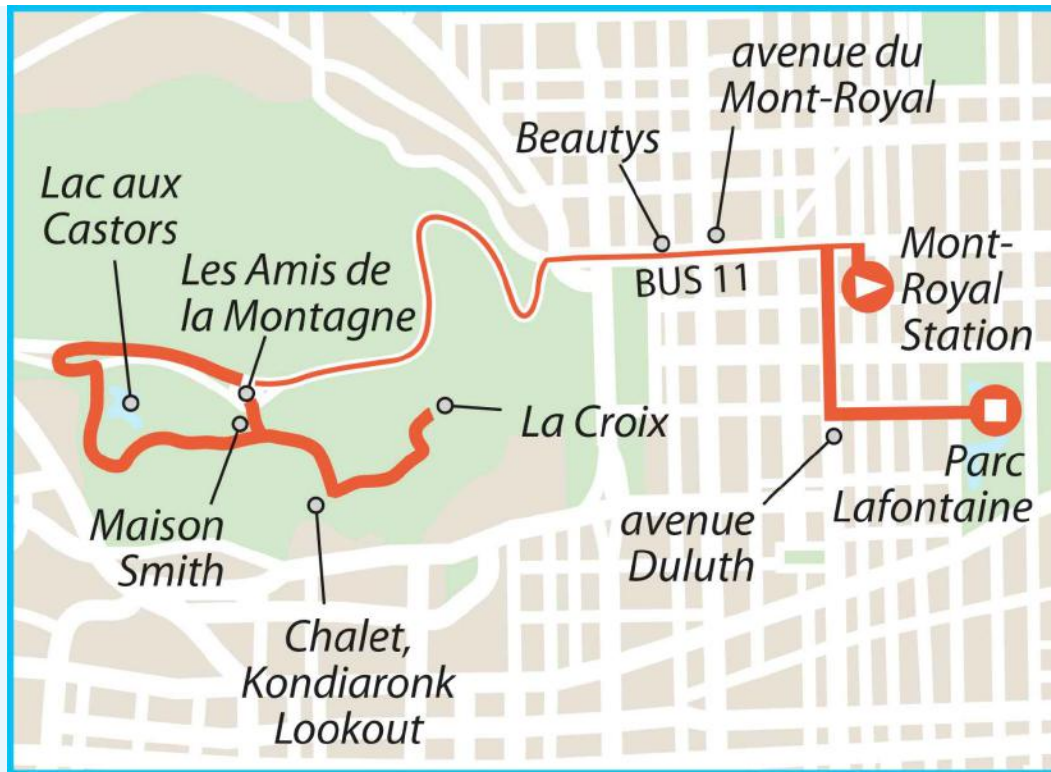
Italian Canadians offer another side to Montreal's ethnic blend and make up the largest immigrant community, tracing their presence in the city back to the early 19th century. Boulevard Saint-Laurent provides the Italian version of café society in a stream of cafés and restaurants, but Little Italy proper is defined by the borders of rue Jean-Talon, rue Saint-Zotique, rue Marconi, and avenue Drolet. Nudging up against Little Italy is the emerging neighborhood of Mile-Ex.

### **MAISON DE LA CULTURE**

Montreal has one of the most prized cultural networks in the world, evident in a system of venues called Maison de la Culture (house of culture) where music, art, and symposia are offered to the public for free or at minimal cost. The best example is the Chapelle Historique du Bon-Pasteur at 100 rue Sherbrooke Est, which has now become a concert hall.



## A DAY'S WALK AROUND MONT-ROYAL



### Morning

Take the No. 11 bus from Mont-Royal Métro station up **avenue du Mont-Royal** and you will be able to see the **Parc Olympique** to the east. Disembark at **Lac aux Castors** and walk around the lakeside trail to see resident ducks and geese. Follow the trail, veering to your left, to chemin Olmsted, which leads you past sculptures of the International Sculpture Symposium. Continue to **Maison Smith**, and take in the wonderful exhibit presented by Les Amis de la Montagne (Friends of the Mountain).

Return to chemin Olmsted and follow the trail left to the commemorative Olmsted plaque embedded in rock, and then on to the main chalet and **Kondiaronk Lookout**, the best viewpoint of the city. Return to the path behind the chalet, turn right and a little farther on, climb the path on your left to the foot of **La Croix**, the most recognized symbol of Montreal.

Return to Maison Smith to take the bus back to Mont-Royal station, and then head to nearby **Beautys** (93 av du Mont-Royal Ouest), a beloved 1950s diner – try the bagel with eggs, bacon, and cheese. Then stroll east on buzzing avenue du Mont-Royal.

### Afternoon

You can either spend the afternoon enjoying some of the best shopping in the area on **avenue Duluth**, or relax in the lovely **Parc Lafontaine**.

 [Back to Mont-Royal to Hochelaga-Maisonneuve](#)

 [Back to Montreal and Quebec City Area by Area](#)

# Bars And Cafés



# 1. Café Olimpico

**i** 124 rue St-Viateur Ouest

 [Google Map](#)

Founded in 1970, this phenomenally popular Italian café in the uber-hip Mile End district is packed with regulars who swear that its lattes are the city's best.



*Café Olimpico*

## 2. Barraca Rhumerie et Tapas

**i** *1134 av du Mont-Royal Est*

 [Google Map](#)

This tightly packed spot is popular with young people who have a penchant for rum. Dozens of brands from 11 countries are served alongside delicious tapas.

### 3. Bílý Kůň

**i** 354 av du Mont-Royal Est

 [Google Map](#)

This hip microbrewery pub serves up creamy house-brewed beer as well as many other quality drinks.

## 4. Isle De Garde

**i** 1039 rue Beaubien Est • DA

 [Google Map](#)

This cozy bar pours an innovative array of suds, from Berliner Melon Weisse (from Dunham, Quebec) to dry, tart ciders, and the house-made Isle de Garde Brown Porter ale.

## 5. Café Rico

**i** *1215 av du Mont-Royal Est*

 [Google Map](#)

Stéphane Tamar Kordahi opened Café Rico as a politically conscious place serving fair-trade coffee. It has succeeded in creating a relaxed, musical ambiance alongside the constant aroma of roasting beans.

## 6. Café Névé

**i** 151 rue Rachel Est

 [Google Map](#)

This is the flagship location of the artisanal coffee chain founded in Montreal. It offers coffee lovers a wonderful ambiance to go with its famous cookies. Brunch is served until 2pm every day, and includes eggs benedict, *croque monsieur*, and various tartines.

## 7. Bar Henrietta

**i** *115 av Laurier Ouest*

 [Google Map](#)

Enjoy Portuguese-tavern-inspired food at this bustling restaurant. There is also an extensive cocktail and wine list.



## 8. Vol de Nuit

**i** 14 rue Prince-Arthur Est

 [Google Map](#)

This stalwart watering hole has the best terrace bar in the city for people-watching – the crowds on the pedestrian walkway present an endless stream of characters.

## 9. El Zaz Bar

**i** 4297 rue St-Denis

 [Google Map](#)

A landmark in Montreal's Plateau district, the El Zaz Bar hosts musical acts of all types. They also have DJs who are up spinning tunes seven nights a week.

## 10. Else's

**i** *156 rue Roy Est*

 [Google Map](#)

This favored neighborhood bar for musicians, artists, and bohemians serves a homey menu of juicy ribs, sausages, and pork tacos, and signature breads.

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# Restaurants

# 1. Larry's

**i** 9 av Fairmount Est • \$\$

 [Google Map](#)

This charming neighborhood eatery has an eclectic menu, an organic wine list, and great cocktails. Don't miss the delicious home-made bread.

## 2. Ty-Breiz Crêperie Bretonne

**i** 933 rue Rachel Est • 514 521 1444 • DA • \$

 [Google Map](#)

Step into this perennial favorite and taste Bretonne food in its traditional forms, from onion soup and frog's legs to the assortment of crêpes.

### 3. Maestro SVP

**i** 3615 bd St-Laurent • 514 842 6447 • \$\$

 [Google Map](#)

This is the place for oysters. Try them fresh, baked, or in a shooter with vodka and horseradish sauce.

## 4. Moishe's

**i** 3961 bd St-Laurent • 514 845 3509 • DA • \$\$\$

 [Google Map](#)

This steakhouse has been attracting businesspeople for years with their steaks topped with dill pickles.



*Dining room at Moishe's*



## 5. Schwartz's

**i** 3895 bd St-Laurent • 514 842 4813 • \$

 [Google Map](#)

Few things are as distinctly Montreal as this landmark Hebrew delicatessen. Its smoked meat sandwiches are world-famous.



*Smoked meat sandwich, Schwartz's*

## 6. Patati Patata Friterie Deluxe

**i** 4177 bd St-Laurent • 514 844 0216 • \$

 [Google Map](#)

Try the delicious breakfasts here or a satisfying dinner of roast beef or fish and chips. Great music.

## 7. Le Filet

**i** 219 av du Mont-Royal Ouest • 514 360 6060 • \$\$

 [Google Map](#)

At this sleek seafood restaurant the fresh fish and shellfish shine, with minimal but well-selected garnishes.


## 8. Wilensky's Light Lunch

**i** 34 av Fairmont Ouest • 514 271 0247 • Closed Sun • DA • \$

 [Google Map](#)

A Jewish deli renowned for its grilled salami and bologna sandwiches.

## 9. Le Pégase

 1831 rue Gilford • 514 522 0487 • \$\$

 [Google Map](#)

Bring your own wine to complement the French food at this small bistro.

## 10. Au Pied De Cochon

**i** 536 av Duluth Est • 514 281 1114 • \$\$

 [Google Map](#)

A meat-centric restaurant where the chef, Martin Picard, has a playful approach to Québécois cuisine.

[See restaurant price categories](#)

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# EXCURSIONS FROM MONTREAL

On Friday nights and Saturday mornings Montreal’s bridges are crowded with residents traveling out of town to enjoy the activities possible in the surrounding countryside. Les Laurentides (the Laurentian mountains) and the Cantons de l’Est (the Eastern Townships) are where Montrealers venture to hike in summer or ski in winter. Traffic through the locks at Sainte-Anne-de-Bellevue also buzzes with boaters heading west on the Ottawa River or east to Trois-Rivières, Quebec City, and on to the Atlantic Ocean. Beaches at Parc National d’Oka, Lac Memphrémagog, or Lac des Sables draw sun-lovers in summer.





# 1. Les Laurentides



Only an hour from the congestion of Montreal, the stunning Laurentian mountains north of the city provide an astounding list of activities. In summer there are endless opportunities to swim, fish, hunt, raft, horse-ride, play golf, mountain climb, or just relax in the sunny rural setting. Winter brings the chance to ski (downhill or cross-country), go tobogganing or snowboarding (for further details see [Les Laurentides](#)).



*Mont Tremblant village buried in the Laurentian mountains*

## 2. Outaouais

**i** *Oméga Park: 399 rte 323 N*

 [Google Map](#)

**i** *Manoir Louis-Joseph-Papineau: 500 rue Notre-Dame, Montebello • Open May–Labor Day (1st Mon Sep): 10am–5pm daily; Labor Day–Oct: 10am–5pm Sat & Sun • Adm*

This historic area west of Montreal was not settled by white people until the early 19th century, and it remains largely undeveloped. Don't miss Oméga Safari Park, just outside Montebello, with its 1,500 acres inhabited by roaming bison, wapitis, black bear, and wolves, then continue on to the Parc National de Plaisance along the Ottawa River, to see flocks of Canada geese. In Montebello itself visit Manoir Louis-Joseph-Papineau, a 19th-century home filled with antiques and local artifacts.



*Caribou, Parc Oméga, Outaouais*

### 3. Hudson and Rigaud

 [Google Map](#)

 [Google Map](#)

A favorite jaunt west from Montreal, the communities of Hudson and Rigaud hug the mountains along the pastoral Ottawa River. Hudson, with its history of British settlement and fur trading, has historic mansions set on magnificent estates and an abundance of antiques shops, art galleries, and cafés. Its landscape is popular for equestrians, while its riverside setting draws a sailing crowd. The village of Rigaud is more French, maintaining its Gallic legacy in churches and family-run farms.

## 4. Deux-Montagnes



This community, 30 minutes' drive from Montreal, was first settled by the Sulpician Order during the French Regime, and the fresh produce of this region, including the famous Oka cheese, is a carry-over from the agricultural traditions begun by the priests. Parc National d'Oka offers camping, kayaking, hiking, and a sandy beach.

## 5. 1000 Islands

**i** Rte No. 401 • Boat trips: St Lawrence Cruise Lines: 1 800 267 7868 • [www.stlawrencerivercruise.com](http://www.stlawrencerivercruise.com)

 [Google Map](#)

These islands are a great escape, accessible either by car or train to Brockville. About 2 hours west of the border of Ontario and Quebec, 1000 Islands actually covers 1,865 islands running the 50-mile (80-km) span from Brockville to Kingston, and were formed by metamorphic rock at the end of the last Ice Age. St Lawrence Islands National Park is the *pièce de résistance*. Camp sites are available on 11 of the islands.



*Bonaventure Island, 1000 Islands*



## 6. Lanaudière

**i** [www.lanaudiere.ca](http://www.lanaudiere.ca)

**📍** [Google Map](#)

From the St Lawrence River Valley rising to the Laurentian lowland plateau, there's a multitude of forests, lakes, rivers, and farmland to explore in this region, all within a few hours of Montreal. You can enjoy numerous activities here, indoors and out. The Festival de Lanaudière, Canada's most renowned classical music festival, takes place from early June to early August, with concerts staged at outdoor venues and heritage churches in Joliette.



*Waterfall, Lanaudière*

## 7. Montérégie

**i** *Fort Chambly: 2 rue Richelieu, Chambly • Open Apr–Oct: 10am–5pm Wed–Sun (mid-May–Sep: daily; Jul–Aug: to 6pm) • Adm*

 [Google Map](#)

To reach this huge region of plains, forests, and history, drive across the Pont Champlain, following signs for highway 10 eastward. Then take highway 133 (also called Chemin des Patriotes after the soldiers who fought the British here in 1837) toward Sorel, one of the oldest cities in Canada. Boat trips are possible around the town's many islands. Of major note in the region, which is known for its apple orchards and cider-making, is Fort Chambly. This well-preserved 18th-century fortress was built to defend the French from both Dutch and British attack.



## 8. Trois-Rivières



Sieur de Laviolette founded this community in 1634, but the beautiful French Regime architecture that once graced the streets was ravaged by a monstrous fire that swept through the entire town in 1908. Only remnants of the original wall survive. Today the town is known as one of the main providers of pulp and paper in the world. Dominating the landscape is the Monastère des Ursulines, a lovely church built by Ursuline nuns, surrounded by a public park. There are a plethora of cafés, bistros, and restaurants on rue des Forges.

## 9. Parc National du Canada de la Mauricie

**i** *Open May–Oct • DA • Adm • [www.pc.gc.ca](http://www.pc.gc.ca)*

 [Google Map](#)

One of Canada's most spectacular areas of rivers, lakes, mountains, and wildlife, La Mauricie National Park is only a two-hour drive from downtown Montreal or Quebec City. It is accessible all year round, and is a perennial favorite with campers and outdoor enthusiasts. It is particularly popular with anglers, with trout and pike found in abundance in Lac Wapizagonke.



*Canoeing, La Mauricie National Park*

## 10. Cantons de l'Est

 [www.cantonsdelest.com](http://www.cantonsdelest.com)

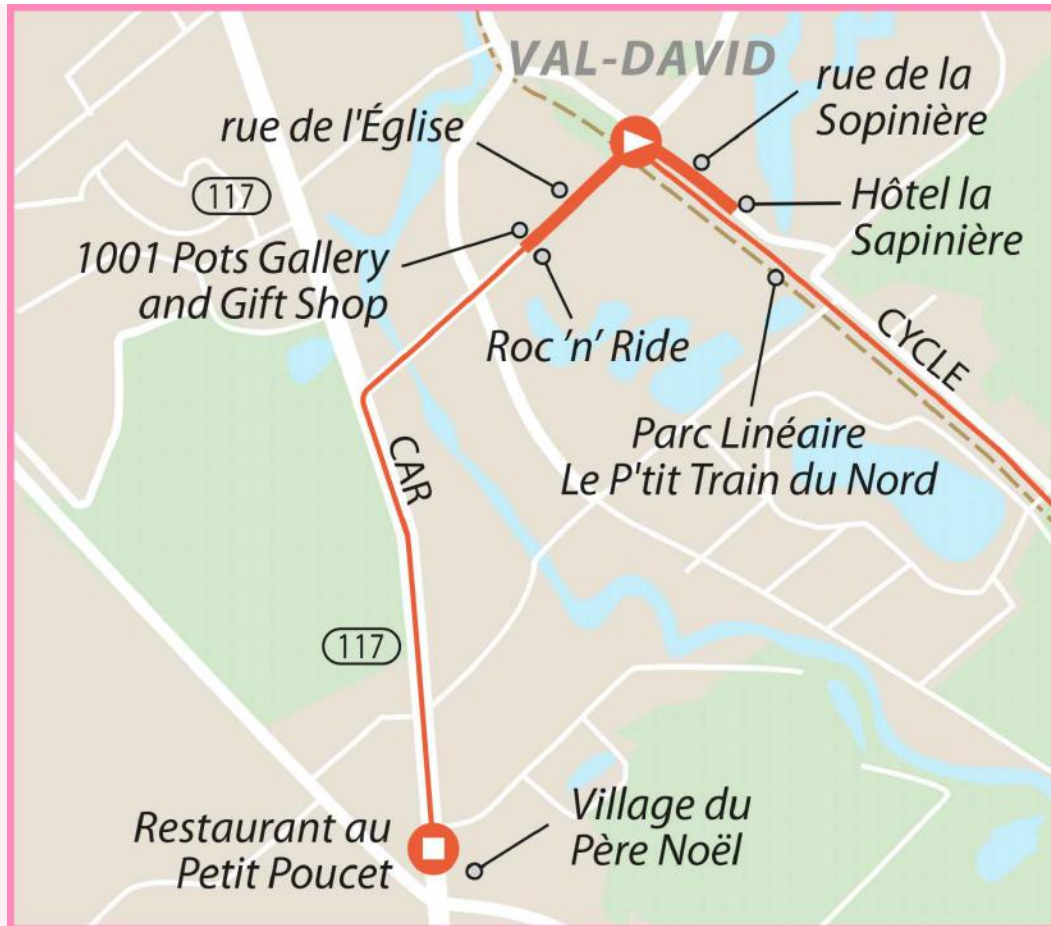
 [Google Map](#)

This natural wonderland is bounded by the Richelieu and St Lawrence rivers and the US states of Vermont, New Hampshire, and Maine. The biggest feature is the Appalachian Mountains, with top-notch hiking trails at Owl's Head, Mont Sutton, Mont Bromont, and Mont Orford. The villages of this vast district, such as Knowlton, are a remnant of 19th-century British settlement, their Victorian buildings now home to antiques shops and cafés (for further details see [Attractions in Cantons de l'Est](#)).

### **BRIDGES OF MONTREAL**

Getting on and off the island city of Montreal can be daunting. Pay due respect to the French “*pont*” (bridge) signage, because once you are on a bridge, you must continue across it before you can turn around. There are a total of 15 bridges and one tunnel providing access to the city.

## A DAY IN VAL-DAVID AND THE P'TIT TRAIN DU NORD TRAIL



### Morning

Take Route 15, the Laurentian Autoroute, north to Exit 76, then join Route 117 north to the village of **Val-David**. At the Municipalité de Val-David (2501 rue de l'Église) you can obtain a map and detailed information about the region.

Walk down **rue de l'Église** to visit the **1001 Pots Gallery and Gift Shop** (2435 rue de l'Église). This exhibition of handmade pottery and works of art is the largest ceramic show in North America, produced by an esteemed collective of over 50 Québécois artists. For a great lunch, backtrack to rue de la Sapinière and turn right to **Hotel la Sapinière** (1244 chemin de la Sapinière; 819 322 2020).

### Afternoon

After lunch, explore the **Parc Linéaire Le P'tit Train du Nord**, a green swath of protected trails snaking 125 miles (200 km) through the Laurentides on the old mountain train path. The

defunct railroad line is perfect for hiking, cycling, and walking in summer and cross-country skiing in winter. If cycling is your preference, Roc 'n' Ride (2444 rue de l'Eglise) rents bikes. Return to Val-David and, if you have the energy, shop for unusual Christmas decorations at **Village du Père Noël** (987 rue Morin), open all year. Then enjoy a Québécois dinner at **Restaurant au Petit Poucet**.

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# Attractions In Cantons De L'Est

# 1. Zoo de Granby

**i** 1050 bd David-Bouchard, Granby • Open May–mid-Jun: 10am–5pm daily; mid-Jun–Aug: 10am–7pm daily; Sep–Oct: 10am–5pm Sat & Sun • Adm

 [Google Map](#)

This zoo is home to over 250 species of animals from exotic countries.

## 2. Parc National du Mont-Orford

**i** 3221 chemin du Parc, Canton d'Orford

 [Google Map](#)

Rising majestically beside the Eastern Townships Autoroute, Mont Orford is the central area for outdoor activities in this sprawling preserve, covering over 22 sq miles (57 sq km) around the mountain.



## 3. Knowlton



Set on the inviting shores of Lac Brome, this 19th-century Anglophone village has an idyllic locale, attracting vacationers.

## 4. Lac Memphrémagog



This huge lake is a draw for boat-lovers. La Traversée Internationale du Lac Memphrémagog, an annual international swimming contest, attracts thousands to the nearby town of Magog in summer.

## 5. L'Abbaye de Saint-Benoît-du-Lac

**i** *Saint-Benoît-du-Lac • Open 5:30am–9pm daily*

 [Google Map](#)

Benedictine monks founded this monastery overlooking Lac Memphrémagog in 1913. Gregorian chants take place daily at 5pm.

## 6. Le Chemin des Vignobles de l'Estrie



Due to its slate soil and climate this area has a highly respected wine-growing tradition visible along the Wine Route (Hwy 202) between Dunham and Stanbridge East.

## 7. Frelighsburg

 [Google Map](#)

A peaceful town at the foot of Mount Pinnacle and near the US border, Frelighsburg's landscape attracts artists and photographers.



*Fall landscape around Frelighsburg*

## 8. Bromont

**i** *Le Musée de Chocolat: 679 rue Shefford; 8:30am– 6pm Mon– Fri, 8am–5:30pm Sat & Sun*

 [Google Map](#)

Bromont embodies all the best of Cantons de l'Est: A quaint main street is lined with antique shops and galleries; cozy restaurants serve farm-fresh cuisine; and the town is surrounded by the great outdoors. For a sweet visit stop into the Musée du Chocolat, where you can learn about chocolate-making while nibbling on fine specimens.

## 9. Sherbrooke



The Rivière Saint-François bisects this commercial center of Cantons de l'Est. Despite its history of British settlement, today it is predominantly a French-speaking town.

## 10. Parc de la Gorge de Coaticook

 [Google Map](#)

This park is set around a 165-ft (50-m) gorge, and offers hiking trails and horse riding, as well snow and ice activities in winter (for further details see [Parc de la Gorge de Coaticook](#)).

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# Restaurants In Cantons De L'Est

# 1. Café Massawippi

**i** 3050 chemin Capelton, North Hatley • 819 842 4528 • Closed Sun & Mon (Nov–May) • \$\$\$

 [Google Map](#)

The food and service are the stuff of dreams in this welcoming house. Try *mignon* of pork with caramelized endive, compote of pear, goat's cheese, and tarragon.

## 2. Haut Bois Normand

**i** 426 chemin George- Bonnallie, Eastman • 450 297 2659 • Open weekends only • \$

 [Google Map](#)

Experience adventure trails in summer and tubing in winter before sampling traditional Québécois fare. In March, try the *tire sur neige* (maple-syrup taffy on snow).

### 3. Auberge aux Toits Rouges

**i** 72 rue Chesham, Notre-Dame-des-Bois • 819 888 2999 • DA • \$\$

 [Google Map](#)

Local produce features highly at this country inn. One of the highlights is the *filet mignon*.

## 4. La Tablee du Pont Couvert

**i** 5675 rte 147, R.R.2 Milby • 819 837 0014 • \$\$

 [Google Map](#)

The chef-owner André LaPalme provides “*soirées épicurienne*” of five courses and four wine servings. Reservations are essential.

## 5. Auberge West Brome

**i** 128 rte 139, West Brome • 450 266 7552 • DA • \$\$\$

 [Google Map](#)

Luxurious Auberge West Brome offers Lac Brome duck and other regional specialties, grown in the on-site vegetable garden, as well as first-class accommodations.

## 6. L'Oeuf

**i** 229 chemin Mystic, Mystic • 450 248 7529 • Closed Mon & Tue • \$\$

 [Google Map](#)

A gourmet restaurant, *chocolaterie*, and auberge specializing in creative dishes, ending with chocolate.

## 7. Le Cellier Du Roi Par Jérôme Ferrer

**i** *Le Royal Bromont, 400 chemin Compton • 450 534 4653 • \$\$*

 [Google Map](#)

Chef Jérôme Ferrer showcases his Quebec-inspired cuisine with a menu deeply rooted in the surrounding region. Amid the grounds of the Le Royal Bromont golf course.



*Le Cellier Du Roi Par Jérôme Ferrer*



## 8. L'Ancrage

**i** 1150 rue Principale Ouest, Magog • 819 843 6521 • \$

 [Google Map](#)

Chef Jeanine Ouellette offers high-end dishes on the shores of Lac Memphrémagog. A gourmet six-course meal is also available.

## 9. La Table du Chef

**i** 11 rue Victoria, Sherbrooke • 819 562 2258 • \$\$

 [Google Map](#)

Run by renowned chef Alain Labrie, this stylish restaurant excels at French-accented regional cuisine, including grilled bison with polenta.

## 10. Auberge du Joli Vent

**i** 667 chemin Bondville, Lac-Brome • 450 243 4272 • Open Fri & Sat dinner only • \$\$

 [Google Map](#)

A weekly changing menu features innovative dishes using locally sourced seasonal ingredients.

[See restaurant price categories](#)

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# Natural Sights

# 1. Missisquoi Bay



The traditional home of the Abenaki native people, this lush area in the western corner of Cantons de l'Est was the first refuge for Loyalist settlers crossing into Canada after the American Revolution.

## 2. The Orchards



The best territory for apples in the province is the Montérégie Region, but Cantons de l'Est also has plenty of orchards around Dunham, Brigham, Compton, and Stanbridge.

## 3. Lac Brome



Lac Brome has several delightful lakeside communities: Knowlton, Foster, Bondville, Fulford, Iron Hill, East Hill, and West Brome – all retain in part a bygone way of life.

## 4. Route Saint-Armand



In 1748 the Seigneurie Saint-Armand was given to René Nicholas Levasseur by the King of France. Much of this grand property can be seen today on the roads from Vale Perkins on Lac Memphrémagog to Saint-Armand.



## 5. Mont Sutton

 [Google Map](#)

Since it opened in 1960, Mont Sutton has been a favorite with downhill skiers due to its superior slopes.



*Riding the chairlift to the top of Mont Sutton*

## 6. Mont Owl's Head



This dramatically positioned ski resort is set above Lac Memphrémagog and is tied with **Mont Orford** as Quebec's highest vertical drop.

## 7. Lac Massawippi



Celebrities are among those on the list of regulars at the [Manoir Hovey](#) resort here. Le Festival du Lac Massawippi runs popular music concerts from April until end of June.

## 8. Parc de la Gorge de Coaticook



Over 50,000 years ago the Wisconsin Glacier started to melt, giving birth to the Coaticook Lake and then this river, which dug a cavernous gorge. It now attracts visitors to the longest pedestrian suspension bridge in North America (for further details see [Parc de la Gorge de Coaticook](#)).

## 9. Parc National du Mont-Mégantic

 *Rte No. 257*

 [Google Map](#)

Stargazing is the rule in this huge natural wonderland as the Astrolab beckons astronomers of every level.

## 10. Lac Mégantic

 *Rte No. 161*

 [Google Map](#)

Located at the eastern edge of the townships in the Appalachian foothills, this peaceful lake provides outdoor activities and has a beach.

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# Local And Québécois Cuisine

# 1. Cap Saint-Jacques Maison de la Ferme Ecologique

**i** 183 chemin du Cap-Saint-Jacques, Pierrefonds • 514 280 6743 • Closed D • DA • \$

 [Google Map](#)

Visit the organic farm, tour the stables, then relax on the terrace enjoying a burger, pasta, soups, or salads. A store sells organic produce.



## 2. Owl's Bread Bakery

**i** 299A rue Principale, Mansonville • 450 292 3088 • DA • \$

 [Google Map](#)

This artisanal French bakery is also a high-end grocery and bistro. Almost all ingredients are organic and local.

### 3. Sucrierie de la Montagne

**i** 300 St Georges Rd, Rigaud • 450 451 0831 • DA • \$\$

 [Google Map](#)

Pierre Faucher's maple sugar house serves Québécois cuisine such as pea soup, *tourtière* (meat pie), wood-fired baked beans, maple-glazed smoked ham, and maple sugar pie.

## 4. Le Cheval de Jade

**i** 688 *rue de Saint-Jovite, Mont Tremblant* • 819 425 5233 • \$\$\$

 [Google Map](#)

This is a place of refined pleasures. Chef Olivier Tali crafts delectable French-influenced Québécois fare, like local Ste-Agathe trout with red wine and maple syrup.

## 5. Le Lupin

**i** 376 rue St-Georges, Trois-Rivières • 819 370 4740 • \$\$

 [Google Map](#)

An inviting “bring your own bottle” restaurant serving home-style local dishes, from duck foie gras with wild berries to apple pie in a brandy sauce.

## 6. Ferme Apicole Intermiel

**i** 10291 rang de la Fresnière, Mirabel • 450 258 2713 • Closed D  
• DA • \$

 [Google Map](#)

This farm offers wonderful picnic sites with an abundance of apiary products to taste afterwards, such as honey mead and honey cookies.



*Honey bees, Ferme Apicole Intermiel*

## 7. Restaurant au Petit Poucet

**i** 1030 rte 117, Val David • 819 322 2246 • DA • \$\$

 [Google Map](#)

Chef Réjean Campeau produces delectable maple-smoked ham, pig's knuckles, and sugar pie.

## 8. Poivre Noir

**i** 1300 rue du Fleuve, Trois-Rivières • 819 378 5772 • \$\$

 [Google Map](#)

Dig into dishes crafted in Québécois style, from bison tartare to rich foie gras with smoked apple.

## 9. Le Petite Cachée

**i** 2681 chemin du Village, Mont Tremblant • 819 425 2654 • \$\$\$

 [Google Map](#)

This charming bistro serves traditional French and Québécois cuisine – try smoked duck with mustard ice cream or sesame-crusted salmon.



## 10. Restaurant L'Imperial

**i** 320 bd Leclerc, Local 28, Granby • 450 994 1922 • Closed Mon  
• \$\$\$

 [Google Map](#)

Run by renowned chef Jean-Philippe Tastet, this destination eatery serves delicious duck bolognese ravioli, herb-roasted chicken, and home-made desserts. Extensive wine list.

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# QUEBEC CITY

Europeans first settled here in 1608, and throughout its history Quebec City has been the focus of political struggle between the British and the French – a battle that still rages today in this home of French separatism. Yet despite this turmoil, with its beautiful riverside setting, heritage sites, and cobblestone streets – all of which earned it World Heritage status in 1985 – the city is a traveler’s dream. Poised upon the Cap Diamant escarpment overlooking the St Lawrence River and Les Laurentides, the city is home to a Francophone population rich in cultural pride and exuberance, magnificent architecture, preserved churches and monuments, fine cuisine, and numerous opportunities for outdoor adventure.



# 1. La Citadelle



Strategically perched on the precipice of Cap Diamant with a full 360-degree view, this powerful bastion would daunt the bravest of enemies approaching the riverside city. All you need to do is attend one of its summertime cannon-firing demonstrations to appreciate the persuasive power of this mighty fortress (for further details see [La Citadelle, Quebec City](#)).



*La Citadelle*

## 2. Musée de la Civilisation de Québec



Architect Moishe Safdie mirrored the surrounding neighborhood by incorporating the French Regime style in his design for this interesting building. Inside, however, it is another story – a futuristic world complete with a range of interactive exhibitions, as well as displays of folk art, religious icons, antique furniture in period settings, and everyday items that illustrate life in the city during its 400-year history. There are also collaborative exhibitions at Place Royale and the Musée de l'Amérique Francophone, the extra space allowing for a comprehensive program covering multiple themes and generations (for further details see [Musée de la Civilisation de Québec](#)).

### 3. Château Frontenac



The most photographed landmark in the city, this hotel with its green copper roof is an architectural jewel designed by architect Bruce Price as a French-style château. Since it opened in 1893, the hotel has welcomed the rich, the famous, and the noble through its doors and into its plush salons. Guided tours are available (for further details see [Fairmont Château Frontenac, Quebec City](#)).



*The imposing Château Frontenac*



## 4. Quartier Petit-Champlain



Home to 17th-century artisans and dockworkers in the 19th century, the houses in this area have now been renovated and adapted into an attractive range of eclectic gift shops, transforming what is the oldest part of the city into today's liveliest quarter. Maple butter, French macramé, and sculpted cherrywood cribs are just a few of the many unusual treats you can purchase here. Along the way you can eat and drink in the bars and cafés lining the pedestrianized streets.



*Shop at Petit-Champlain*



## 5. Parc des Champs-de-Bataille

**i** *Open Jul–mid-Sep: 8:30am–5:30pm daily; mid-Sep–Jun: 8:30am–5pm Mon–Fri, 9am–5pm Sat, 10am–5pm Sun • Adm*



Located within one of the park's many historic buildings, the Battlefields Park Interpretation Center offers an inventive agenda to illustrate one of North America's most historic sites. The highlight is a multimedia show recounting the battles of 1759 and 1760 that took place here, and which led to a French defeat by the British (for further details see [Moments in History](#)). An imposing mural by Quebec artist Aline Martineau depicts the establishment of the park in the 1930s and how it has changed over the years (for further details see [Parc des Champs-de-Bataille, Quebec City](#)).

## 6. Observatoire de la capitale

**i** 1037 rue de la Chevrotière • Open 10am–5pm daily (closed Mon mid-Oct–Jan) • DA • Adm



From the 31st floor of the Capital Observatory you can enjoy spectacular views of the entire area. Adding to the experience are the taped interpretation guides offering interesting information about the city in French, English, and Spanish. You can also learn about many aspects of the city's history at the interactive Horizons exhibit. Many city tours begin or end here too.

## 7. Place Royale



The site of Nouvelle-France's first settlement, built by Samuel de Champlain in 1608, has been the hub of the city's cultural activities throughout its history. Shipbuilders, merchants, clergy, and everyday citizens once gathered here to conduct commerce, celebrate harvests, marry, drink, and bury their dead. Today, festivals such as Les [Fêtes de la Nouvelle-France](#) rekindle the days of the early settlers with theatrical performances and traditional music. Don't miss Église Notre-Dame-des-Victoires, which has a collection of paintings by Van Dyck depicting the French victory over the British in 1690.



*Notre-Dame-des-Victoires, Place Royale*

## 8. Place de l'Hôtel de Ville



In the 18th century this square was the site of the Notre-Dame market and is still a popular gathering place for locals. During the summer it is often jammed with visitors who come to enjoy free music concerts and performances by local actors. The Romanesque architecture, as seen in the Hôtel de Ville (town hall) immediately beside the square, lends the area an imposing air.



*Place de l'Hôtel de Ville*

## 9. Marché du Vieux-Port

**i** 160 quai St-André

 [Google Map](#)

The Bassin Louise is the home of the Old Town's fresh produce market, where farmers from [Île d'Orléans](#) and other outlying areas bring their harvest to tempt appetites and inspire local chefs. Don't be afraid to ask for a sample before you buy, especially at Le Fromageur cheese stall. Inside the green-roofed building is a café, where you can savor more of the local delights.

## 10. Faubourg Saint-Jean-Baptiste



Built as a military defence against the British in the 18th century, the striking stone gate (Porte Saint-Jean) is a tourist draw from which visitors can walk for 3 miles (4 km) along the city's ramparts. The area around the gate, also known as Quartier Montcalm, has a concentration of Québécois specialty merchants, as well as designer boutiques, cultural outlets, and nightclubs. This zone is famous for its bistros and restaurants serving fine French cuisine.

### **TROMPE-L'OEIL**

*Trompe-l'oeil* means “to deceive the eye” and if you are in the Quartier Saint-Roch district of Quebec City (near the train station) you can see a marvelous example of this art tradition on the columns on rue Charest Est. Combining the energetic talents of street graffiti artists under the guidance of a trained painter, a project evolved creating *trompe l'oeil* paintings to decorate cement highway pillars. The results are astounding and have led to the graffiti artists forming their own legitimate company.

## A DAY EXPLORING THE OLD TOWN



### Morning

Start your day at **Château Frontenac** for a breathtaking view of the St Lawrence River, Basse-Ville, Vieux-Port, and *Île d'Orléans* in the distance. Immediately beside the hotel runs **Terrasse-Dufferin**, a boardwalk clinging to the rock escarpment complete with ornate Parisian-style street lamps. After taking in the exhilarating surroundings, stroll through the **Jardins des Gouverneurs** and look for monuments to Wolfe and Montcalm, the French and English generals in the Battle of the Plains of Abraham (for further details see [British Takeover](#)).

Go back along Terrasse-Dufferin to **Quartier Petit-Champlain**, the oldest merchant district in North America, with its dazzling variety of boutiques and souvenir shops.

Enjoy hearty local fare, like rabbit lasagne and cheese fondue, at the inviting **Lapin Sauté** (52 rue du Petit-Champlain).

### Afternoon

If you want to stretch your legs after lunch, follow the natural flow of the land to the waterfront, head left along **rue Dalhousie** and the Vieux-Port and turn left at **rue St-André**. Here you'll find the delights of **Marché du Vieux-Port**, where you could easily spend the rest of the afternoon, sampling the local treats.

For an early evening drink, there is no better spot than the **Aviatic Club** bar/restaurant in the elegant train station (450 rue de la Gare-du-Palais).



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# The Best Of The Rest

# 1. Place D'Youville



This popular square, located in front of the 18th-century stone gate Porte Saint-Jean, bustles with activity. Outdoor music concerts are held here in summer and there is an ice-skating rink from October to March.

## 2. Sanctuaire Notre-Dame du Sacré-Coeur

**i** 71 rue Ste-Ursule • Open 7am–8pm daily

 [Google Map](#)

Stained-glass windows and marble plaques are highlights of this Neo-Gothic jewel, built in 1910.

### 3. Musée National des Beaux-Arts

**i** *Parc des Champs de Bataille • Open 10am–6pm Tue–Sun (to 9pm Wed; to 5pm Labor Day–May) • Adm*

 [Google Map](#)

These four distinct pavilions (including a former jailhouse) exhibit works by Québécois and international artists.

## 4. Musée Bon-Pasteur

**i** 14 rue Couillard • Open 1–5pm Tue–Sun

 [Google Map](#)

This museum highlights the activities of the Soeurs du Bon-Pasteur religious order.

## 5. Quebec City to Lévis Ferry

**i** *10 rue des Traversiers*

 [Google Map](#)

This 10-minute crossing offers a stunning view of the city.



*Quebec City to Lévis Ferry*

## 6. Porte Saint-Louis



Although the city walls were a security necessity in the 18th century, they were an impediment to merchants, so gates such as Porte Saint-Louis were cut into the fortifications to improve the flow of commerce.



*Porte Saint-Louis*



## 7. L'Îlot des Palais

**i** 8 rue Vallière • Open Jan–May: 1–4:30pm Thu & Fri, 10am–3pm Sat & Sun; June: 10am–5pm Tue–Sun (Jul–early Sep: daily) • Adm

 [Google Map](#)

Quebec City's history is interpreted in a number of interactive displays.

## 8. Hôtel du Parlement

**i** 1045 rue des Parlementaires • Open Sep–Jun: 9am–4:30pm  
Mon– Fri; Jun–Sep: 9am–4:15pm Mon–Fri, 10am–4:15pm Sat &  
Sun

 [Google Map](#)

The city's political forum is housed in this imposing structure.

## 9. Maison Chevalier

**i** 50 rue de Marché Champlain • Open Jun–Sep: 9:30am–5pm  
Tue–Sun; Oct–Apr: 10am–10pm Sat & Sun

 [Google Map](#)

This former inn has displays on 17th- and 18th-century Quebec.

## 10. Quebec Experience

**i** 8 rue du Trésor • Open May–Oct: 10am–10pm daily; Oct–May: 10am–5pm daily • Adm

 [Google Map](#)

Animatronics and holograms are creatively used to explore over 400 years of life in the city.

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# Other Attractions

# 1. Musée du Fort

**i** 10 rue Ste-Anne • Open Apr–Oct: 10am–5pm daily; Nov, Feb–Mar: 11am–4pm Thu–Sun • Adm

 [Google Map](#)

State-of-the-art technology has created a diorama that illustrates the tale of this walled city.

## 2. Bastion du Roy Lookout

**i** *End of rue de la Porte*

 [Google Map](#)

Come here for incredible views of Île d'Orléans, the St Lawrence River, the South Shore, and Mont Sainte-Anne.

### 3. Parks Canada Exhibition Hall

**i** 3 rue de Buade • Open 8:30am–4:30pm daily

 [Google Map](#)

Set in a 19th-century heritage building, this space presents temporary cultural exhibitions and offers brochures of Parks Canada sites.



## 4. Les Glissades de la Terrasse-Dufferin

**i** *Open mid-Dec–mid-Mar: 11am–11pm daily • Adm*

 [Google Map](#)

This winter attraction features three icy toboggan runs bolting participants at 45 mph (70 kmph) down a steep 820-ft (250-m) incline.

## 5. Galerie d'art Inuit Brousseau

**i** 35 rue St-Louis • Open 9:30am–5:30pm daily • Adm •

[www.artinuit.ca](http://www.artinuit.ca)

 [Google Map](#)

The Inuit sculptures displayed here help illustrate the lifestyles and traditions of these native Canadian peoples.

## 6. Boutique Métiers des Arts du Québec

**i** 58 rue Sous-le-Fort • Open 10am–5pm daily • Adm

 [Google Map](#)

A former glass-blowing factory, this museum now preserves and promotes the art of the province.



*Sculpture, Musée d'art Inuit Brousseau*

## 7. Parc National de la Jacques-Cartier

**i** 325 chemin du Hibou, Stoneham

 [Google Map](#)

Located 25 miles (40 km) from downtown Quebec City, this immense park abounds with lakes, mountains, and outdoor activities in all seasons.



*Parc National de la Jacques-Cartier*

## 8. Station Touristique Duchesnay

**i** 143 route Duchesnay, Sainte Catherine de la Jacques Cartier

 [Google Map](#)

To see the glorious Canadian forests, head west toward Sainte-Catherine-de-la-Jacques-Cartier. This region has a Scandinavian spa, a riot of winter attractions, and water sports on Lac Saint-Joseph.

## 9. Grand Canyon des Chutes Sainte-Anne

**i** *Route 138 est, Beupré • DA • Adm*


 [Google Map](#)

Only 20 minutes outside the city is a series of waterfalls contained in a narrow canyon. A breathtaking sight.

## 10. Chemin du Roy

 [Google Map](#)

The “King’s Road” (route 138) winds from Montreal to Quebec. Chemin du Roy is known today by cyclists as the Route Verte for its beautiful bike path that trails alongside the St Lawrence River.

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# Shopping And Markets



# 1. Rue du Petit-Champlain



A marvelous pedestrianized shopping concourse that features fashion boutiques, souvenir shops, restaurants, art galleries, theaters, and a park. Don't miss a ride on the Funiculaire.



*Strolling on rue du Petit-Champlain*

## 2. Simons

**i** 20 côte de la Fabrique • DA

 [Google Map](#)

Fashions for the whole family can be purchased here. Expect impeccable service from the staff.

### 3. Galeries de la Capitale

**i** 5401 bd des Galeries, off rte 310 • DA

 [Google Map](#)

One of the busiest shopping malls in the country with over 250 stores offering fashion, electronics, groceries, books, furniture, and more. A themed area for children includes a ferris wheel, roller coaster, and skating rink.

## 4. Place Québec

**i** 880 autoroute Dufferin-Montmorency • DA

 [Google Map](#)

Just outside Porte Kent, this bustling complex is the home of upscale shops, restaurants, and cinemas.

## 5. Place de la Cité

**i** 2600 bd Laurier, junction of hwys 175 and 720, Sainte-Foy • DA

 [Google Map](#)

Southwest of town you will find shopper's heaven where three upscale malls converge. It has the largest concentration of exclusive boutiques in Quebec, and also a produce market and restaurants.

## 6. Marché du Vieux-Port



This farmers' market is a cornucopia of the finest produce grown in the province (for further details see [Marché du Vieux-Port](#)).

## 7. J.A. Moisan

**i** 699 rue St-Jean • DA

 [Google Map](#)

Jean-Alfred's establishment began in 1871, making it the oldest grocery store in North America. Typical articles on sale at this charming store include fine condiments, meat, bread and pastries, and cheeses from around the world.



## 8. Les Promenades du Vieux-Québec

**i** *43 rue de Buade*

 [Google Map](#)

This tiny shopping cluster of unique boutiques also features the Quebec Experience movie on the second floor (for further details see [Quebec Experience](#)) and the charming Au Royaume de Père Noël, where you can buy unusual Christmas decorations throughout the year.

## 9. Marché Public de Sainte-Foy

**i** 929 av Rolande-Beaudin, Sainte-Foy • Rte 440

 [Google Map](#)

This public market is a mix between an age-old farmers' market and a contemporary grocery store. Being able to meet the grower face to face offers a satisfying assurance of the freshness of your purchases.

## 10. La Carotte Joyeuse

 *690 rue St-Jean*

 [Google Map](#)

Specialists in organically grown produce, this little grocery store sells baked goods as well as aromatic and medicinal herbs and spices.

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# Nightlife

# 1. Grand Théâtre de Québec

**i** 269 bd René-Lévesque Est • DA

 [Google Map](#)

The Grand Théâtre de Québec showcases the talents of l'Orchestre Symphonique de Québec, Opéra de Québec, and an international line-up of musical stars (for further details see [Grand Théâtre de Québec, Quebec City](#)).

## 2. Le Pape Georges

**i** *8¼ rue Cul-de-Sac*

 [Google Map](#)

Enjoy live music (mostly jazz and blues) from Thursdays to Sundays while sampling local cheeses and cold meats accompanied by a wide selection of wines by the glass.

### 3. L’Inox

**i** 655 *Grande Allée Est*

 [Google Map](#)

This microbrewery in the city’s Vieux-Port is a blessing for beer-lovers. The place has a clear passion for the stuff and offers a wide selection of home-made blondes, whites, ambers, reds, and browns.

## 4. Dagobert

**i** 600 rue Grande Allée Est • DA

 [Google Map](#)

A large, popular three-storied club. A live band venue on the first floor evolves upstairs into a more conventional disco. The action does not begin until after midnight. There's also a cigar lounge.



## 5. Chez Maurice Complex

**i** 575 rue Grande Allée Est • DA

 [Google Map](#)

Competing with Dagobert across the street is another wild, three-tiered entertainment tower. The Chez Charlotte's lounge is on the top floor, with the dance club Chez Maurice and smoking club Société Cigares occupying the floors below.

## 6. Le Boudoir Lounge

**i** 441 rue du Parvis

 [Google Map](#)

This trendy venue with a busy, vibrating dance floor has an impressive LED light system.

## 7. Théâtre de la Bordée

**i** 315 rue St-Joseph Est • DA

 [Google Map](#)

Founded in 1976, this attractive theater stages a range of classical and contemporary performances from poetry to Shakespeare, with sets designed by luminaries such as [Robert Lepage](#).

## 8. Théâtre Petit-Champlain

**i** 68 rue du Petit-Champlain • DA

 [Google Map](#)

This is one of the best small theaters in North America for design, ambiance, repertoire, and location. Evocative performances of music, song, dance, and modern art.

## 9. Palais Montcalm

**i** 995 place d'Youville

 [Google Map](#)

This multi-room theater offers performances from the biggest names in music, as well as a more intimate space for emerging artists.



*Crowds at Palais Montcalm*

## 10. Le Temps Partiel

**i** 698 rue d'Aiguillon

 [Google Map](#)

French and English punk, goth, techno-goth, and indie bands play at this alternative club where local art adorns the walls. Fridays are all about DJs and dancing.

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# Bars And Cafés

# 1. Bar Le Sacrilege

**i** 447 rue St-Jean • DA

 [Google Map](#)

This quaint pub with church pew seats has 14 different microbrews on tap, but that's not all it offers: it often doubles as a performance space for actors and musicians.



## 2. Le Ninkasi du Faubourg

**i** *811 rue St-Jean*

 [Google Map](#)

Named after the ancient Sumerian goddess of beer, this microbrewery also operates as a live music venue and art gallery offering a varied schedule of events.

### 3. Pub d'Orsay

**i** 65 rue de Buade • DA

 [Google Map](#)

Without a doubt, one of the most appealing pubs, indoors or out, for Quebec's famous microbrewery beers such as Belle Gueule, Boréale and Blanche de Chambly, and the unique taste of Cidre de Minot.

## 4. Le Cercle

**i** 228 rue St-Joseph Est

 [Google Map](#)

This trendy bar has extra tables on “catwalks” overlooking a small dance floor. The chef creates tapas, specialty menus for special occasions, and other offerings showcasing regional ingredients. For added entertainment, there is an art gallery in the basement.



*Urban-style Le Cercle*

## 5. Brynd

**i** 369 rue St-Paul • DA

 [Google Map](#)

Brynd is a wonderful place to chow down on authentic smoked meat, with side orders of salads, pickles, and coleslaw. Its patio is the perfect spot to sit and watch the hustle and bustle of busy rue St-Paul.

## 6. Café Krieghoff

**i** 1091 av Cartier • Bus No. 10

 [Google Map](#)

If you wish to venture into the heart of Quebec City's artistic community, there is no better place than a seat at this convivial café. Ideal for light meals and strong coffee. B&B accommodations too.

## 7.1068 Wine and Cheese Bar

**i** *Le Château Frontenac, 1 rue des Carrières*

 [Google Map](#)

Named after the year of Quebec City's founding, this stylish wine bar in the famed Le Château Frontenac pours rich wines and offers one of the largest selections of Quebec cheeses in Canada.

## 8. The Dazibo

**i** 58 rue Duchesnay, Sainte-Catherine-de-la-Jacques-Cartier

 [Google Map](#)

A magical mix of an Irish pub and a French kitchen makes this charming eatery worth a side trip out of town. Be sure to sample their hearty Irish stew and delicious desserts.

## 9. La Barbarie

**i** 310 rue St-Roch

 [Google Map](#)

Highlights of this eco-friendly brewery include a tasting room and a beer garden. La Barbarie is also an excellent place to sample the locally made beer.



## 10. Chez Temporel

**i** 25 rue Couillard

 [Google Map](#)

On a quiet street, this popular meeting place has the best home-made croissants, *croque monsieurs*, and coffee in the province.

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# Restaurants

# 1. Café du Monde

**i** 84 rue Dalhousie • 418 692 4455 • DA • \$\$

 [Google Map](#)

In a lovely waterside location, this Paris-style bistro serves great food. Try the black pudding with apple compote.



*Elegant dining area at Café du Monde*

## 2. Patente et Machin

**i** 82 rue St-Joseph Ouest • 581 981 3999 • \$\$

 [Google Map](#)

This modern French restaurant is popular for its tuna *quenelles* (creamed fish), bison bavette steaks, wild boar flanks, and other classic French dishes, prepared with a twist.

### 3. Savini

**i** 680 Grande Allée Est • 418 647 4747 • DA • \$\$

 [Google Map](#)

Savini is a stylish “resto-bar and vinothèque” that serves classic Italian dishes and an impressive list of wines by the glass. After supper it turns into a buzzing nightspot.

## 4. Charbon Steakhouse

**i** 450 rue de la Gare-du-Palais • 418 522 0133 • DA • \$\$

 [Google Map](#)

The tantalizing aroma of meat and seafood, cooked over an open maple-wood grill, wafts through the Gare du Palais station, which houses this popular steakhouse.

## 5. Le Champlain

**i** 1 rue des Carrières • 418 692 3861 • \$\$\$

 [Google Map](#)

A landmark restaurant that has been reinvented over the years, Le Champlain is a classic French eatery that serves fantastic regional cuisine.

## 6. Pub St-Patrick

**i** 45 rue Couillard (off rue St-Jean) • 418 521 1885 • \$

 [Google Map](#)

A cozy, authentic Irish pub with a spectacular patio in summer.



## 7. Restaurant Légende

**i** 255 rue St-Paul • 418 614 2555 • \$\$

 [Google Map](#)

Seasonal cuisine is taken to a high art at this esteemed restaurant.

## 8. Bistro B

**i** 1144 av Cartier • 418 614 5444 • \$\$

 [Google Map](#)

Dine on pulled pork, chicken breast stuffed with foie gras, and comfort-food favorites at this trendy place.

## 9. Le Lapin Sauté

**i** 52 rue du Petit-Champlain • 418 692 5325 • \$\$

 [Google Map](#)

The French country fare at this charming bistro includes rabbit-centric dishes such as rabbit pie.



*Snow outside Le Lapin Sauté*

## 10. Le Saint-Amour

**i** 48 rue Ste-Ursule • 418 694 0667 • DA • \$\$

 [Google Map](#)

The amazing menu at Le Saint-Amour includes caribou steak and guinea fowl with wild mushrooms.

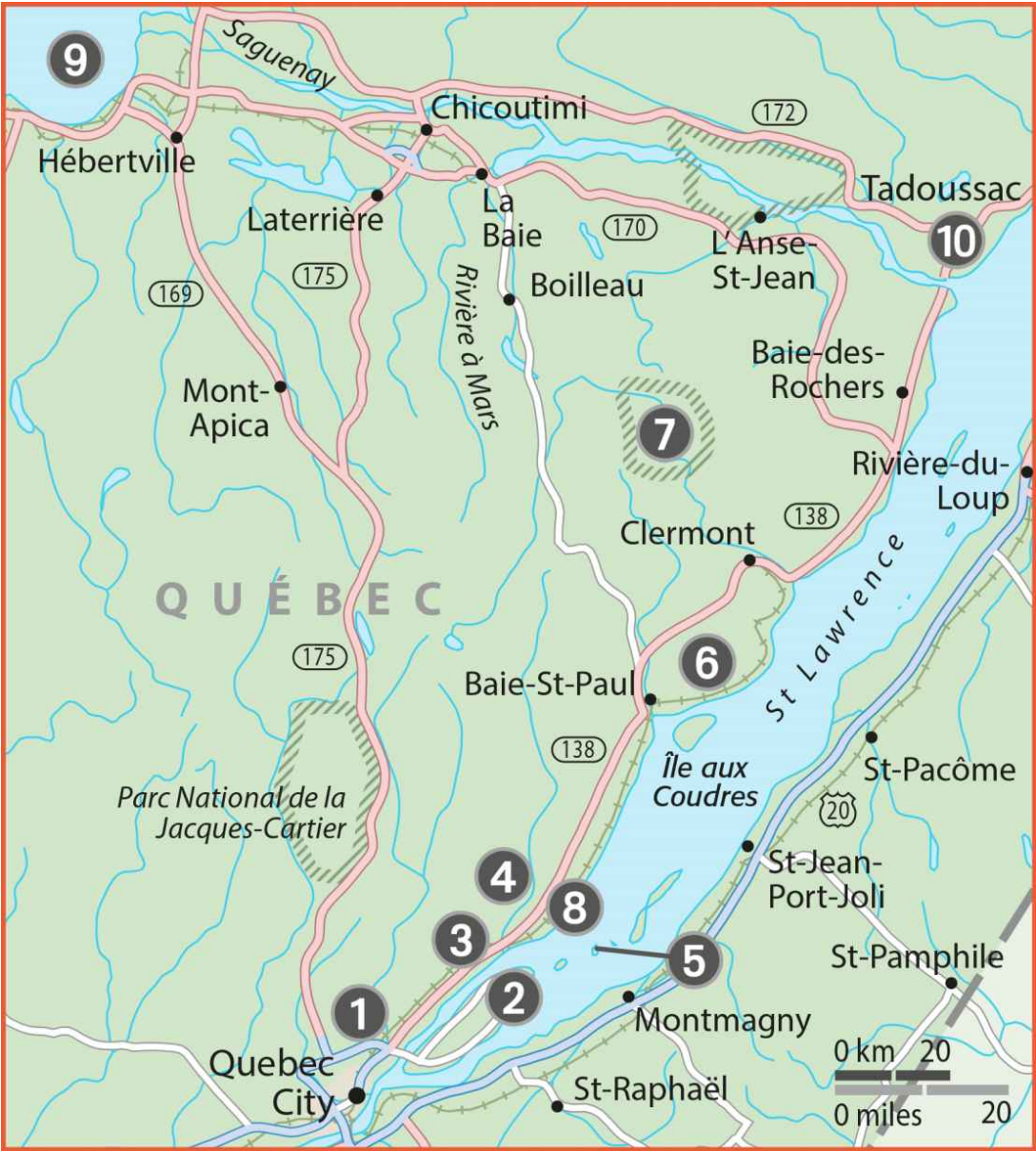
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# EXCURSIONS FROM QUEBEC CITY



# 1. Parc de la Chute-Montmorency

**i** 2490 av Royale, Hwy 138 east

 [Google Map](#)

When the first settlers crossed the Atlantic and sailed up the St Lawrence River to this virgin area, they were greeted by the sight of these powerful waterfalls, which, at 272 ft (83 m), are higher than Niagara Falls. Take the cable car up and visit Manoir Montmorency (1781), with its interpretation center, boutiques, restaurant, and terrace with a view of the action. Other vantage points are also scattered about the park (for further details see [Montmorency Falls](#)).



*Parc de la Chute-Montmorency*

## 2. Île d'Orléans



This lovely island outside Quebec City is dotted with farms that produce many of the fruits, vegetables, and culinary specialties of the region. Designated a heritage site with over 600 preserved buildings, visiting Île d'Orléans is a memorable experience (for further details see [Île d'Orléans](#)).



### 3. Basilique Sainte-Anne-de-Beaupré



This huge cathedral site is always busy with religious pilgrims, following the legacy of answered prayers touted by those who have visited this beautiful shrine (for further details see [Basilique Sainte-Anne-de-Beaupré](#)).

## 4. Mont Sainte-Anne

**i** 2000 *bd Beau-Pré, Beaufré*

 [Google Map](#)

A sensational outdoor playground 25 miles (40 km) east of Quebec City, the mountain is popular for world-class skiing, paragliding, mountain biking, or golfing at the 18-hole Le Grand Vallon course. With over 125 miles (200 km) of hiking trails, which double in the winter as paths for snowshoeing, dog-sledding, and cross-country skiing, Mont Sainte-Anne defines the four-season personality of the province.

## 5. Grosse Ile and Irish Memorial National Historic Site



Commemorating the tragic events experienced by Irish immigrants who, escaping the potato famine in Ireland, were quarantined here but died during the typhoid epidemic of 1847. Take the trolley to the village where you can admire historic buildings, and visit the 1847 Lazaretto Catholic chapel.

## 6. Charlevoix



Nowhere is the spirit and passion of Quebec Province more obvious than in this 130-mile (200-km) coastal district of rolling hills, quaint villages, and pastoral scenes. Baie St-Paul, with its heritage houses, is one of the most charming.

## 7. Parc des Hautes-Gorges-de-la-Rivière-Malbaie

**i** Access via *St-Aimé-des-Lacs on rue Principale* • Open May–Oct daily • [www.sepaq.com](http://www.sepaq.com)

 [Google Map](#)

This national park is one of Quebec’s most stunning natural monuments. The steep slopes, beautiful natural surroundings, and the unusual course of the Malbaie River make this site unique. The point where the river valley takes a sharp 90-degree turn is a protected UNESCO area. Walk through the valley or, in the summer, join a guided cruise along the calm waters. You can also stay at the park overnight.



*Hautes-Gorges-de-la-Rivière-Malbaie*

## 8. Cap Tourmente

**i** 570 chemin du Cap-Tourmente • DA

 [Google Map](#)

Drive 45 minutes east of Quebec City to see an incredible congregation of wild birds indigenous to the province. Over 290 species populate the area, the most photographed being the snow goose – thousands return to these fertile grounds every year.



*Snow geese gather on the plains at Cap Tourmente*

## 9. Saguenay and Lac Saint-Jean

**i** *Parc national du Saguenay: 91 Notre-Dame, Rivière-Éternité*

 [Google Map](#)

The only fjord in North America, leading inland to Lac Saint-Jean, is a designated protected area because it is frequented by beluga whales, dolphins, black bear, moose, and many other varieties of wildlife. Granite walls over 985-ft (300-m) high cast a mysterious and powerful aura over the maritime environment and give rise to the numerous fables and legends associated with the movement of its ocean tides.

## 10. Tadoussac

**i** *Boat trips: Croisières Dufour: 1-800 463 5250*

 [Google Map](#)

Tadoussac's waterfront is backed by magnificent rocky cliffs and towering sand dunes, but the main attraction here lies offshore. Whale-watching boat trips take visitors out to view the minke, grey, and beluga whales in the Saguenay-St Lawrence Marine Park.

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# Streetsmart



Hiker, Lac Saint-Jean, Saguenay National Park

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# GETTING TO AND AROUND MONTREAL AND QUEBEC CITY

# Arriving by Air

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Montreal's **Pierre Elliott Trudeau International Airport** is the main hub of the province, serviced by local, domestic and international flights. From the airport, buses and taxis run to the city center.

**Jean-Lesage International Airport** is about 15 minutes drive from Quebec City. Several major US airlines, Air Canada, and Air Transat, a charter company with direct flights to Paris, all operate out of here.

# Arriving by Train

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Busy Gare Centrale is where the **Amtrak** trains arrive from the US and **VIA Rail Canada** trains pull in from other points in Canada. This is also where you connect to buses for Quebec City and services for other Canadian cities.

# Arriving by Sea

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Cruise ships arriving in the Port of Montreal anchor at the Iberville Terminal, in walking distance of Vieux-Montréal. Within walking distance of Quebec City's Vieux-Port, the cruise terminal welcomes floating hotels to the city.

# Arriving by Road

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To reach Montreal by car use either Hwy 401 from southern Ontario, which becomes Hwy 20 at the Quebec border, and cross the Pont Galipeau bridge, or take Hwy 40 from Ottawa, crossing the Pont Île aux Tourtres. The Cantons de l'Est autoroute (Hwy 10) is fed by US freeways 91 and 93, with other US East Coast travelers using Hwy 15 – both lead to Pont Champlain.

Quebec City visitors can choose either Hwy 20 or Hwy 40 from Montreal, or Hwy 138 if traveling to Quebec City from the east.



# Getting Around by Bus

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Montreal's bus station (**Gare d'autocars de Montréal**) is at the intersection of three Métro lines in eastern downtown. There are two major bus stations serving Quebec City: **Gare du Palais**, under the railway station in the old town, and the **Sainte-Foy Terminal**.

Montreal's bus/Métro system acts as one network (the **STM**). Buses have a similar schedule to the Métro, though some night buses run throughout the night. Montreal's efficient fleet of buses covers the entire city. The Express Bus 747 operates 24 hours and is the cheapest ride between the airport and Montreal's city center. Departures leave every 30 minutes (during rush hour every 7 minutes); travel time is around 1 hour; \$10 one-way, which is valid for 24 hours of travel on all STM bus and Métro lines.

**Quebec City Buses** operate throughout the city. Note that both cities also have buses that serve the surrounding region, including **Transdev Limocar** to Cantons de l'Est and **Galland Buses** to Les Laurentides.

# Getting Around by Métro

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The best way to travel around Montreal is by Métro, which is efficient, speedy, and clean. The Métro operates Sun–Thu 6am–12:30am and Fri–Sat 6am–1:30am. The Métro fans out to all corners of the city; some of the major interconnecting stations are Berri-UQAM, Lionel-Groulx, Snowdon, and Jean-Talon. Quebec City has no Métro.

# Getting Around by Car

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Parking in the cities can be a great challenge, with little to no street parking, short-lived meters and overpriced parking lots. However, it's very beneficial to have your own wheels. Both cities have many car rental companies, which include Avis, Budget, and Alamo.

# Getting Around by Taxi

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For under \$10 you can get from one place to another in the downtown core of both cities, in spite of rush-hour traffic. You can hail taxis from the street, or call a reputable taxi firm: **Taxi Diamond** in Montreal offer a reliable service. Alternatively, download the **Uber** app to your smartphone and request a taxi pick-up.

# Getting Around on Foot

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Both cities are supremely pedestrian-friendly. There are also clearly marked walking trails – but note that they share space with cyclists and sometimes in-line skaters.

# Getting Around by Bicycle

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Cyclists abound on Quebec City's streets, bike paths, and in the parks.

With over 215 miles (350 km) of paths around Montreal too, there is no shortage of surface. **Bixi** is Montreal's excellent public-bike system – the first launched in North America. At \$5 a pass, it features over 5,000 self-service bikes available 24 hours across the city at 450-plus stations, from April to November. A 24-hour pass allows you to borrow bikes as often as you like during that period.

# Getting Around by Calèche

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In Montreal, *calèche* rides (horse-drawn carriages) are available at Place d'Armes, Place Jacques-Cartier, and at the foot of boulevard St-Laurent. In Quebec City, hail one on any of the old town streets. It's a romantic, if expensive, way to get around. Rates are the same in the two cities, roughly \$85 per hour, but each driver will negotiate.

# Getting Around by Boat

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Since Montreal is an island city, one of the best ways to get around is on the water. Shuttle boats (*navettes*) are in regular use, but only in fair weather, which fluctuates according to the winter ice pack. A shuttle service (**Traverse Québec-Lévis**) is available from the South Shore community of Longueuil (generally May until mid-October.)

Both Montreal and Quebec City offer a variety of boat tours (for further details see [Trips and Tours](#)).



# Buying Tickets and Travel Cards

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The same tickets are valid on both the Métro and buses in Montreal. A one-way fare on either Métro or bus is \$3.25 (exact change needed on the bus); you can also get two trips for \$6 or ten trips for \$26.50. Tickets can also be used to transfer from Métro to bus; tickets are good for 2 hours from first use.

A good bet for visitors is the one-day pass for \$10, or three consecutive days for \$18.

Locals often use OPUS cards, with a reloadable smart chip. OPUS cards cost a one-time fee of \$6, and you can then recharge your card at all Métro stations from fare vending machines or fare collectors.

To purchase tickets for regional trains and buses, you can do so in person at the relevant train or bus stations or purchase on the VIA Rail Canada website or at the bus stations' websites.

# DIRECTORY

## AIRPORTS

### **Pierre Elliott Trudeau International Airport**

☎ 514 394 7377

🌐 [admtl.com](http://admtl.com)

### **Jean-Lesage International Airport**

☎ 418 640 3300

🌐 [aeroportdequebec.com](http://aeroportdequebec.com)

## TRAIN

### **Amtrak**

☎ 1 800 USA-RAIL

🌐 [amtrak.com](http://amtrak.com)

### **VIA Rail Canada**

☎ 514 989 2626

🌐 [viarail.ca](http://viarail.ca)

## BUS/MÉTRO

### **Galland Buses**

☎ 514 333 9555

🌐 [autobusgalland.com](http://autobusgalland.com)

### **Gare d'autocars de Montréal**

☎ 514 842 2281

🌐 [www.gamtl.com](http://www.gamtl.com)

### **Gare du Palais**

☎ 418 525 3000

## **Quebec City Buses**

☎ 418 627 2511

🌐 [rtcquebec.ca](http://rtcquebec.ca)

## **Sainte-Foy Terminal**

☎ 418 650 0087

## **STM (Société de Transport de Montréal)**

☎ 514 288 6287

🌐 [stm.info](http://stm.info)

## **Transdev Limocar**

☎ 866 700 8899

🌐 [transdev.ca](http://transdev.ca)

## **TAXI**

### **Taxi Diamond**

☎ 514 273 6331

🌐 [taxidiamond.com](http://taxidiamond.com)

### **Uber**

🌐 [uber.com](http://uber.com)

## **BICYCLE**

### **Bixi**

☎ 514 789 2494

🌐 [montreal.bixi.com](http://montreal.bixi.com)

## **BOAT**

### **Traverse Québec-Lévis**

☎ 877 787 7483

🌐 [traversiers.com](http://traversiers.com)

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# PRACTICAL INFORMATION

# Passports and Visas

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To enter Canada, US citizens, like all other visitors, must have a valid passport that extends beyond the length of the trip (likewise, to enter America, all visitors require a passport). You may stay in the country for up to six months, providing your passport covers this period. US and EU citizens need no visa to enter Canada, but other nationalities should check at the Canadian Embassy or **Consulate** in their home country for up-to-date regulations.

# Customs Regulations and Immigration

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You are forbidden to bring certain food products, such as fruit, into Canada from abroad and sniffer dogs may operate at airports to check your luggage. Visitors over the age of 18 may import 200 cigarettes, 50 cigars, one liter of spirits, and 1.5 liters of wine.



# Travel Safety Advice

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Visitors can get up-to-date travel safety information from the **Foreign and Commonwealth Office** in the UK, the **State Department** in the US, and the **Department of Foreign Affairs and Trade** in Australia.

# Travel Insurance

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Health care is expensive in North America so it is essential to take out travel insurance prior to departure to avoid paying high fees should you fall ill during your trip. Make sure the insurance covers cancellations as well as loss or theft of valuables.

# Health

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Montreal and Quebec City are both well-equipped with top-notch **hospitals** as well as pharmacies. Montreal also has a wide range of community health clinics (**CLSC**), which provide neighborhood residents with a range of medical and health-related services and tests. You can also find quality dental care throughout the region.

# Personal Security

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Both cities are relatively crime-free, but the same precautions should apply as for any urban setting. Should you be a victim of crime, contact the police immediately. In Montreal, the **Sun Youth Organization** provides neighborhood watch teams. **Crime Stoppers** is a telephone service for reporting crime, allowing witness anonymity. All municipal **police** and **fire** stations in Quebec are connected via the 911 emergency system.

# Currency and Banking

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Quebecers use the Canadian dollar (\$), made up of 100 cents (¢). A 5-cent piece is called a nickel, a 10-cent piece a dime, and a 25-cent piece a quarter. The \$1 coin has a loon (a type of waterfowl) on it so is known as a loonie; the \$2 coin is known as a toonie. French Canadians refer to *sous* meaning penny or *piastres* for dollar. Paper money comes in 5-, 10-, 20-, 50-, and 100-dollar denominations.

Banks and ATMs can be found everywhere in Quebec; check that your debit card uses the Plus, Interac, or Cirrus systems. All major credit cards issued by legitimate financial entities are recognized, but there may be charges associated. You can also exchange currency at *bureaux de change* throughout the province.

Traveler's checks are accepted throughout Quebec, but if you are traveling to isolated or rural areas, ask in advance. Otherwise, you should have no problems cashing American Express, Travelex, Visa, or other major-brand traveler's checks.

*Caisses populaire*, or people's banks, while not as numerous as banks, are more amiable and give attractive rates.

# Telephone and Internet

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Most international mobile phones work across Quebec. But to minimize fees, check with your local carrier about international calls, data plans, and roaming charges. You can also purchase a prepaid sim card or rent a phone. To use public telephones (which are becoming increasingly few and far between), pick up the receiver, dial the number, and deposit a flat fee of 50¢ to begin.

Canada's international dialing code is +1 (like the US). To call the UK from Canada, dial 011 + 44 + phone number. For other country codes, check <https://countrycode.org>.

Internet cafés are located throughout both cities, but increasing numbers of cafés, shops, and libraries provide free Wi-Fi, while many hotels offer it for free or at a minimal daily cost.

# Postal Services

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Post offices and mailboxes are available across the province. Stamps cost from 85¢ for up to 30g within Canada, to \$2.50 for up to 30g for international mail. Post office hours are generally 9am–6pm daily, and until 5pm on the weekends.

# TV, Radio, and Newspapers

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Quebecers have the Canadian networks CBC (government-run), CTV, and Global in English, and SRC, TQS, TVA, and Télé-Québec in French. Radio stations are CBC-FM at 93.5 and 88.5 in Montreal and 106.3 in Quebec, CJAD 800 AM Talk Radio for English Montreal, and INFO 690 AM for French.

Local papers include *The Montreal Gazette* (daily) and Quebec City's weekly *Chronicle-Telegraph* in English. French papers include *Le Devoir*, *La Presse*, *Le Journal de Montréal*, *Le Journal de Québec*, *Le Soleil*, and free dailies *Metro* and *24 Heures*.

Each year Tourisme Montréal publishes the official Tourist Guide available at many outlets. Several independent cultural magazines, such as the free weekly *Voir* (French), provide readers with a guide to upcoming events and can be found in stores and restaurants.



# Opening Hours

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Shops in Quebec are generally open 8am–9pm on weekdays, and until 5pm on weekends. However, Montreal (and, to a certain extent, Quebec City) also has numerous 24-hour options, including grocery stores, supermarkets, and pharmacies. Banks and post offices generally open daily 9am–6pm, and until 5pm on weekends.

# Time Difference

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Quebec is 5 hours behind Greenwich Mean Time (GMT) – the same time zone as New York City. At midday in Montreal, it will be 5pm in London, 9am in Los Angeles, and 3am in Sydney.

# Electrical Appliances

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The whole of North America operates on a 110-volt, 60-cycle electrical system, with two- or three-pronged plugs. Equipment manufactured in other countries will need an adaptor.

# When to Go

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Early summer and fall are the best times to visit Quebec, when the climate is more temperate. But if you are interested in the variety of winter sports on offer, plan your visit October to November or January to March.

Christmas is magical in both cities, but it is an extremely popular time to visit. June and July are the main months for the region's festivals, so these months are also frenetic, but fun. Quebec City draws the crowds to its Carnaval each February.

The term "weather extremes" might have been invented in Quebec, where residents and visitors alike comment on variations from hour to hour. Temperatures range from 40° C (105° F) in summer to -40° C (-40° F) during winter. Packing rain gear is *de rigueur* and wearing layers of clothes that can be taken on and off is a sensible option.

# Travelers with Disabilities

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Both cities have a variety of amenities for travelers with disabilities, including on public transportation. Montreal International Airport is also equipped to assist travelers with particular requirements. Transportation from Quebec City airport can be arranged with **Transport Accessible du Québec**. The STM, Montreal's transportation authority, offers special vans for wheelchair users. Various organizations have information for travelers with disabilities, including **Keroul** in Montreal.

# Tourist Offices

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Quebec has a wealth of excellent and helpful tourist offices that hand out everything from maps to current event listings. For Montreal city, pop into the **Tourist Information Centre of Old Montreal** (open May–Oct), on the northwest corner of place Jacques-Cartier. **Centre Infotouriste de Montréal** has information on the city and province.

In Quebec City, visit the well-stocked **Centre Infotouriste de Québec**.

The tourism office websites are equally packed with information, and are a superb source of pre-trip details, travel tips, and city news.

# Trips and Tours

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Montreal and Quebec City offer a wide variety of tours. Both cities are eminently walkable, with pedestrian-friendly streets and sidewalks.

Among the top walking tours in Montreal are **Héritage Montréal** and **Kaleidoscope**. In Quebec City, **Tours Voir Québec** offers walking and food tours, as well as day excursions to the Montmorency Falls.

The Vieux-Port is the major departure point for boat trips, including the glass-topped **Bateau-Mouche** and the **Amphi-bus**, a bus that morphs into a boat; in Quebec City, hop aboard the **Croisières AML**.

Bus tours include the **Gray Line Hop-On Hop-Off Double Decker Tour** in Montreal, and the **Gray Line Quebec City and Montmorency Falls Tour** in Quebec City.

# Shopping

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Montreal is a premiere shopping city, with unique local fashion designers, innovative arts and crafts, and an array of culinary souvenirs, from maple syrup to ice wine. Head downtown to rue Sherbrooke, which boasts high-end international and domestic designers, and the upscale Holt Renfrew department store. Also downtown, rue Ste-Catherine is the city's main retail street, with mid-priced clothing and accessories stores.

Quebec City's appeal for shoppers is its antiques arts and crafts, and specialty foods, including the boutiques and galleries of the Quartier Petit-Champlain and the rue St-Jean.

Both cities have some wonderful food markets, including the Jean-Talon market in Montreal.



# Dining

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Quebec is justly famous for its cuisine, which is a robust blend of French and Québécois, as well as its international offerings.

Québécois favorites include bagels, smoked meat, and the beloved *poutine* – French fries smothered in gravy and dotted with cheese curds. Quebec also excels at cheese, with over 400 varieties available.

Quebec's wide variety of restaurants matches the diverse cuisine, from regal historic restaurants to cozy cafés to sexy lounges and *casse-croûtes* (snack bars).

Throughout the Province of Quebec, *table d'hôte* menus show up at both lunch and dinner sittings. These are fixed-price deals, serving either a soup of the day or salad to start, followed by a choice of main dishes, and then a dessert and coffee or tea. It is the most economical way to dine in Quebec.

Most restaurants cater for vegetarians, and there are specialty eateries serving only vegan or vegetarian fare.

In Quebec, service personnel earn only minimum rates and depend on tips for the larger part of their wages. Although this does not excuse poor service, it is a consideration at gratuity time. Customary tipping in Quebec is between 15–20 percent of the pre-tax total of the bill.

# Where to Stay

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Montreal and Quebec City have a wide range of accommodations, from five-star luxury boutique hotels at over \$250 a night and moderately priced B&Bs (*gîtes*), to rock-bottom hostels and university residences at under \$50 a night.

In Montreal, Vieux-Montréal is one of the most popular areas to stay and is filled with a growing number of boutique hotels, many housed in historical buildings. Downtown is very central, with easy access to most parts of the city, and has everything from big-name chain hotels to smaller properties. For cozy B&Bs, try the Plateau neighborhood, while the student-thronged Quartier Latin has a number of simple and inexpensive residences and hostels.

In Quebec City, Vieux-Québec is filled with charming historic hotels, while elsewhere in the city are larger chain hotels, lovely B&Bs and hostels and dormitories.

For a general overview on hotels, visit the Quebec Tourist Board's website.

# DIRECTORY

## PASSPORTS AND VISAS

### UK Consulate

2000 av McGill College

☎ 514 866 5863

🌐 [gov.uk/government/world/organisations](http://gov.uk/government/world/organisations)

### US Consulate

1155 rue St-Alexandre

☎ 514 398 9695

🌐 [ca.usembassy.gov/embassy-consulates/montreal](http://ca.usembassy.gov/embassy-consulates/montreal)

## TRAVEL SAFETY ADVICE

### Department of Foreign Affairs and Trade

🌐 [dfat.gov.au](http://dfat.gov.au)

🌐 [smartraveller.gov.au](http://smartraveller.gov.au)

### Foreign and Commonwealth Office

🌐 [gov.uk/foreign-travel-advice](http://gov.uk/foreign-travel-advice)

### US Department of State

🌐 [travel.state.gov](http://travel.state.gov)

## HEALTH

### Centre Hospitalier Universitaire de Québec

775 Saint-Viateur, Charlesbourg

☎ 418 525 4444

🌐 [chuq.qc.ca](http://chuq.qc.ca)

### CLSC (Community Health Clinics)

CLSC des Faubourgs

1705 rue de la Visitation, Montreal

☎ 514 527 2361

### **Montreal General Hospital**

1650 av Cedar

☎ 514 934 1934

🌐 [muhc.ca](http://muhc.ca)

## **PERSONAL SECURITY**

### **Crime Stoppers**

☎ 514 393 1133

### **Emergencies**

☎ 911

### **Montreal Fire Department**

☎ 514 872 3800

(non-emergency)

### **Montreal Police Department**

☎ 514 280 2222

(non-emergency)

### **Sun Youth Organization**

4251 rue St-Urbain

☎ 514 842 6822

🌐 [sunyouthorg.com](http://sunyouthorg.com)

## **TRAVELERS WITH DISABILITIES**

### **Keroul (Montreal)**

4545 av Pierre-de Coubertin

☎ 514 252 3104

🌐 [keroul.qc.ca](http://keroul.qc.ca)

### **Transport Accessible du Québec**

☎ 418 641 8294

🌐 [taq.qc.ca](http://taq.qc.ca)

## **TOURIST OFFICES**

### **Centre Infotouriste de Montréal**

1255 rue Peel

☎ 514 844 5400

🌐 [tourisme-montreal.org](http://tourisme-montreal.org)

### **Centre Infotouriste de Québec**

12 rue Ste-Anne

☎ 418 641 6654

🌐 [quebecregion.com](http://quebecregion.com)

### **Tourist Information Centre of Old Montreal**

174 rue Notre-Dame Est

☎ 514 842 2925

🌐 [tourisme-montreal.org](http://tourisme-montreal.org)

## **TRIPS AND TOURS**

### **Amphi-bus**

☎ 514 849 5181

🌐 [montreal-amphibus-tour.com](http://montreal-amphibus-tour.com)

### **Bateau-Mouche**

☎ 514 849 9952

🌐 [bateau-mouche.ca](http://bateau-mouche.ca)

### **Croisières AML**

☎ 1 866 856 6668


🌐 [croisieresaml.com](http://croisieresaml.com)

### **Gray Line**

☎ 514 398 9769

 [grayline.com](http://grayline.com)

## **Héritage Montréal**

 514 286 2662


 [heritagemontreal.org](http://heritagemontreal.org)

## **Kaleidoscope**

 514 277 6990

 [tourskaleidoscope.com](http://tourskaleidoscope.com)

## **Tours Voir Québec**

 418 694 2001

 [toursvoirquebec.com](http://toursvoirquebec.com)

# **ACCOMMODATION**

## **Booking sites**

 [hotels.com](http://hotels.com)

 [kayak.com](http://kayak.com)

 [prieline.com](http://prieline.com)

## **Quebec Tourist Board**

 [quebecregion.com](http://quebecregion.com)

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# PLACES TO STAY



# Luxury Hotels

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## Hôtel Château Laurier, Quebec City

**i** 1220 place George-V Ouest • 418 522 8108 •  
[www.hotelchateaulaurier.com](http://www.hotelchateaulaurier.com) • DA • \$\$

This friendly hotel is in a nice spot facing Parc Georges-V and is within close proximity to the Parlement and the Parc des Champs-de-Bataille.

## Fairmont Château Frontenac, Quebec City

**i** 1 rue des Carrières • 418 692 3861 •  
[www.fairmont.com/frontenac-quebec](http://www.fairmont.com/frontenac-quebec) • DA • \$\$\$

 [Google Map](#)

In the center of Vieux-Québec, the Château Frontenac astounds guests with its beauty and luxury. It's decorated as a veritable museum of Canadiana, with a birch-bark canoe and stuffed grizzly bear in the lobby and artifacts on its walls (for further details see [Quebec City](#)).

## Fairmont le Manoir Richelieu, La Malbaie

**i** 181 rue Richelieu • 418 665 3703 •  
[www.fairmont.com/richelieu-charlevoix](http://www.fairmont.com/richelieu-charlevoix) • DA • \$\$\$

This fabulous hotel, dating from 1761, features a golf course, a casino, and an idyllic setting on the St Lawrence River. The hotel attracts US presidents, Hollywood stars, and high-rolling gamblers.

## Fairmont Queen Elizabeth Hotel, Montreal

**i** 900 blvd René-Lévesque Ouest • 514 861 3511 •  
[www.fairmont.com/queen-elizabeth-montreal](http://www.fairmont.com/queen-elizabeth-montreal) • DA • \$\$\$

The royalty of Montreal hotels embodies grace and comfort. It is also well known as the location of John Lennon's famous "Bed-In" of 1969.

## **Fairmont Tremblant, Mont Tremblant**

**i** 3045 *chemin de la Chapelle* • 819 681 7000 •

[www.fairmont.com/tremblant](http://www.fairmont.com/tremblant) • DA • \$\$\$

Golf, spas, adventure activities, boutiques, and restaurants nestled in the heart of a village setting at the foot of a mountain.

## **Le Germain, Montreal**

**i** 2050 *rue Mansfield* • 514 849 2050 •

[www.germainmontreal.com](http://www.germainmontreal.com) • DA • \$\$\$

A former office building that has been beautifully transformed into a serene hotel in the midst of all the downtown activity. It is characterized by great food and impeccable service.

## **Hôtel Bonaventure Montreal**

**i** 900 *rue de la Gauchetière Ouest* • 514 878 2332 •

[www.hotelbonaventure.com](http://www.hotelbonaventure.com) • DA • \$\$\$

On top of the 17-story Place Bonaventure convention center, this hotel provides an oasis of comfort. It has a swimming pool and the French cuisine at its Le Castillon restaurant is exquisite.

## **Hôtel le Crystal, Montreal**

**i** 1100 *rue de la Montagne* • 514 861 5550 •

[www.hotelcrystal.com](http://www.hotelcrystal.com) • DA • \$\$\$

The dazzling chandelier, soaring windows, and leather seating in the lobby set the tone for this chic hotel, which offers stylish rooms and suites, a well-equipped fitness center with an indoor saltwater pool, and an outdoor hot tub on the 12th floor (with great views over the city).

## Hôtel InterContinental, Montreal

**i** 360 rue St-Antoine Ouest • 514 987 9900 •  
[www.intercontinental.com/Montreal](http://www.intercontinental.com/Montreal) • DA • \$\$\$

The InterContinental connects with the Montreal World Trade Center via an atrium, where guests and visitors are offered a bonanza of shopping and leisure options under one roof.

## Hôtel le St-James, Montreal

**i** 355 rue St-Jacques • 514 841 3111 • [www.hotellestjames.com](http://www.hotellestjames.com) • DA • \$\$\$

This renovated 1870 building provides elegant surroundings. Conference facilities, a spa, and other thoughtful touches make one feel pampered.

## Ritz-Carlton Montreal

**i** 1228 rue Sherbrooke Ouest • 514 842 4212 •  
[www.ritzcarlton.com](http://www.ritzcarlton.com) • DA • \$\$\$

 [Google Map](#)

A landmark of sophistication and old-world charm, this elegant Neo-Classical structure attracts an elite clientele often seen relaxing with cocktails or English tea in the courtyard garden. Book well in advance.

# Historic Hotels and Manors

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## Auberge Bonaparte, Montreal

**i** 447 rue St-François-Xavier • 514 844 1448 •  
[www.bonaparte.com](http://www.bonaparte.com) • \$\$

This is an elegant 19th-century boutique hotel in Vieux-Montréal, with an excellent in-house French restaurant. Guests can enjoy complimentary breakfast on the lovely rooftop terrace.

## Château Versailles, Montreal

**i** 1659 rue Sherbrooke Ouest • 514 933 8111 •  
[www.chateauversaillesmontreal.com](http://www.chateauversaillesmontreal.com) • DA • \$\$

Myth and legend circulate when speaking about Château Versailles, partly because the four town houses that it occupies were once home to Montreal's upper crust. Today the hotel welcomes a diverse guest list of performers, artists, and writers. Excellent fine dining at La Maîtresse restaurant.

## Manoir Maplewood, Waterloo

**i** 26 rue Clark, about 9 miles (14 km) north of Knowlton • 450 920 1500 • [www.manoirmaplewood.com](http://www.manoirmaplewood.com) • \$\$

This exquisite inn was once the 1864 mansion of Senator Asa Belknap Forster, who was a Canadian railroad tycoon. The restored building features ten elegant rooms with cream-colored linens and hardwood floors, and a wine cellar in which tastings are held.

## La Marquise de Bassano, Quebec City

**i** 15 rue des Grisons • 418 692 0316 •  
[www.marquisedebassano.com](http://www.marquisedebassano.com) • \$\$

This stylish hotel rises over a quiet street in Old Quebec. The 19th-century decor, stained glass, and high ceilings – even the original bells used to summon the servants – mark this as an authentic legacy of Quebec’s rail-wealth history.

## **Auberge St-Antoine, Quebec City**

**i** 8 rue St-Antoine • 418 692 2211 • [www.saint-antoine.com](http://www.saint-antoine.com) • \$\$\$

This carefully restored warehouse offers one-of-a-kind decor, a waterfront setting, and amenities such as modem outlets.

## **Auberge du Vieux-Port, Montreal**

**i** 97 rue de la Commune • 514 876 0081 • [www.aubergeduvieuxport.com](http://www.aubergeduvieuxport.com) • \$\$\$

Soak up the atmosphere of Vieux-Montréal when staying at this beautifully restored hotel in a former warehouse on the riverfront. The lovely rooms reflect the building’s history, with pine floors, wood beams, brass beds, and arched windows.

## **Épik, Montreal**

**i** 171 rue St-Paul Ouest • 514 842 2634 • [www.epikmontreal.com](http://www.epikmontreal.com) • \$\$\$

This beautifully restored 1723 building has been transformed into a sleek boutique hotel, but the history shines through, from the hardwood floors and original stone to the beamed ceilings. Plus, you can enjoy amenities like rain showers, in-room coffeemaker, and complimentary breakfast served in a skylit nook.

## **Hostellerie Pierre du Calvet 1725, Montreal**

**i** 405 rue Bonsecours • 514 282 1725 • [www.pierreducalvet.ca](http://www.pierreducalvet.ca) • \$\$\$



Four-poster beds, heavy window sashes, and ornate furnishings cast visitors back to the early 1700s. Beamed ceilings, family heirlooms, and rich French cuisine complete the pack-age. Lovely breakfast atrium and lounge for cocktails.

## **Manoir Hovey, North Hatley**

**i** 575 *chemin Hovey* • 819 842 2421 • [www.manoirhovey.com](http://www.manoirhovey.com) • DA • \$\$\$

This early 20th-century inn with white columns, palatial grounds, and antique-filled rooms, sits on the shores of Lake Massawippi. The Le Hatley restaurant has breathtaking views.

## **Le Saint-Sulpice, Montreal**

**i** 414 *rue St-Sulpice* • 514 288 1000 • [www.lesaintsulpice.com](http://www.lesaintsulpice.com) • DA • \$\$\$

Literally steps from all the main attractions, yet with an inner courtyard that creates a core of tranquility at the heart of the mayhem.

# Boutique Hotels

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## ALT Hotel Griffintown, Montreal

**i** 120 rue Peel • 844 823 8120 • [www.althotels.com](http://www.althotels.com) • \$\$

This trendy hotel reflects the style of its hip neighborhood, with chic furnishings, recycled brick from the district's old buildings, and modern rooms with plump beds and cotton sheets.

## Auberge Manoir le Tricorne, North Hatley

**i** 50 chemin Gosselin • 819 842 4522 •  
[www.manoirletricorne.com](http://www.manoirletricorne.com) • DA • \$\$

The perfect intimate location overlooking Lake Massawippi and offering 90 acres of land. Every effort is made to accommodate travelers' needs.

## Le Pleasant, Sutton

**i** 1 rue Pleasant, about 16 miles (25 km) south of Knowlton •  
450 538 6188 • [www.lepleasant.com](http://www.lepleasant.com) • \$\$

Relax at this elegant boutique B&B, with dark-wood ceilings that are offset by snow-white sofas and colorful art. Le Pleasant capitalizes on its proximity to Mont Sutton with excellent ski deals.

## Le Priori, Quebec City

**i** 15 rue Sault-au-Matelot • 418 692 3992 •  
[www.hotellepiori.com](http://www.hotellepiori.com) • \$\$

This is an imaginative little hotel where down-filled duvets and slate showers complement wood-burning fireplaces and full kitchens.

## Le Germain Hôtel, Quebec City

**i** 126 rue St-Pierre • 418 692 2224 • [www.legermainhotels.com](http://www.legermainhotels.com)  
• DA • \$\$\$

A mix of heritage details and contemporary design entice both business and leisure travelers here. In a great location surrounded by attractions, this tiny gem is a real find.

## Hôtel Gault, Montreal

**i** 449 rue Ste-Hélène • 514 904 1616 • [www.hotelgault.com](http://www.hotelgault.com) • \$\$\$

The individually styled loft rooms, set in an 1871 warehouse, are a design-lover's dream, with Scandinavian fixtures and white-oak paneling, while the bathrooms have sleek freestanding tubs and heated floors.

## Hôtel Nelligan, Montreal

**i** 106 rue St-Paul Ouest • 514 788 2040 • [www.hotelnelligan.com](http://www.hotelnelligan.com) • \$\$\$

The Nelligan embraces the concept of boutique hotels, mixing contemporary furnishings with historic elements and designer decor. Features include a roof terrace, European cuisine, and a wine cellar, plus a shuttle bus to downtown.

## Hôtel Place d'Armes, Montreal

**i** 55 rue St-Jacques • 514 842 1887 • [www.hotelplacedarmes.com](http://www.hotelplacedarmes.com) • \$\$\$

This captivating hotel represents the crowning glory of the Antonopoulos family of Quebec, who preserved much of Vieux-Montréal's heritage architecture. Throughout the hotel's refined rooms and suites, guests will experience old-world charm and comfort. Features include a rooftop terrace and health club.



## Hôtel St-Paul, Montreal

**i** 355 rue McGill • 514 380 2222 • [www.hotelstpaul.com](http://www.hotelstpaul.com) • \$\$\$

The exterior of this Beaux Arts building is deceiving, for inside is minimalist comfort and savvy design. Don't miss the Raw Bar for the best ceviche (raw fish) in town.

## Loews Hôtel Vogue, Montreal

**i** 1425 rue de la Montagne • 514 285 5555 • [www.loewshotels.com](http://www.loewshotels.com) • DA • \$\$\$

Larger than most boutique hotels, with a fine central location from which to explore all the sights and the nightlife of the city. It is also the home for one of the city's finest restaurants, Le Societe Bistro.

## Le Petit Hôtel, Montreal

**i** 168 rue St-Paul Ouest • 514 940 0360 • [www.petithotelmontreal.com](http://www.petithotelmontreal.com) • \$\$\$

Bright orange pops of color play against old stone at this whimsical Vieux-Montréal hotel, housed in an elegant 19th-century building. Stylish rooms come in clothing sizes – S, M, L, XL – and the lobby café serves up potent espressos and silky red wines. Bicycles are available for guests' use.

## Mid-Range Hotels

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### Le Château de Pierre, Quebec City

**i** 17 av Ste-Geneviève • 418 694 0429 •

[www.chateaudepierre.com](http://www.chateaudepierre.com) • \$\$

A million-dollar location attracts visitors to this charming hotel. Rooms are decorated in the style of the British colonial era and maintain an air of refinement. Rooms have views of the St Lawrence River or the garden.

### Hôtel le Concorde, Quebec City

**i** 1225 place Montcalm • 418 647 2222 •

[www.hotelleconcordequebec.com](http://www.hotelleconcordequebec.com) • DA • \$\$

With over 400 rooms, the Hotel le Concorde is capped by the L'Astral restaurant, which has a 360-degree revolving view of the city.

### Hôtel Manoir Sherbrooke, Montreal

**i** 157 rue Sherbrooke Est • 514 845 0915 •

[www.manoirsherbrooke.ca](http://www.manoirsherbrooke.ca) • \$\$

A heritage exterior gives way to plush accommodations inside. Proud, friendly staff offer a 24-hour reception, suites with whirlpools, and Internet facilities.

### Hôtel Terrasse Dufferin, Quebec City

**i** 6 place de la Terrasse-Dufferin • 418 694 9472 •

[www.terrassedufferin.net](http://www.terrassedufferin.net) • \$\$

Spectacular views of the Château Frontenac and St Lawrence River make for a memorable stay at this atmospheric hotel. The well-appointed rooms benefit from balconies and kitchenettes.

## Hilton Quebec, Quebec City

**i** 1100 *bd René-Lévesque Est* • 418 647 2411 • [www3.hilton.com](http://www3.hilton.com) • DA • \$\$\$

This Hilton offering has 577 sumptuous rooms, a great view, and is in close proximity to Place Québec for excellent shopping.

## Hôtel de l'Institut, Montreal

**i** 3535 *rue St-Denis* • 514 282 5181 • [www.ithq.qc.ca/hotel](http://www.ithq.qc.ca/hotel) • DA • \$\$\$

This hotel doubles as an educational training center for students in the tourism industry. Trainees are at your service in both the hotel and the restaurant. Located downtown, near the Plateau and the Latin Quarter, overlooking Square St-Louis. Breakfast included.

## Hôtel Manoir Victoria, Quebec City

**i** 44 *côte du Palais* • 418 692 1030 • [www.manoir-victoria.com](http://www.manoir-victoria.com) • DA • \$\$\$

Located in the heart of Old Quebec, this hotel features mahogany desks, wood paneling, and a magnificent hall to welcome guests to this historic building. Other benefits include a spa with pool, parking, and the Chez Boulay bistro.

## Hôtel Zero 1, Montreal

**i** 1 *bd René-Lévesque Est* • 514 871 9696 • [www.zero1-mtl.com](http://www.zero1-mtl.com) • \$\$\$

This artsy urban hotel rises over the Quartier des Spectacles, and offers stylish rooms and suites, all with kitchens, and views of the city skyline. The trendy roof terrace also provides a relaxing space from which to peruse the city below.

## Montreal Hyatt Regency

**i** 1255 rue Jeanne-Mance • 514 982 1234 • [montreal.hyatt.com](http://montreal.hyatt.com)  
• DA • \$\$\$

This is the hotel chosen by the International Jazz Festival of Montreal as the host site for their Midnight Jam Sessions. The place has an airy, cosmopolitan energy throughout, the staff are professional, and the rooms top-notch.

## Sofitel, Montreal

**i** 1155 rue Sherbrooke Ouest • 514 285 9000 • [www.sofitel.com](http://www.sofitel.com)  
• DA • \$\$\$

With access to galleries, museums, shopping, and nightlife, the Sofitel is a welcome mid-range chain addition to the city's supply of hotel rooms. Every frill and service is available, including excellent dining on-site at Le Renoir restaurant.

## Auberges and B&Bs

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### **Auberge le Canard Huppé, Île d'Orléans**

**i** 2198 chemin Royal, Saint-Laurent • 418 828 2292 • [www.canardhuppe.com](http://www.canardhuppe.com) • DA • \$

Islanders recommend this shoreside inn and villa whenever guests visit, partly due to the relaxed and tasteful ambiance, but also because of the gastronomic delights available.

### **Auberge Les Bons Matins, Montreal**

**i** 1401 rue Argyle • 514 931 9167 • [www.bonsmatins.com](http://www.bonsmatins.com) • \$\$

Friendly service, freshly cooked gourmet break-fasts, and uniquely decorated rooms are features of this bohemian inn. The building also houses an art gallery.

### **Auberge la Camarine, Beaupré**

**i** 10947 bd Ste-Anne • 418 827 5703 • [www.camarine.com](http://www.camarine.com) • \$\$

Situated at the foot of Mont-Ste-Anne's ski resort and hugging the banks of the Rivière Ste-Anne, Auberge La Camarine serves ample portions of pleasure and relaxation. There are 29 rooms and two suites.

### **Auberge Comte de Watel, Ste-Agathe-des-Monts**

**i** 250 rue St-Venant • 819 326 7016 • [www.hotelspawatel.com](http://www.hotelspawatel.com) • DA • \$\$

A remarkable auberge with views of Lac des Sables. A range of equipment can be rented from the hotel, including fishing boats, kayaks, canoes, sail-boats, quad bikes, and snowmobiles.

## **Auberge aux Deux Lions, Quebec City**

**i** 25 bd René-Lévesque Est • 418 780 8100 •

[www.aubergeauxdeuxlions.com](http://www.aubergeauxdeuxlions.com) • \$\$

Close to all the major attractions, this B&B boasts affordable but charming lodgings in a 20th-century building. There are also three family suites available.

## **Auberge L’Etoile sur le Lac**

**i** 1200 rue Principale Ouest, Magog • 819 843 6521 •

[www.etoilesurlac.ca](http://www.etoilesurlac.ca) • DA • \$\$

On the shores of Lac Memphrémagog, this is both inn and restaurant offering luxury accommodations and food with a Mediterranean flavor.

## **Auberge des Gallant, Rigaud**

**i** 1171 chemin St-Henri, Sainte-Marthe • 450 459 4241 •

[www.gallant.qc.ca](http://www.gallant.qc.ca) • DA • \$\$

A year-round sanctuary, where deer roam the local landscape at dawn and dusk. The comfortable rooms include all modern amenities.

## **Auberge le Jardin d’Antoine, Montreal**

**i** 2024 rue St-Denis • 514 843 4506 •

[www.aubergelejardindantoine.com](http://www.aubergelejardindantoine.com) • \$\$

This Quartier Latin hotel delivers a prime historic location, friendly bilingual staff, modern accommodations, a charming breakfast salon, and on-site parking.

## **Auberge St-Louis, Quebec City**

**i** 48 rue St-Louis • 418 692 2424 • [www.aubergestlouis.ca](http://www.aubergestlouis.ca) • \$\$

Value-conscious travelers will welcome this Vieux-Québec economy option with its colorful decor. Within a short stroll to most of the major sights and eateries in the area.

## **Héritage Victorien B&B, Montreal**

**i** 305 rue Ontario Est • 514 845 7932 •  
[www.heritagevictorien.com](http://www.heritagevictorien.com) • \$\$

Housed in a restored Victorian mansion in the Quartier Latin area, this enchanting B&B is full of character. The beautiful rooms and suites feature period furniture and private bathrooms.

## **Auberge Lakeview Inn, Knowlton**

**i** 50 rue Victoria • 450 243 6183 •  
[www.aubergelakeviewinn.com](http://www.aubergelakeviewinn.com) • DA • \$\$\$

This waterfront antique-filled Victorian domain near Lac Brome has 29 rooms, four studios, and four conference rooms, plus a good restaurant.

## **Auberge Ripplecove, Ayer's Cliff**

**i** 700 rue Ripplecove • 819 838 4296 • [www.ripplecove.com](http://www.ripplecove.com) •  
DA • \$\$\$

Holders of the coveted Five-Star status from the Quebec Tourism authorities, this auberge garners praise from all corners for its romantic rooms, spectacular setting overlooking Lake Massawippi, and Four-Diamond dining.

## **Auberge Le Vincent, Quebec City**

**i** 295 St-Vallier rue Est • 418 523 5000 •  
[www.hotellevincent.com](http://www.hotellevincent.com) • \$\$\$

This charming red-brick hotel is located in the trendy Saint-Roch district. There are ten rooms with stylish, laid-back interiors. The innkeepers here are friendly, and break-fast is complimentary for guests.





# Budget Hotels and Hostels

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## Auberge Alternative de Vieux-Montreal

**i** 358 rue St-Pierre • 514 282 8069 • [www.auberge-alternative.qc.ca](http://www.auberge-alternative.qc.ca) • No credit cards • \$

An independent, art-themed hostel in Vieux-Montréal with a no-curfew policy, free Internet access, kitchen facilities, small and large dormitories, and private accommodations.

## Auberge de Jeunesse le P'tit Bonheur, Île d'Orléans

**i** 186 côte Lafleur, St-Jean • 418 829 2588 • [www.leptitbonheur.com](http://www.leptitbonheur.com) • DA • \$

Enjoy horseback riding and cross-country skiing while staying at this friendly auberge.

## Auberge de la Paix, Quebec City

**i** 31 rue Couillard • 418 694 0735 • [www.aubergedelapaix.com](http://www.aubergedelapaix.com) • \$

This hip hostel has 60 beds with between two to eight travelers to a room. Breakfast included.

## La Belle Planete Downtown Québec Hostel, Quebec City

**i** 386 rue du Pont • 418 264 4615 • [www.planetebackpackers.com](http://www.planetebackpackers.com) • \$

Close to the train and bus stations and the antiques shops of rue St-Paul, this clean hostel has 24-hour showers and lockers in the dorms with eight

to ten beds. An inviting and convenient option.

## **Best Western Montreal Airport Hotel**

**i** 13000 chemin Côte-de-Liesse, Dorval • 514 631 4811 •  
[www.bestwesternquebec.com](http://www.bestwesternquebec.com) • DA • \$

Along the commercial thoroughfare from Montreal International Airport Dorval, visitors are shuttled here free of charge around the clock. Standard hotel comforts and an inexpensive option for travelers on a budget.

## **Le Gîte du Plateau Mont-Royal, Montreal**

**i** 185 rue Sherbrooke Est • 514 284 1276 •  
[www.hostelmontreal.com](http://www.hostelmontreal.com) • \$

These clean and comfortable long-stay studios are located in the heart of Le Plateau, with access to boulevard Saint-Laurent and Vieux-Montréal. Rooftop terrace.

## **Montreal Y Hôtel & Auberge YWCA**

**i** 1355 bd René-Lévesque Ouest • 514 866 9942 •  
[www.ydesfemmesmtl.org](http://www.ydesfemmesmtl.org) • \$

This friendly, well-run, downtown YWCA has single, double, and triple rooms, which are simply furnished but also immaculate. Kitchen, laundry facilities, and Internet access are provided for guests' use.

## **Les Résidences Universitaires UQAM, Montreal**

**i** East Lodge • 303 bd René-Lévesque Est • 514 987 6669  
**i** West Lodge • 100 rue St-Urbain • 514 987 7747 •  
[www.residences-uqam.qc.ca](http://www.residences-uqam.qc.ca) • \$

Clean and basic rooms and studios (some with kitchenette), as well as apartments, are available at these two Quartier Latin student residences.

Guests have access to the fitness center. Open mid-May to mid-August.

## Centre International de Séjours de Québec, Quebec City

**i** 19 rue Ste-Ursule • 418 694 0755 • [www.cisq.org](http://www.cisq.org) • DA • \$\$

Single, double or dorm choices are offered, with fully equipped kitchen, games room, and Internet.

## HI Youth Hostel, Montreal

**i** 1030 rue Mackay • 514 843 3317 •  
[www.hostellingmontreal.com](http://www.hostellingmontreal.com) • \$\$

Rates vary at this Montreal hostelling institution, which has been in operation for more than 70 years. It offers affordable single rooms and dorms with up to six beds. Located in the heart of downtown.

### Price Categories

For a standard, double room per night (with breakfast if included), taxes, and extra charges.

.....  
\$ under \$100 \$\$ \$100–\$200 \$\$\$ over \$200

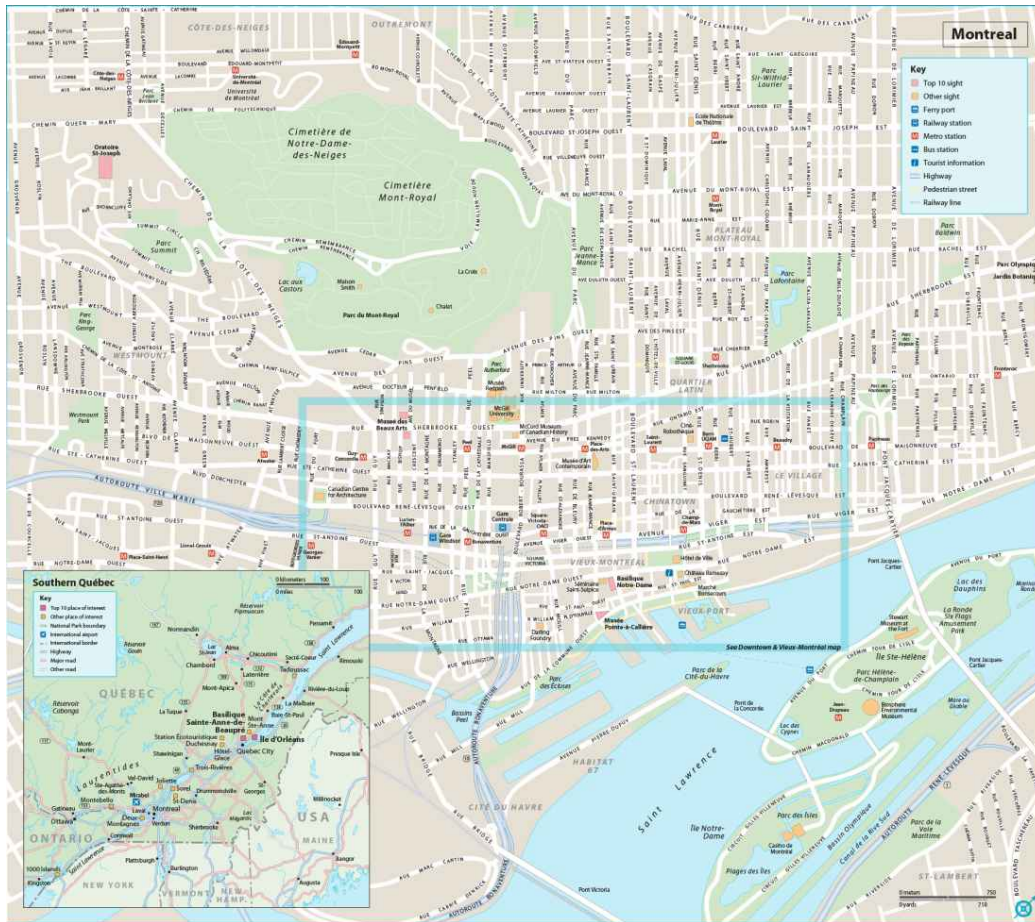
 [Back to Places to Stay](#)

 [Back to Streetsmart](#)



# MAPS

The following maps are also accessible from the Table of Contents. If your device allows, you can double tap or use the thumbnails to zoom in. For optimum viewing, use the screen-lock function on your device and make sure you have installed the latest software updates.



ZOOM NORTHWEST



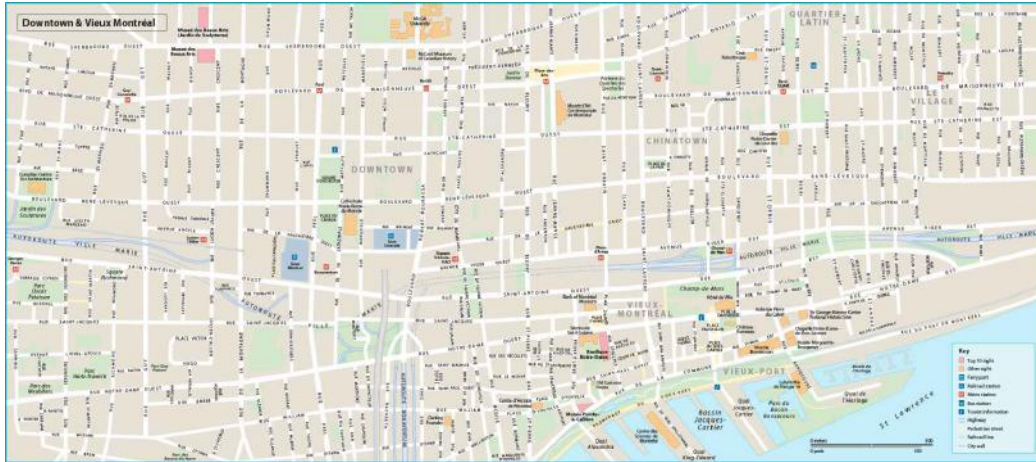
ZOOM NORTHEAST



ZOOM SOUTHWEST



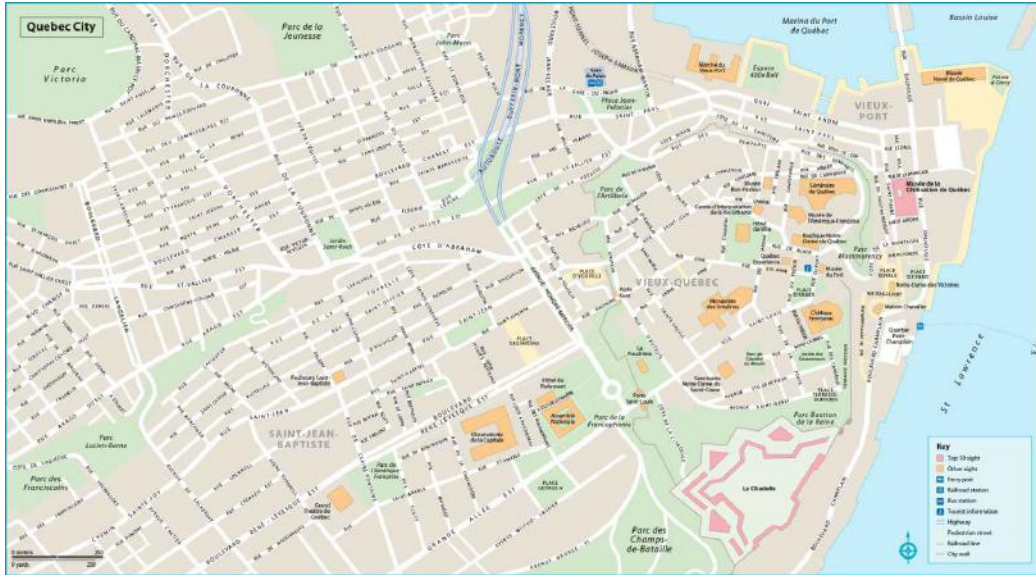
ZOOM SOUTHEAST



ZOOM WEST



ZOOM EAST



ZOOM WEST



ZOOM EAST



# PHRASE BOOK

# IN EMERGENCY

|                           |                        |                         |
|---------------------------|------------------------|-------------------------|
| Help!                     | Au secours!            | oh sekoor               |
| Stop!                     | Arrêtez!               | aret-ay                 |
| Call a doctor!            | Appelez un médecin!    | apuh-lay uñ medsañ      |
| Call an ambulance!        | Appelez une ambulance! | apuh-lay oon oñbooloñs  |
| Call the police!          | Appelez la police!     | apuh-lay lah poh-lees   |
| Call the fire department! | Appelez les pompiers!  | apuh-lay leh poñ-peeyay |

# COMMUNICATION ESSENTIALS

|            |                 |                |
|------------|-----------------|----------------|
| Yes/No     | Oui/ Non        | wee/noñ        |
| Please     | S'il vous plaît | seel voo play  |
| Thank you  | Merci           | mer-see        |
| Excuse me  | Excusez-moi     | exkoo-zay mwah |
| Hello      | Bonjour         | boñzhoor       |
| Goodbye    | Au revoir       | oh ruh-vwar    |
| Good night | Bonsoir         | boñ-swar       |
| What?      | Quel, quelle?   | kel, kel       |
| When?      | Quand?          | koñ            |
| Why?       | Pourquoi?       | poor-kwah      |
| Where?     | Où?             | oo             |

## USEFUL PHRASES

|                       |                                       |   |
|-----------------------|---------------------------------------|---|
| How are you?          | Comment allez-vous?                   | kom-moñ talay voo                       |
| Very well             | Très bien                             | treh byañ                               |
| Pleased to meet you.  | Enchanté de faire votre connaissance. | oñshoñ-tay duh fehr<br>votr kon-ay-sans |
| Where is/are...?      | Où est/sont...?                       | oo ay/soñ                               |
| Which way to...?      | Quelle est la direction pour...?      | kel ay lah deer-ek-syoñ<br>poor         |
| Do you speak English? | Parlez-vous anglais?                  | par-lay voo oñg-lay                     |
| I don't understand.   | Je ne comprends pas.                  | zhuh nuh kom-proñ pah                   |
| I'm sorry.            | Excusez-moi.                          | exkoo-zay mwah                          |

# USEFUL WORDS

|                |            |           |
|----------------|------------|-----------|
| big            | grand      | groñ      |
| small          | petit      | puh-tee   |
| hot            | chaud      | show      |
| cold           | froid      | frwah     |
| good           | bon        | boñ       |
| bad            | mauvais    | moh-veh   |
| open           | ouvert     | oo-ver    |
| closed         | fermé      | fer-meh   |
| left           | gauche     | gohsh     |
| right          | droite     | drwaht    |
| straight ahead | tout droit | too drwah |
| entrance       | l'entrée   | l'on-tray |
| exit           | la sortie  | sor-tee   |

# SHOPPING

|                           |  |  |
|---------------------------|--|--|
| How much does this cost?  | C'est combien s'il vous plaît?                 | say kom-byañ seel voo play                 |
| I would like...           | je voudrais...                                 | zhuh voo-dray                              |
| Do you have?              | Est-ce que vous avez?                          | es-kuh voo zavay                           |
| What time do you open?    | A quelle heure vous êtes ouvert?               | ah kel urr voo zet oo-ver                  |
| What time do you close?   | A quelle heure vous êtes fermé?                | ah kel urr voo zet fer-may                 |
| This one.                 | Celui-ci.                                      | suhl-wee-see                               |
| That one.                 | Celui-là.                                      | suhl-wee-lah                               |
| expensive                 | cher   | shehr                                      |
| Do you take credit cards? | Est-ce que vous acceptez les cartes de crédit? | es-kuh voo zaksept-ay leh kart duh krehdee |
| cheap                     | pas cher, bon marché                           | pah shehr, boñ mar-shay                    |
| size, clothes             | la taille                                      | tye  |
| size, shoes               | la pointure                                    | pwañ-tur                                   |
| white                     | blanc  | bloñ                                       |
| black                     | noir   | nwahr                                      |
| red                       | rouge  | roozh                                      |
| yellow                    | jaune  | zhohwn                                     |
| green                     | vert   | vehr                                       |
| blue                      | bleu   | bluh                                       |

# TYPES OF SHOP

|                              |                                 |                          |
|------------------------------|---------------------------------|--------------------------|
| antique store                | le magasin d'antiquités         | maga-zañ d'oñteekeetay   |
| bakery                       | la boulangerie                  | booloñ-zhuree            |
| bank                         | la banque                       | boñk                     |
| bookstore                    | la librairie                    | lee-brehree              |
| cake shop                    | la pâtisserie                   | patee-sree               |
| cheese shop                  | la fromagerie                   | fromazh-ree              |
| chemist                      | la pharmacie                    | farmah-see               |
| convenience                  | le dépanneur                    | deh-pan-urrstore         |
| department store             | le grand magasin                | groñ maga-zañ            |
| delicatessen                 | la charcuterie                  | sharkoot-ree             |
| gift shop                    | le magasin de cadeaux           | maga-zañ duh kadoh       |
| fruit and<br>vegetable store | le marchand<br>de légumes       | mar-shoñ duh<br>lay-goom |
| grocery store                | l'alimentation                  | alee-moñta-syoñ          |
| market                       | le marché                       | marsh-ay                 |
| newsstand                    | le magasin de journaux          | maga-zañ duh zhoor-no    |
| post office                  | la poste, le bureau de<br>poste | pohst, booroh duh pohst  |
| supermarket                  | le supermarché                  | soo pehr-marshay         |
| smoke shop                   | la tabacrie                     | tabah-see                |
| travel agent                 | l'agence de voyages             | l'azhoñs duh vwayazh     |

# SIGHTSEEING

|                               |                         |                               |
|-------------------------------|-------------------------|-------------------------------|
| abbey                         | l'abbaye                | l'abay-ee                     |
| art gallery                   | la galerie d'art        | galer-ree dart                |
| bus station                   | la gare d'autobus       | gahr door-to-boos             |
| cathedral                     | la cathédrale           | katay-dral                    |
| church                        | l'église                | l'aygleez                     |
| garden                        | le jardin               | zhar-dañ                      |
| library                       | la bibliothèque         | beebleeo-tek                  |
| museum                        | le musée                | moo-zay                       |
| train station                 | la gare                 | gahr                          |
| tourist information<br>office | le bureau d'information | booroh duh infor-mah-<br>syoñ |
| town hall                     | l'hôtel de ville        | l'ohtel duh veel              |



## STAYING IN A HOTEL

|                              |   |   |
|------------------------------|---|---|
| Do you have a vacant room?   | Est-ce que vous avez une chambre?                 | es-kuh voo-zavay oon shambr               |
| double room, with double bed | la chambre pour deux personnes, avec un grand lit | shambr poor duh pehrson avec un gronñ lee |
| twin room                    | la chambre à deux lits                            | shambr ah duh lee                         |
| single room                  | la chambre pour une personne                      | shambr poor oon pehrson                   |
| room with a shower           | la chambre avec salle de bains, une douche        | shambr avec bath, sal duh bañ, oon doosh  |
| I have a reservation.        | J'ai fait une réservation                         | zhay fay oon rayzehrvasyoñ                |

# EATING OUT

|                            |                                 |                                     |
|----------------------------|---------------------------------|-------------------------------------|
| Have you got a table?      | Avez-vous une table de libre?   | avay-vo oon tahbl duh leebr         |
| I want to reserve a table. | Je voudrais réserver une table. | zhuh voo-dray rayzehr-vay oon tahbl |
| The bill please.           | L'addition s'il vous plaît.     | l'adee-syoñ seel voo play           |
| Waitress/waiter            | Madame, Mademoiselle/Monsieur   | mah-dam, mah-demwahzel/muh-syuh     |
| menu                       | le menu, la carte               | men-oo, kart                        |
| fixed-price menu           | le table d'hôte                 | tahb-luh dote                       |
| cover charge               | le couvert                      | koo-vehr                            |
| wine list                  | la carte des vins               | kart-deh vañ                        |
| glass                      | le verre                        | vehr                                |
| bottle                     | la bouteille                    | boo-tay                             |
| knife                      | le couteau                      | koo-toh                             |
| fork                       | la fourchette                   | for-shet                            |
| spoon                      | la cuillère                     | kwee-yehr                           |
| breakfast                  | le petit déjeuner               | puh-tee deh-zhuh-nay                |
| lunch                      | le déjeuner                     | deh-zhuh-nay                        |
| dinner                     | le dîner                        | dee-nay                             |
| main course                | le plat principal               | plah prañsee-pal                    |
| appetizer, first course    | l'entrée, le hors d'oeuvre      | l'oñ-tray, or-duhvr                 |
| dish of the day            | le plat du jour                 | plah doo zhoor                      |

wine bar

café

le bar à vin

le café

bar ah vañ

ka-fay

# MENU DECODER

|                  |               |             |
|------------------|---------------|-------------|
| cuit au four     | kweet oh foor | baked       |
| le boeuf         | buhf          | beef        |
| la bière         | bee-yehr      | beer        |
| bouilli          | boo-yee       | boiled      |
| le pain          | pan           | bread       |
| le beurre        | burr          | butter      |
| le gâteau        | gah-toh       | cake        |
| le fromage       | from-azh      | cheese      |
| le poulet        | poo-lay       | chicken     |
| les frites       | freet         | chips       |
| le chocolat      | shoko-lah     | chocolate   |
| le café          | kah-fay       | coffee      |
| le dessert       | deh-ser       | dessert     |
| l'oeuf           | l'uf          | egg         |
| le poisson       | pwah-ssõñ     | fish        |
| les fruits frais | frwee freh    | fresh fruit |
| l'ail            | l'eye         | garlic      |
| grillé           | gree-yay      | grilled     |
| le jambon        | zhoñ-boñ      | ham         |
| la crème glacée  | crem glas-ay  | ice cream   |
| les glaçons      | glas-oñ       | ice cubes   |
| l'agneau         | l'anyoh       | lamb        |

|                     |                   |                    |
|---------------------|-------------------|--------------------|
| le citron           | see-troñ          | lemon              |
| la viande           | vee-yand          | meat               |
| le lait             | leh               | milk               |
| l'eau minérale      | l'oh meeney-ral   | mineral water      |
| l'huile             | l'weel            | oil                |
| les oignons         | leh zonyoñ        | onions             |
| jus d'orange frais  | zhu d'oroñzh fray | fresh orange juice |
| jus de citron       | zhu de see-troñ   | fresh lemon        |
| frais le poivre     | fray pwavr        | juice pepper       |
| le porc             | por               | pork               |
| pommes de terre     | pom-duh tehr      | potatoes           |
| le riz              | ree               | rice               |
| rôti                | row-tee           | roast              |
| le sel              | sel               | salt               |
| la saucisse         | sohsees           | sausage, fresh     |
| les fruits de mer   | frwee duh mer     | seafood            |
| les escargots       | leh zes-kar-goh   | snails             |
| la soupe, le potage | soop, poh-tazh    | soup               |
| le bifteck          | beef-tek, stek    | steak              |
| le sucre            | sookr             | sugar              |
| le thé              | tay               | tea                |
| les légumes         | lay-goom          | vegetables         |
| le vinaigre         | veenaygr          | vinegar            |
| l'eau               | l'oh              | water              |
| le vin rouge        | vañ roozh         | red wine           |

le vin blanc

vañ bloñ

white wine

# NUMBERS

|    |          |           |
|----|----------|-----------|
| 0  | zéro     | zeh-roh   |
| 1  | un, une  | uñ, oon   |
| 2  | deux     | duh       |
| 3  | trois    | trwah     |
| 4  | quatre   | katr      |
| 5  | cinq     | sañk      |
| 6  | six      | sees      |
| 7  | sept     | set       |
| 8  | huit     | weet      |
| 9  | neuf     | nerf      |
| 10 | dix      | dees      |
| 11 | onze     | oñz       |
| 12 | douze    | dooz      |
| 13 | treize   | trehz     |
| 14 | quatorze | katorz    |
| 15 | quinze   | kañz      |
| 16 | seize    | sehz      |
| 17 | dix-sept | dees-set  |
| 18 | dix-huit | dees-weet |
| 19 | dix-neuf | dees-nerf |
| 20 | vingt    | vañ       |
| 30 | trente   | tront     |

|       |                  |               |
|-------|------------------|---------------|
| 40    | quarante         | karoñt        |
| 50    | cinquante        | sañkoñt       |
| 60    | soixante         | swasoñt       |
| 70    | soixante-dix     | swasoñt-dees  |
| 80    | quatre-vingts    | katr-vañ      |
| 90    | quatre-vingt-dix | katr-vañ-dees |
| 100   | cent             | soñ           |
| 1,000 | mille            | meel          |



# TIME

|              |                |                |
|--------------|----------------|----------------|
| one minute   | une minute     | oon mee-noot   |
| one hour     | une heure      | oon urr        |
| half an hour | une demi-heure | urr duh-me urr |
| one day      | un jour        | urr zhorr      |
| Monday       | lundi          | luñ-dee        |
| Tuesday      | mardi          | mar-dee        |
| Wednesday    | mercredi       | mehrkruh-dee   |
| Thursday     | jeudi          | zhuh-dee       |
| Friday       | vendredi       | voñdruh-dee    |
| Saturday     | samedi         | sam-dee        |
| Sunday       | dimanche       | dee-moñsh      |



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